



SEPTEMBER 2019

Department of Psychiatry
Annual Report/Celebration

“Better Care for More People”

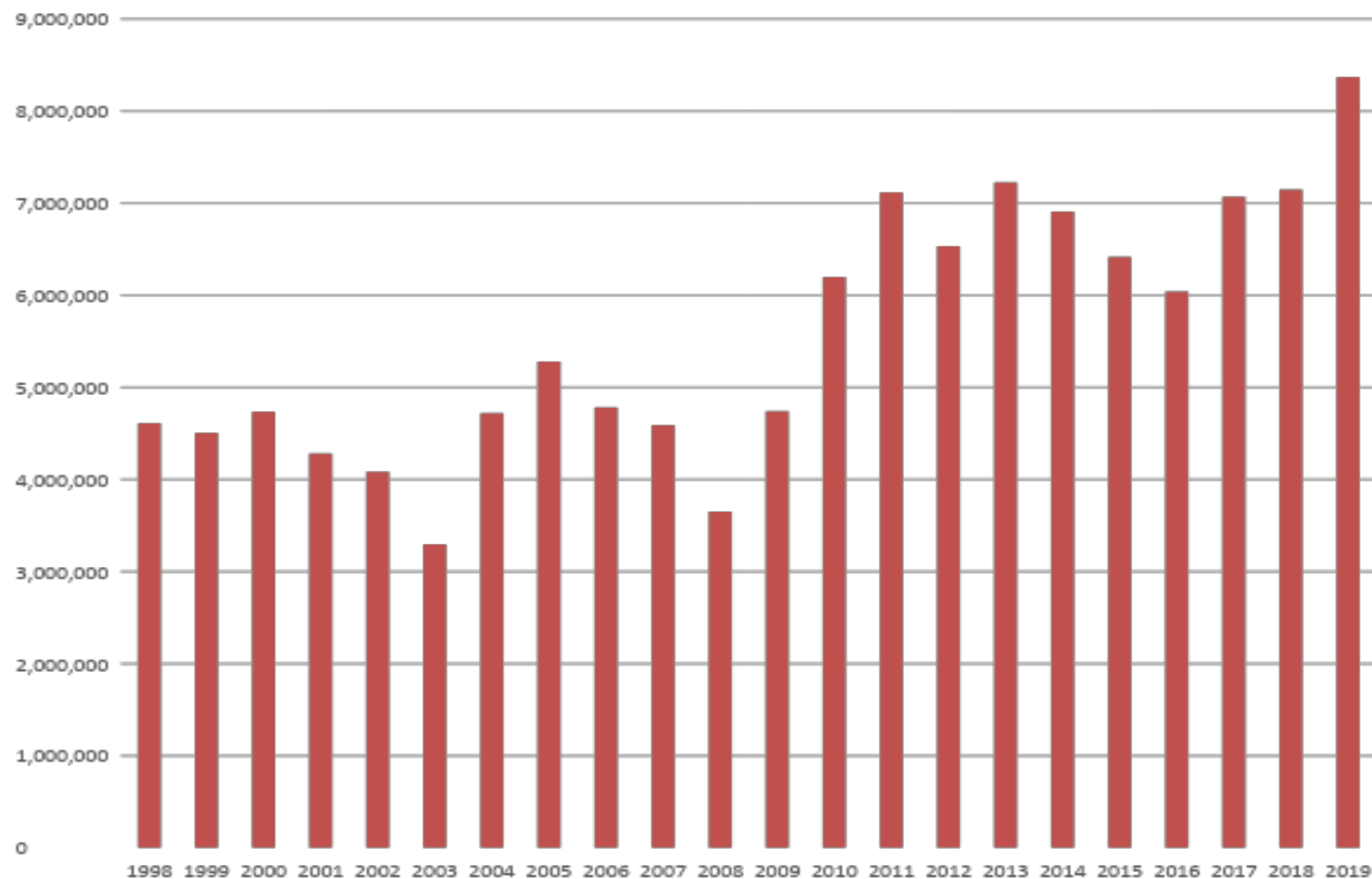
OVERVIEW BETTER CARE FOR MORE PEOPLE

- Compared to last year we:
 - Advanced our strategic plan (detailed slides available online)
 - Increased patient satisfaction
 - Patients seen increase by 26% to 98,643. **ALL TIME HIGH!**
 - Research grant expenditures increased by 17% to \$ 8,367,613. **ALL TIME HIGH!**
 - Maintained our rank as best performing rotation for medical students
 - Residents increased to 30 SBU and added 20 slots at ELIH
 - Started formal training relationship with NPs and SWs, continued program with PhDs
 - Hired 21 clinical faculty
 - Clinical revenue increased by 31% to \$10,841,738. **ALL TIME HIGH!!**
 - Changed the incentive plan
 - Increased total compensation by ~\$550,000 per year for faculty and staff
 - Didn't do as well with residents in boards and job placement
 - Next year: Focus on substance use disorders and borderline personality disorder



**“BETTER
CARE...”
THROUGH
RESEARCH**

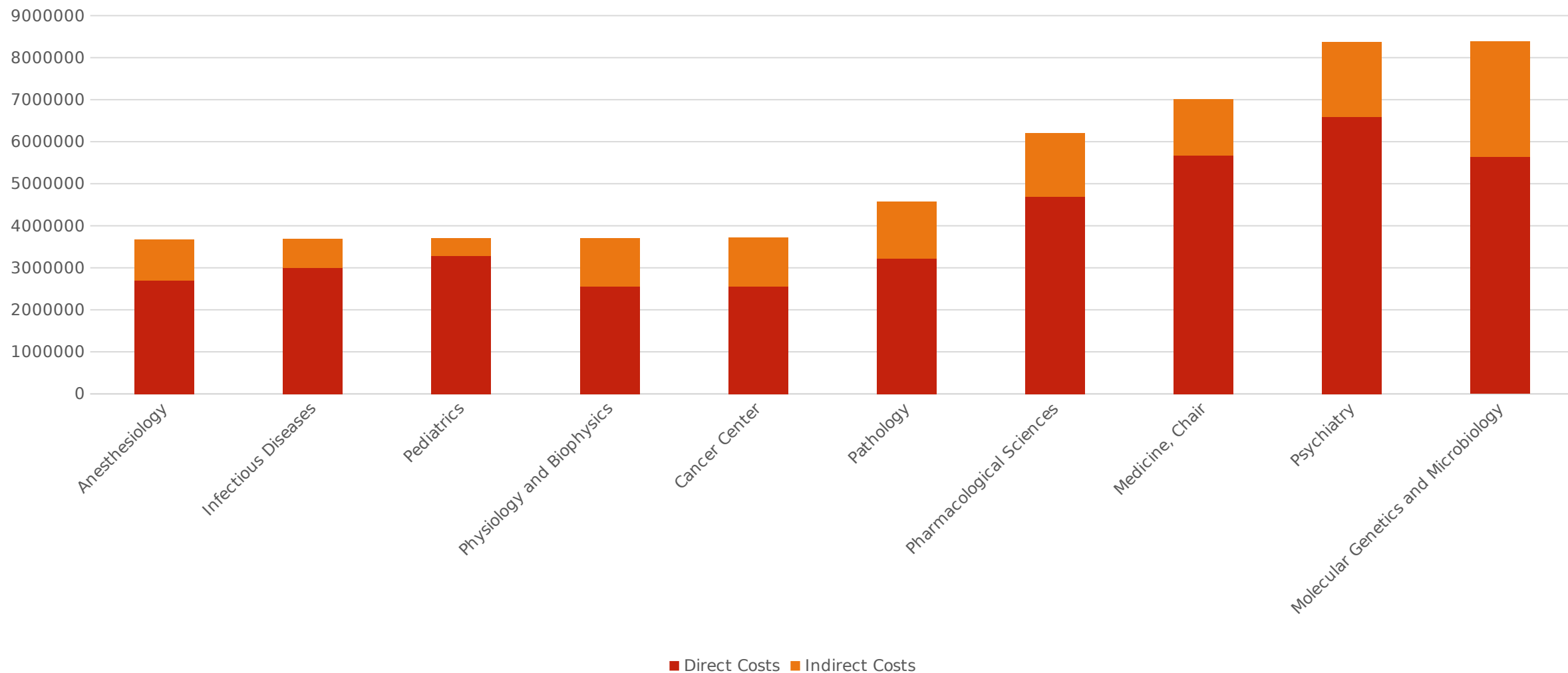
All Time High in Research Expenditures



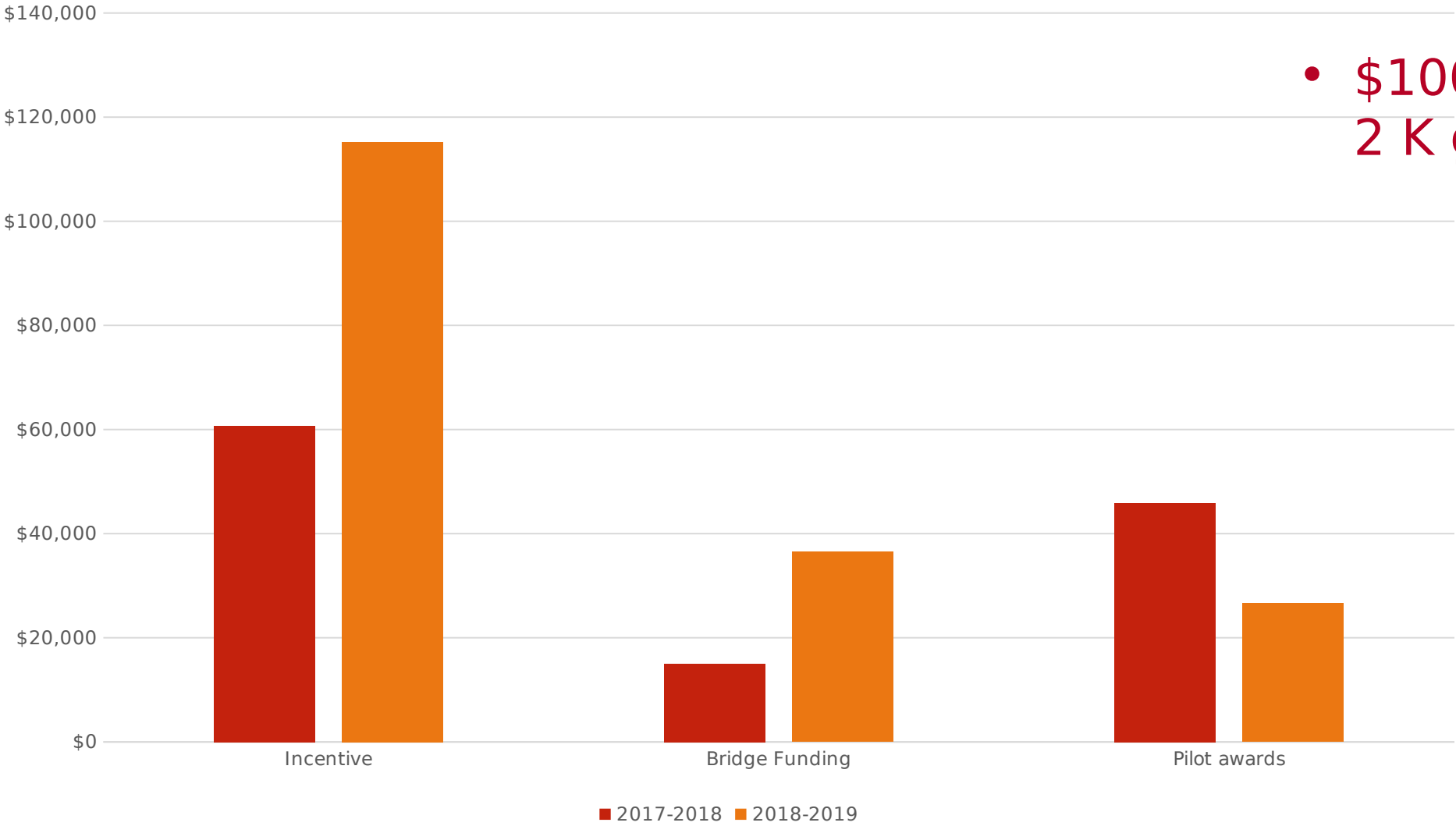
48 total grants
18 new in 2019

Psychiatry was 2nd among SOM Departments

School of Medicine Expenditure report 2018-1019



Department Reinvestments in Research



- \$100,000 given for 2 K grant recipients



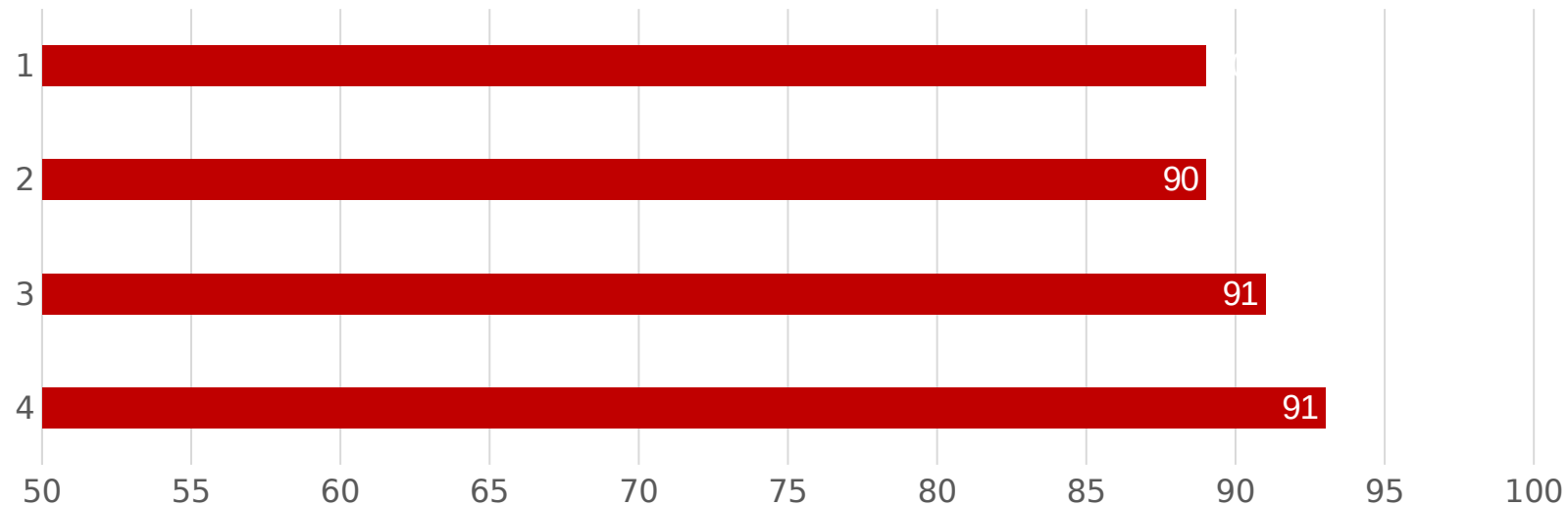
**“BETTER
CARE...”
THROUGH
EDUCATION**

MEDICAL STUDENT EDUCATION

3rd Year Clerkship

Director: Adeeb Yacoub, MD

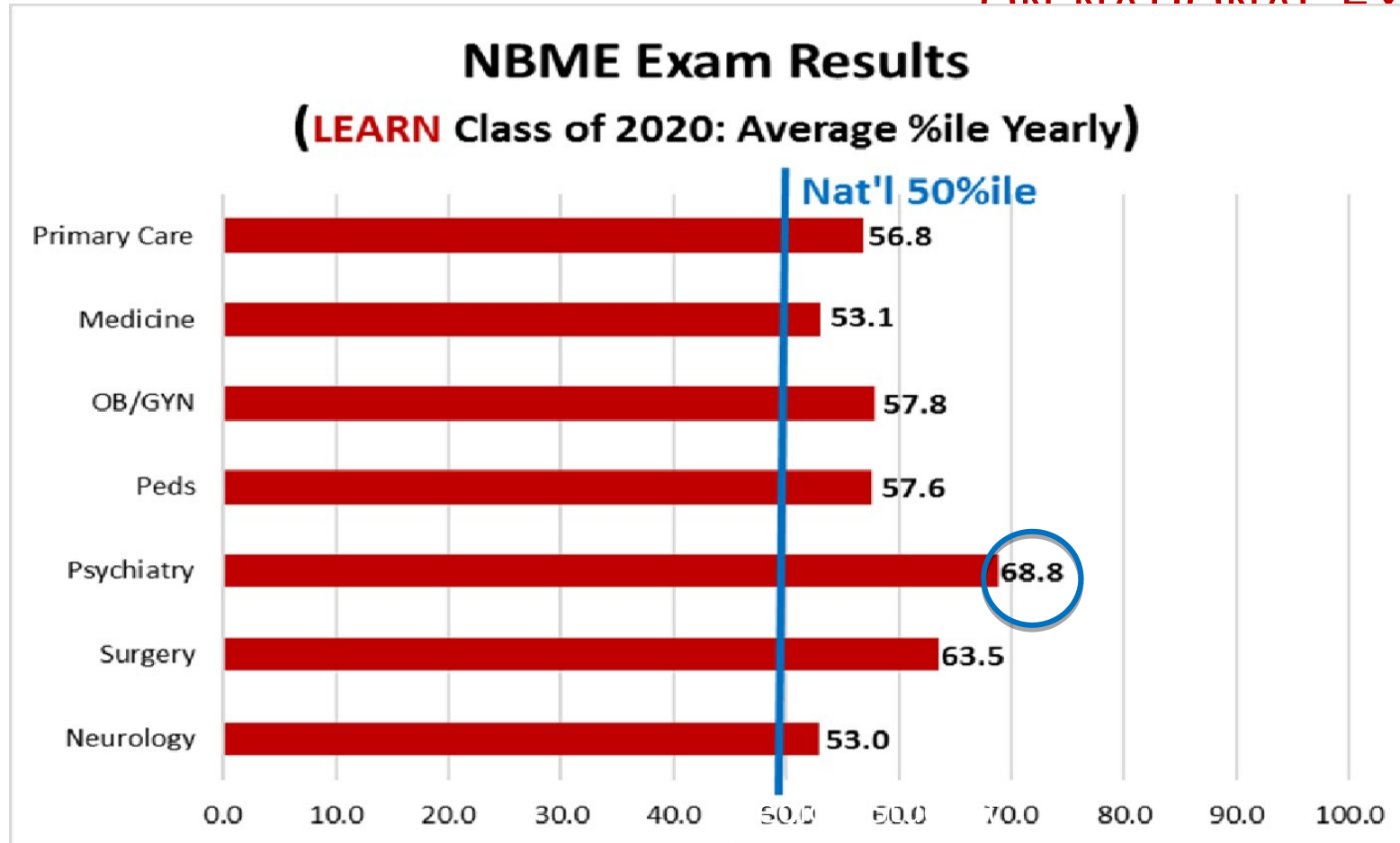
2018-2019 Psychiatry Clerkship Evaluations



- 1- Well structured
- 2- Relevant content
- 3- Conveyed the values, collaboration, respect and integrity
- 4- Course director responsive to students concerns and needs

MEDICAL STUDENTS DO BEST IN PSYCHIATRY

ON NATIONAL EXAMS



PSYCHIATRY RESIDENCY TRAINING UPDATES

- Increased from 24 to 30 residents
- Started 2nd year of Integrated child, adolescent and adult training program
- 2019 first year Integrated program in The Match (separate NRMP #)
- **Started new community psychiatry residency training program: Eastern Long Island Hospital and Southampton Hospital**
- Accelerated 3 year medical degree program with Graduate Medical Education immersion: July 2021 -Maxwell Moore
- Removed the VA as a psychiatry training site

NEW RESIDENCY LEADERSHIP



- Lauren Spring, MD
Program Director, Psychiatry Residency Training
Stony Brook Medicine



- Emily Hill, MD
Associate Program Director, Psychiatry Residency Training
Stony Brook Medicine



- Mark Lerman, DO
Program Director, Psychiatry Residency Training
Eastern Long Island Program



EXCELLENT CHILD FELLOWSHIP & CONSULT & LIAISON FELLOWSHIP

Since 2013, the board pass rate for Child Fellows and Consult & Liaison Fellows is 100%

Child Fellows from the past 5 years are all employed as Child and Adolescent Psychiatrists

C&L fellows from the past 5 years are all employed and went on to a variety of different specialties – Inpatient, CPEP and Outpatient throughout the state of New York

Child Fellows

2018: Northwell and Rutgers University
2016: SB Counseling & Psychological Services
2015: Burrell Behavioral Health, Mercy Clinic West, Stony Brook Medicine
2014: Queens Psychiatric Hospital
2013: Pine Rest Christian Mental Health Services

C&L Fellows

2017: Westchester Medical Center
2016: NYC Health & Hospitals/Kings County
2015: Richmond University Medical Center

GRADUATE STUDENTS

<u>Grad Student</u>	<u>Mentor</u>	<u>Department</u>	<u>Year of graduation</u>	<u>Position immediately after graduation</u>
Pillai, Raja	Delorenzo	Neuroscience	2018	Medical School
Delaparte, Lauren	Delorenzo	Psychology	2017	VA
Bartlett, Elizabeth	Delorenzo	BME	2019	Columbia, Post Doc
Joshi, Nandita	Delorenzo	EE	2019	Mt. Sinai , Post Doc
Ananth, Mala	Delorenzo	Neuroscience	2019	NIMH, Post Doc
Yttredahl, Ashley Hsu	Psychology	2019	Columbia, Post Doc	
Malik, Mohammad	Hsu	Psychology	2016	Consultant, Financial Services
Fourcade, Elizabeth	Hsu	Psychiatry	2016	Psychiatrist, Allegheny Health Network, Pittsburgh
Jie Ding	Huang	Biomedical Engineering	2019	Hong Kong Univ, Post Doc
Karl Spuhler	Huang	Biomedical Engineering	2019	NYU, Medical Physicist Residency
Naiyun Zhou	Huang	Biomedical Engineering	2018	Research Scientist, 12 Sigma Technologies
Xiaotong Li	Kotov	Applied Math	2019	WTC Health Program, Analyst
Kaiqiao Li	Kotov	Applied Math	2019	Mt. Sinai , Postdoc
Shuyao He	Kotov	Applied Math	2019	Start-up in financial services
Jingwen Jin	Kotov	Psychology	2018	University of Hong Kong, Assistant Professor

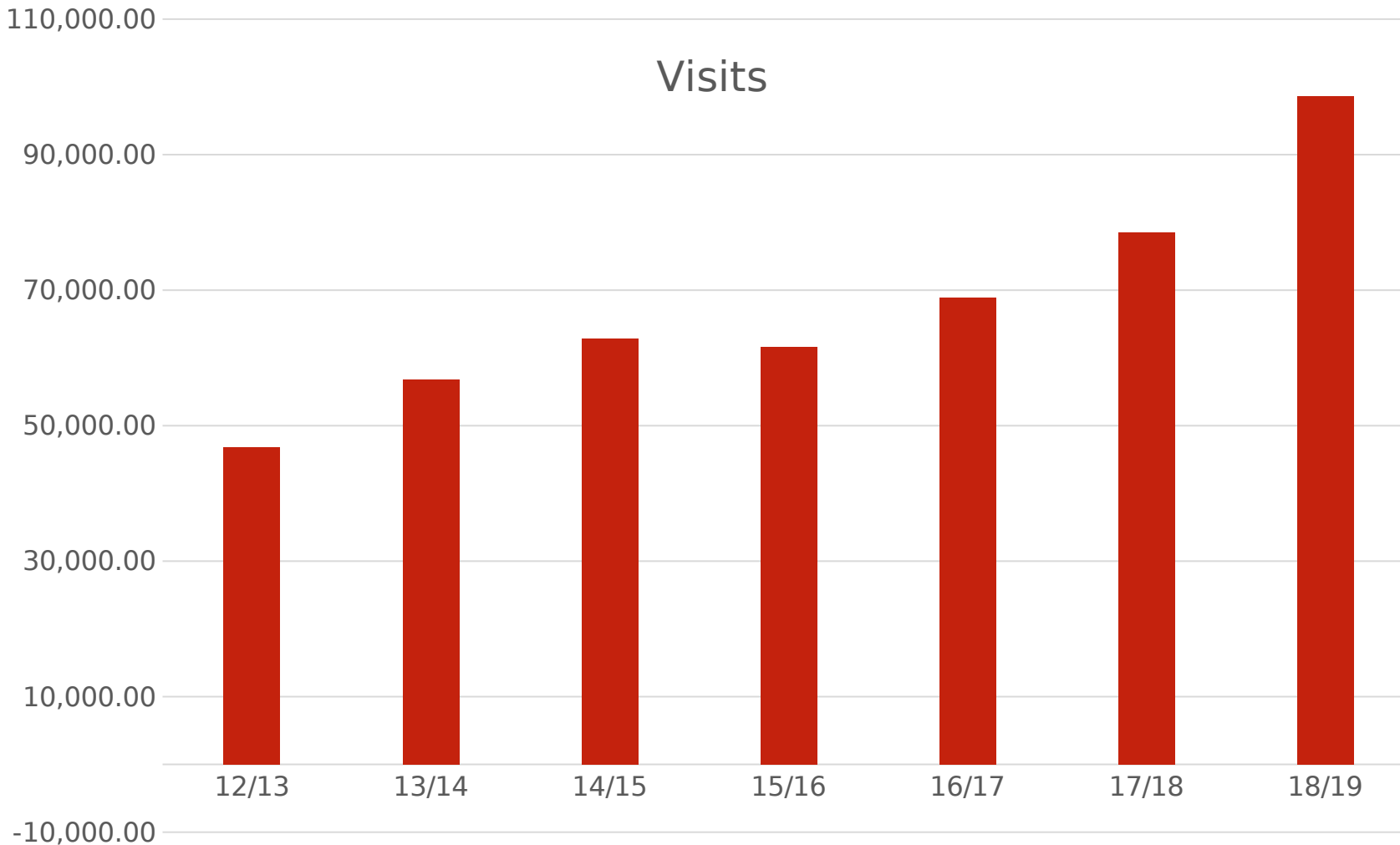
COMPLETED/PLANNED INITIATIVES IN EDUCATION

- On-line portal is live for psychiatry residents/faculty - contains teaching material (PowerPoint presentations, articles) for all journal clubs
- Measures of quality in education via on-line evaluation for all resident/fellow teaching activities
- Creation of an expanded neuroscience curriculum for psychiatry residents that spans all post-graduate years
- First annual educational “retreat” for clinical faculty including an introduction to student-centered learning techniques held in May, 2019
- Implement specific educational training by School of Medicine faculty that focus on new techniques (with a “teaching orientation” for new faculty)
- Create interdisciplinary teaching sessions between MD, PhD, NP, PA, and RN programs
- **Create a new outpatient Psychiatry clerkship for medical students**

The background features abstract, flowing waves in shades of red, orange, and yellow, creating a sense of movement and energy. The waves are layered, with some appearing more prominent than others, and they curve across the frame.

**“For More People”
Through Expanded
Clinical Services**

DRAMATIC INCREASE IN PATIENTS SEEN

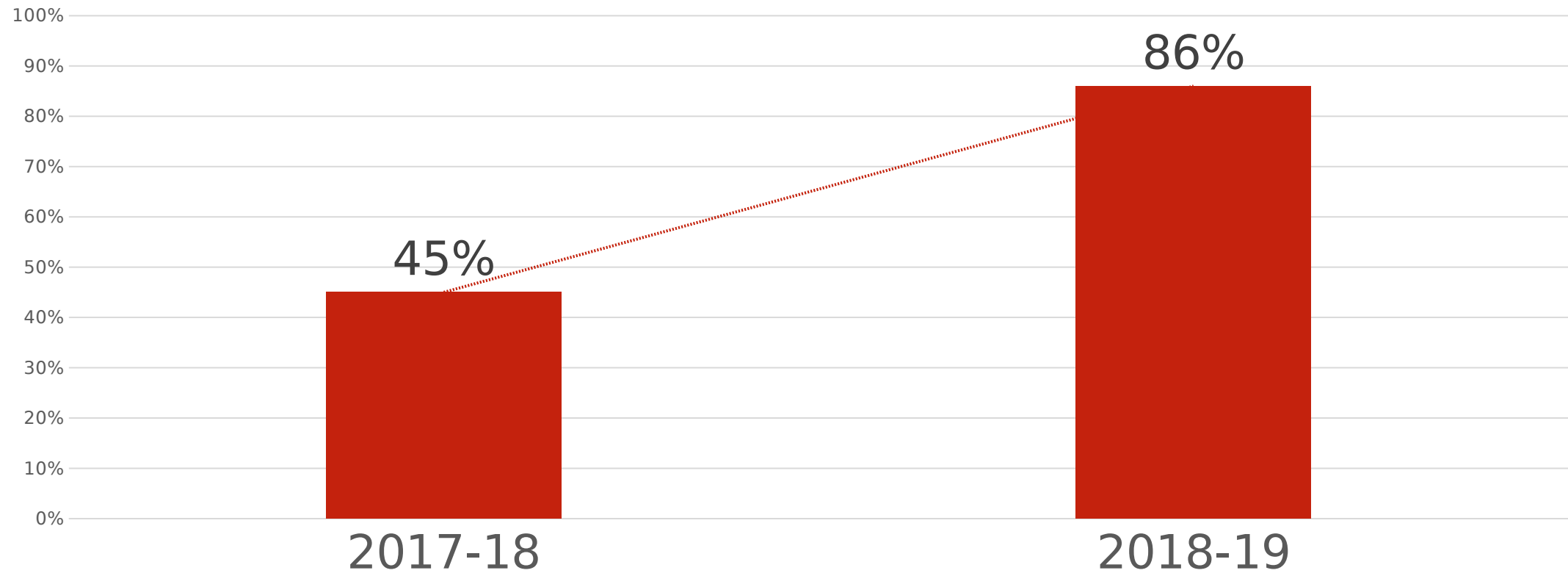


FY	Visits	Change %
12/13	46,829	21%
13/14	56,841	21%
14/15	62,843	11%
15/16	61,680	-2%
16/17	68,867	10%
17/18	78,476	14%
18/19	98,643	26%

Doubling in 7 years!

% ATTENDING NOTES MEETING DEPARTMENT TIMELINESS STANDARDS

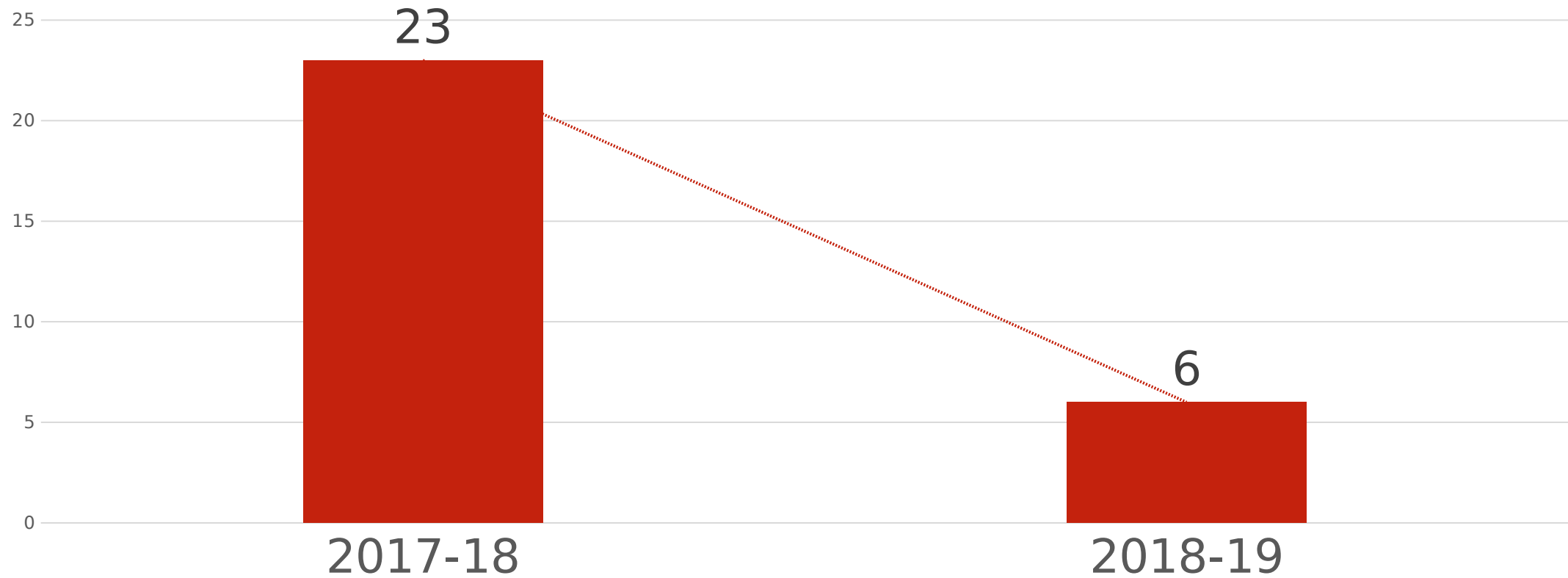
Chart Title



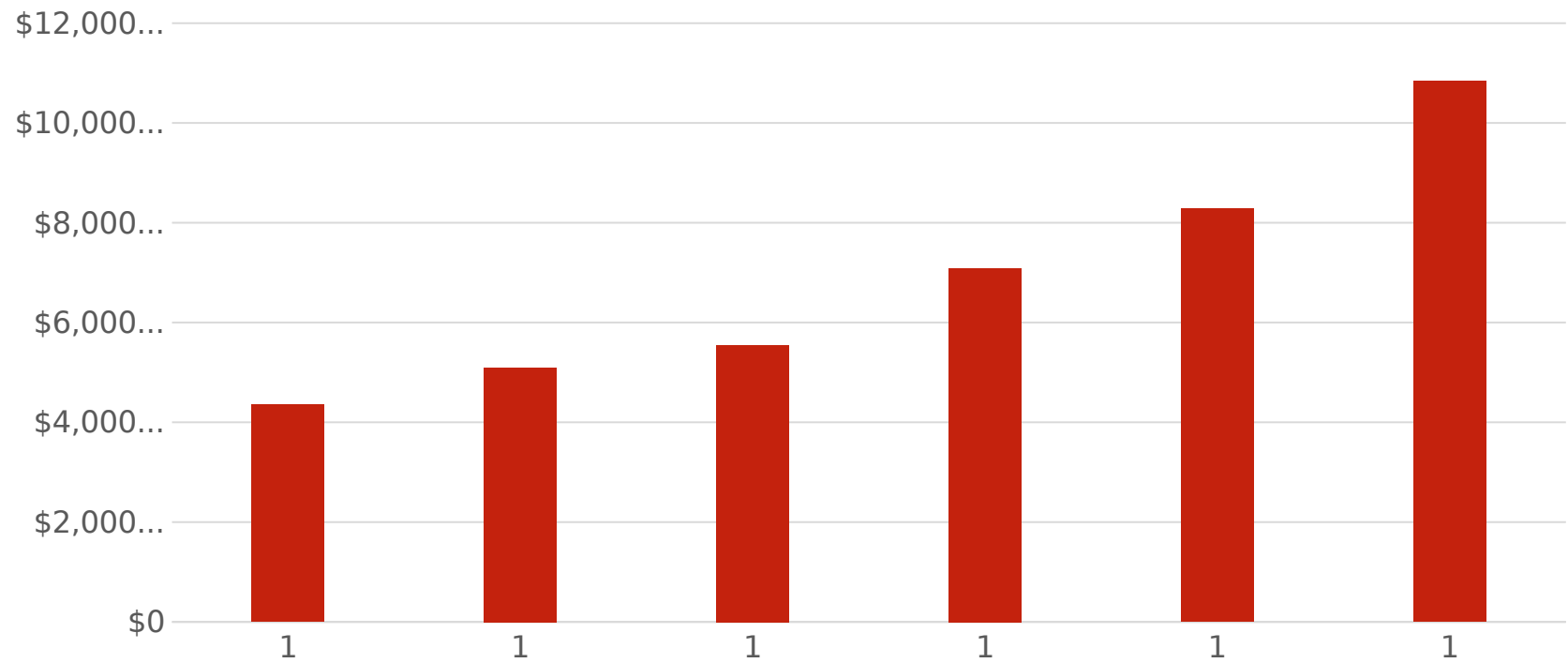
<72 hrs. new evaluations; <24 hrs. follow-up visits)

MEDIAN TIME (HOURS) TO OUTPATIENT ATTENDING NOTE COMPLETION

Chart Title



INCREASING REVENUE, PRODUCTIVITY, AND EFFICIENCY



FY	REVENUE	CHANGE %
13/14	4,353,337	39%
14/15	5,096,547	19%
15/16	5,547,978	9%
16/17	7,086,126	28%
17/18	8,277,387	17%
18/19	10,841,738	31%

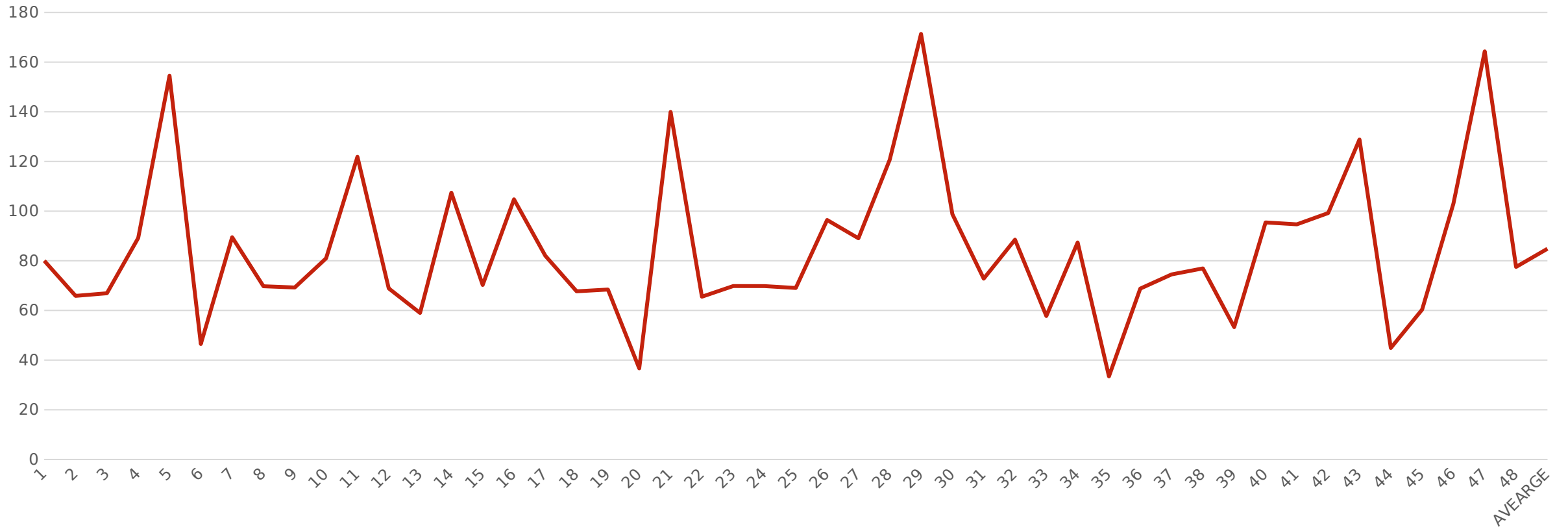
2.5 fold increase

FY	Revenue per cFTE	% Change
17/18	\$223,270	
18/19	\$268,024	20%

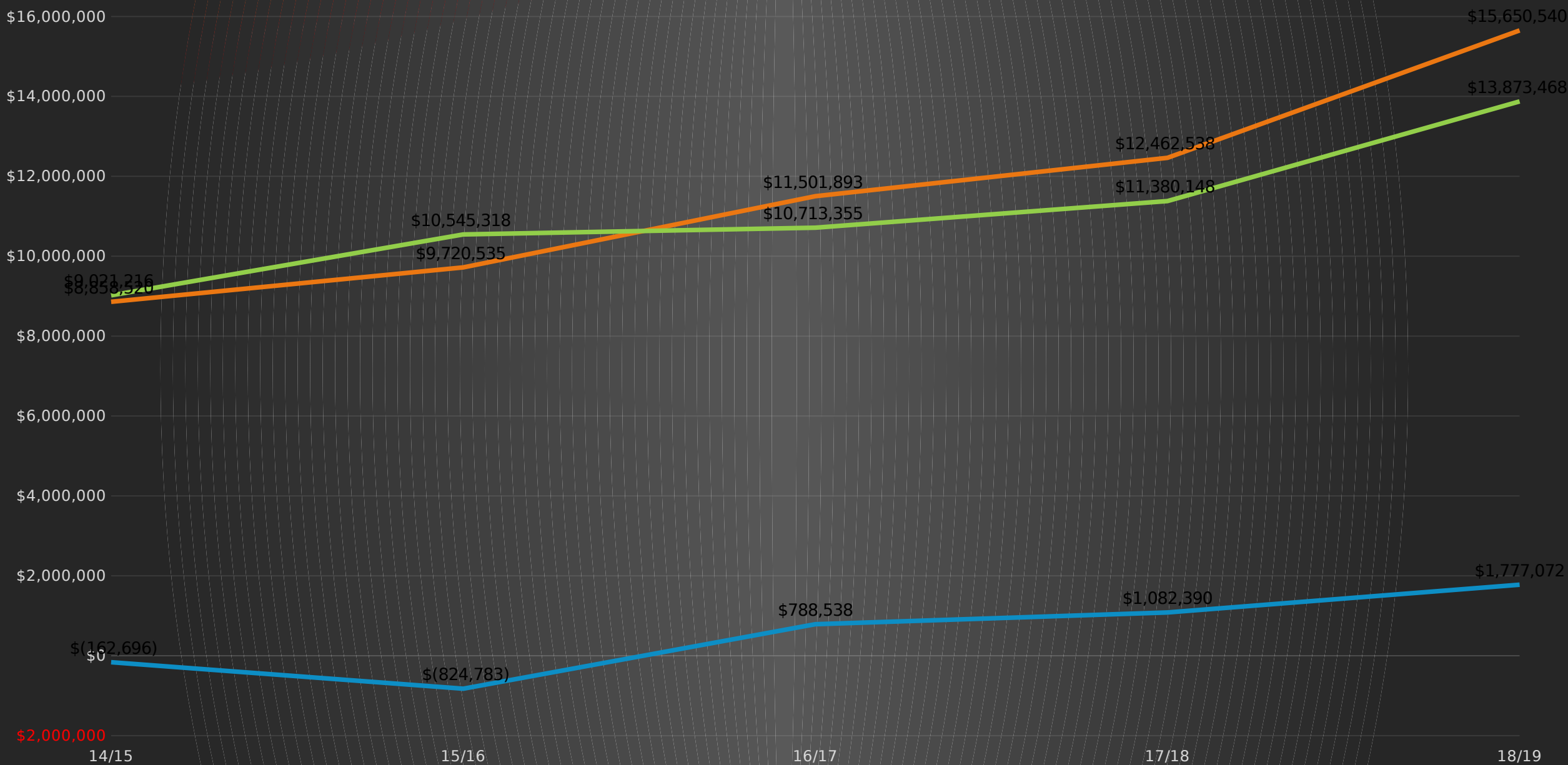
FY	RVU per cFTE	% Change
17/18	128,896	
18/19 R	158,040	23%

AMAZING PRODUCTIVITY

RVU PERCENTILE JUNE 2018



Net Income



Expenses Net Income Yearly Net Income

REINVESTMENT

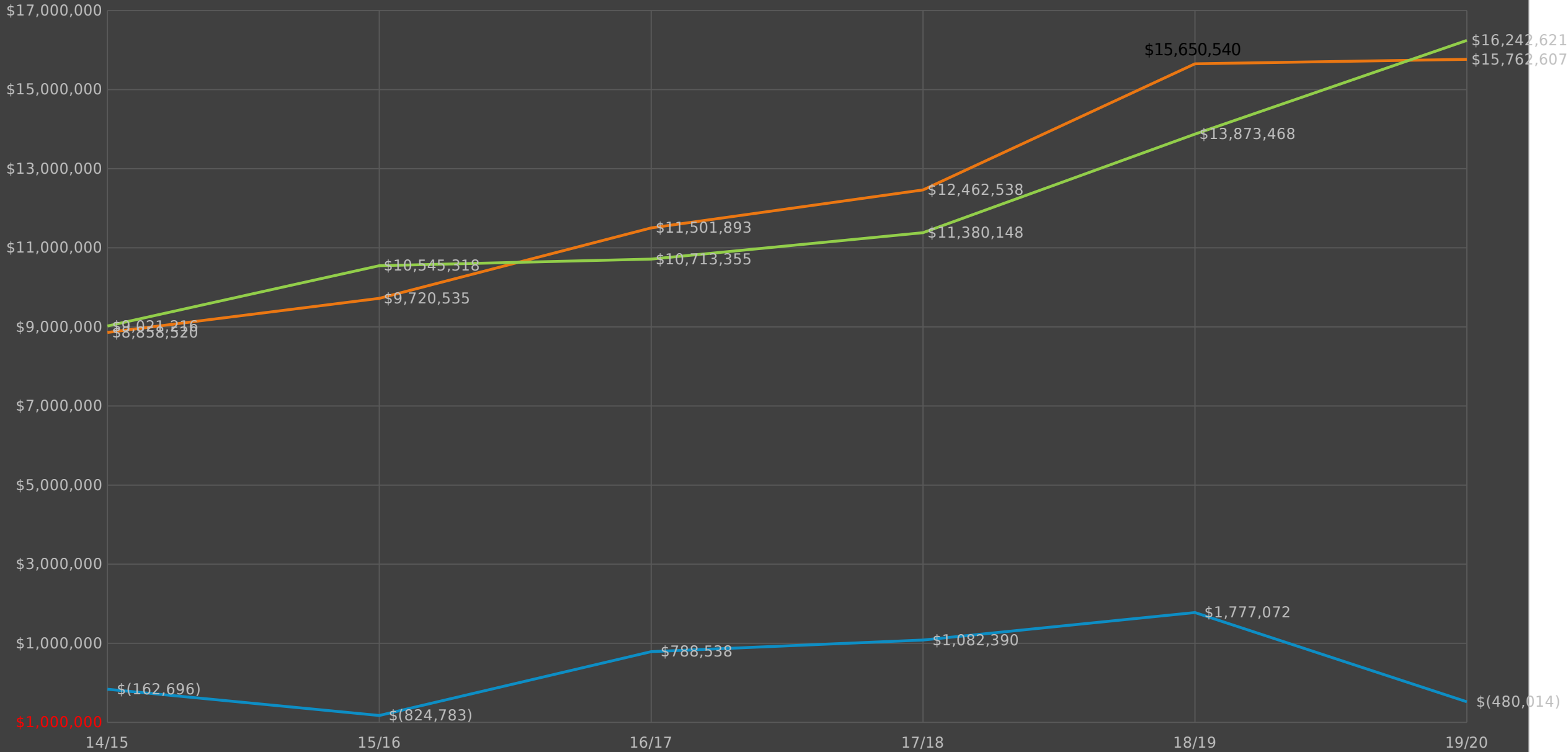
- Raises:
 - AAMC equity for all faculty.
 - 1 faculty got an equity raise in 2016
 - 8 faculty in 2018
 - 31 in 2019
 - Range from \$3k to 42k.
 - Raises for staff.
 - Total cost of ~\$550,000/year ongoing.
- Rent for Commack will be \$230,000/year
- New incentive plan balancing quality and productivity
- Enhanced support services
- Additional outpatient sites

Projection with Reinvestments

Expenses

Net Income

Yearly Net Income



EXPANSION OF CLINICAL SERVICES

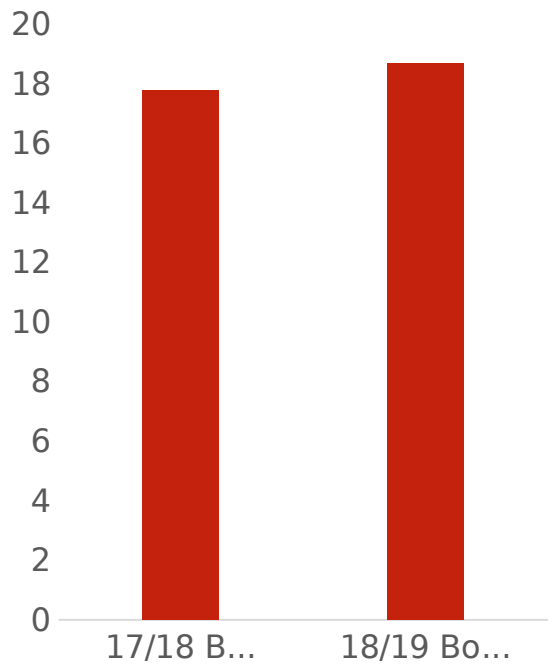
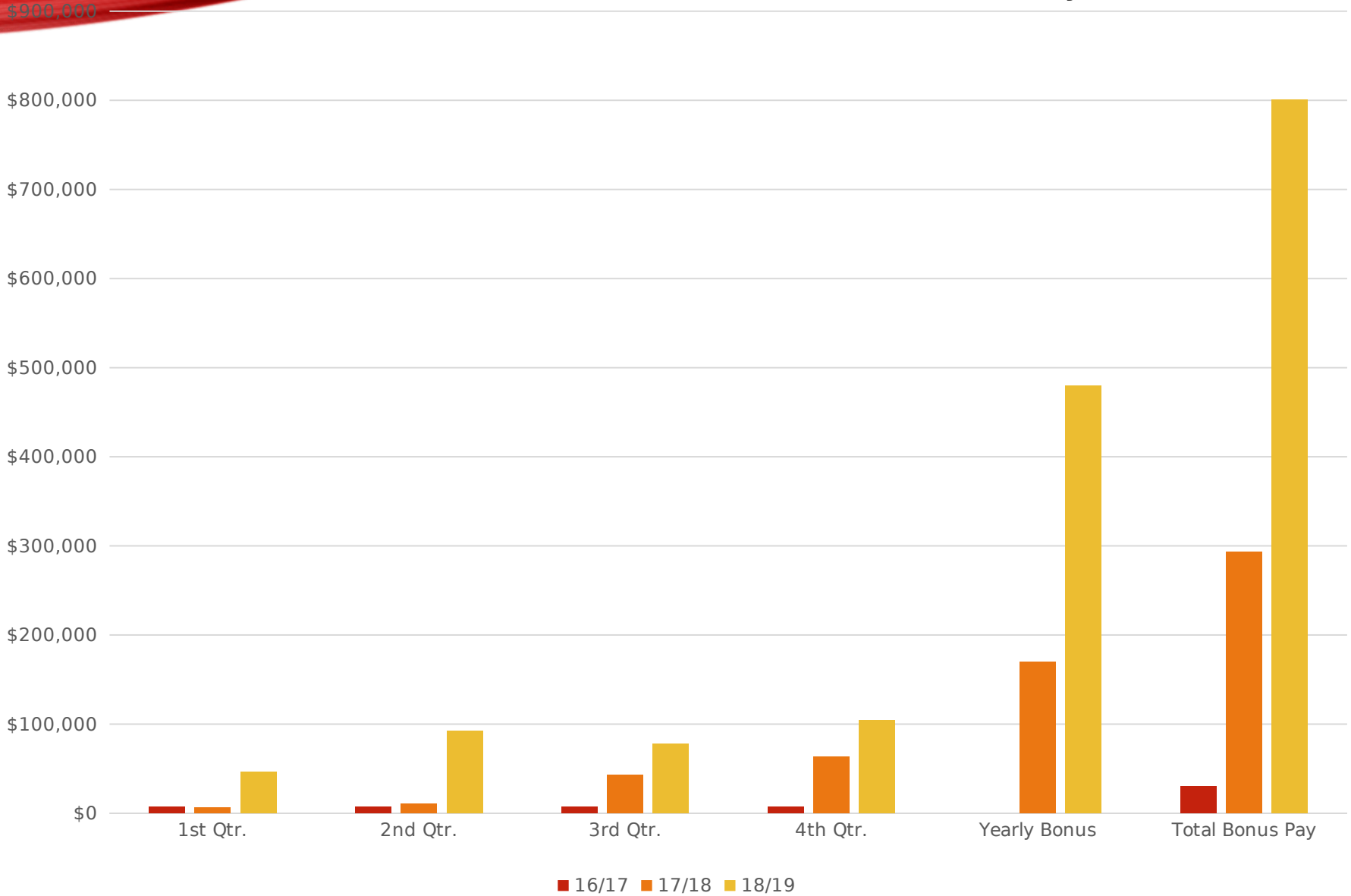
New clinical and support offices at 500 Commack Road,
Commack



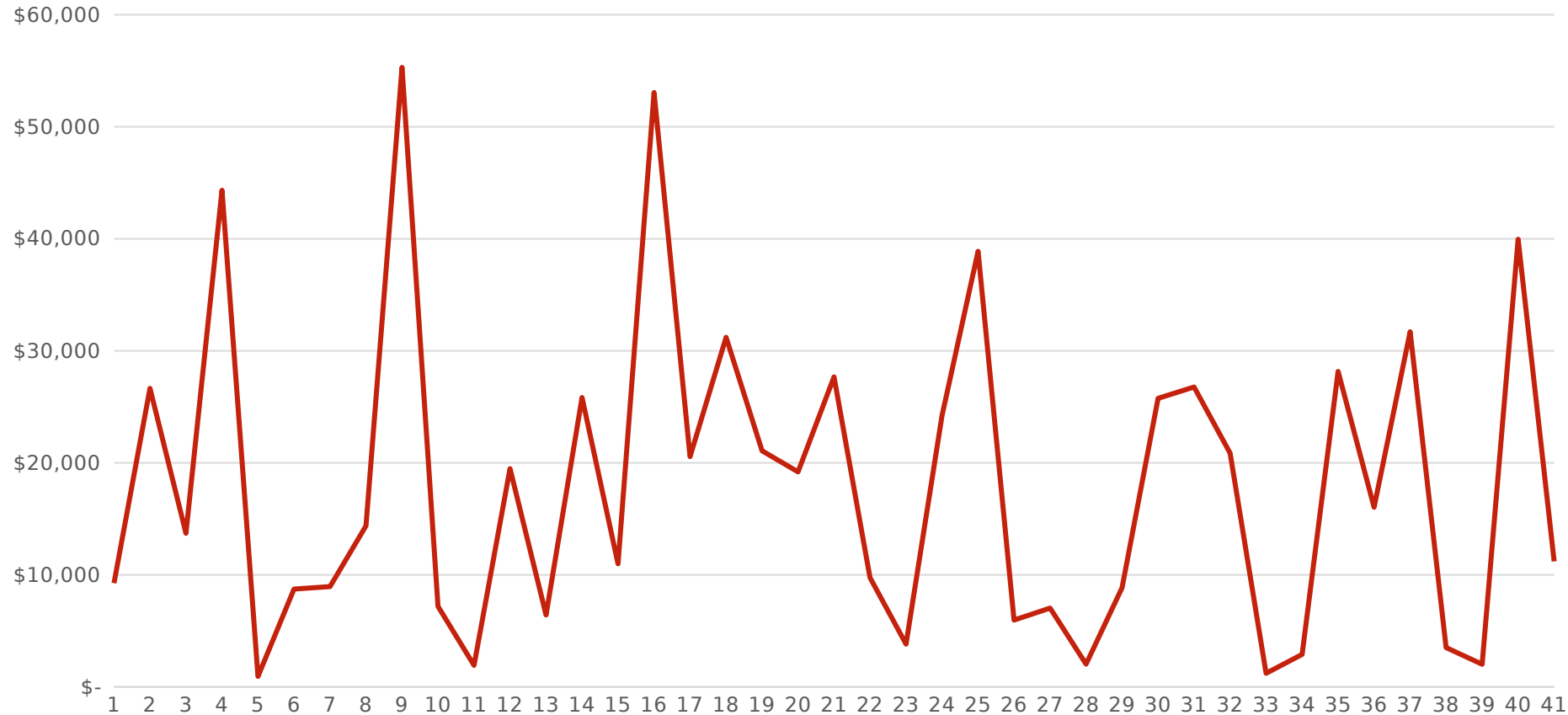
2.7 fold increase
in one year!

INCENTIVES

Incentive Bonus for
Academic Achievement



RANGE OF TOTAL (Q + A) BONUSES PAID



- For current faculty the full year range was \$932 to \$55,298 with a median of \$14,370.

2019 FACULTY INCENTIVE PLAN HIGHLIGHTS

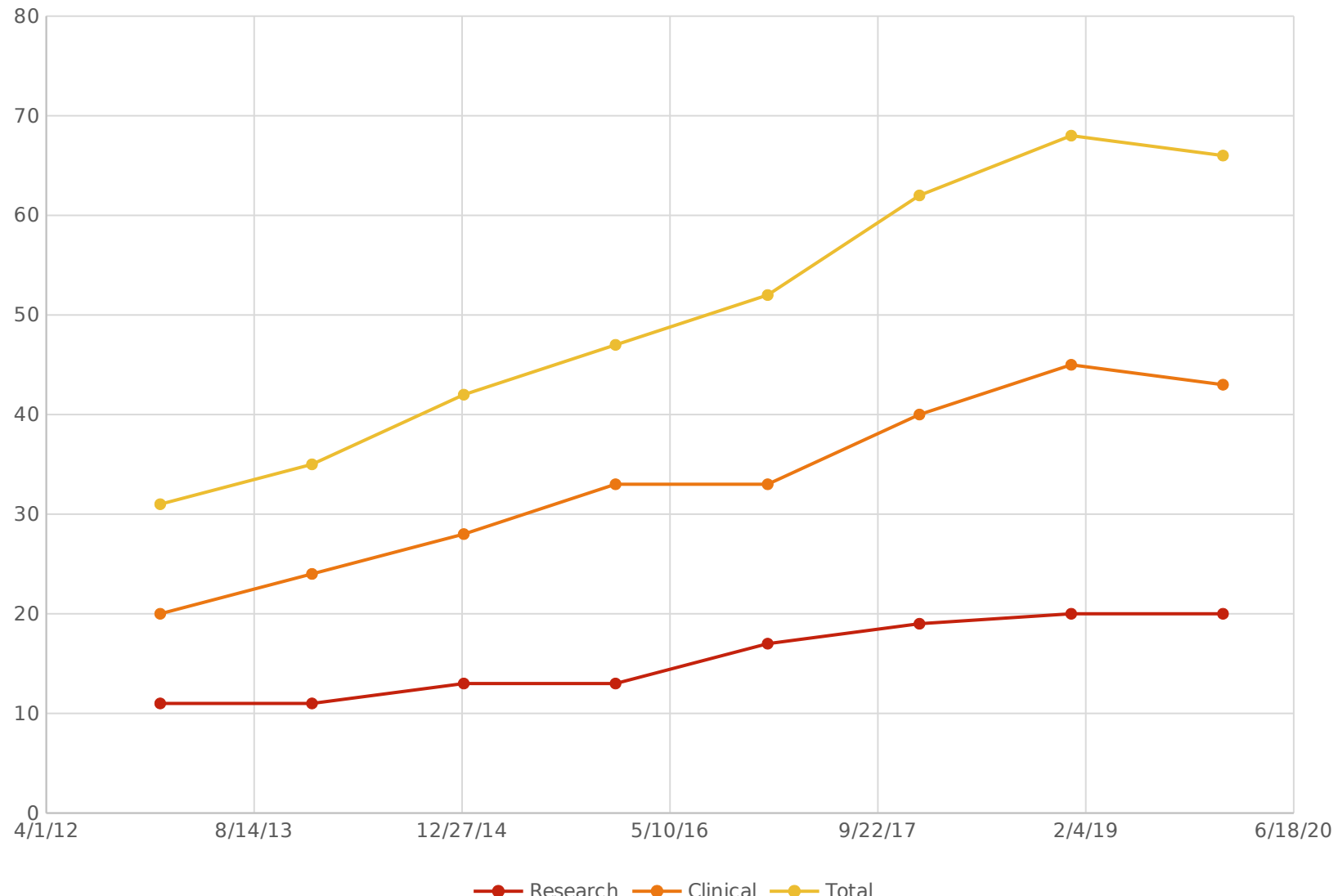
- Minimum is still \$12/RVU above minimum expectation
- OPD Providers see increase:
 - SW- \$13 x cFTE
 - PhD- \$14 x cFTE
 - NP- \$16 x cFTE
 - MD- \$18 x cFTE
- Annual bonus cut in half to pay for raises based on survey
- Will modify every year based on funds and balance with quality

21 UFPC FACULTY COMING

Child Inpatient	Child Outpatient	Integrated Care	Substance Use Disorder	Research	CPEP	Adult Inpatient	Consult Liaison
Samuel Gartner, MD (July 2019)	Maged Soliman, MD (Sept 2019)	Dodie Gillette, PhD (Sept 2019)	Julia Quinlan, DO (Sept 2019)	Sara Weisenbach, PhD (Aug 2019)	Terese Watkin-Laptiste, MD (Sept 2019)	Melissa Weiss, MD, (Oct 2019)	Mason Chacko (Jan 2020)
	Jessica McCurdy, PhD (Sept 2019)	Jimmy Masters, PhD (Nov 2019)	Tinu Addams, MD (Dec 2019)	Wenchao Qu, PhD (Nov 2019)	Wayne Cotton, MD (Oct 2019)	Maju Koola, MD (Sept 2019)	
	Angela Dougherty, PhD (Aug 2019)	Courtney O'Brien, PhD (Feb 2019)		Chemist, PhD (Jan 2020)	Scott Falkowitz, MD (Oct 2019)		
	Bridget Walsh, NP (Jan 2019)	Anna Coward, PhD (Dec 2019)					
	Lisa Steinberg, NP (Aug 2019)						

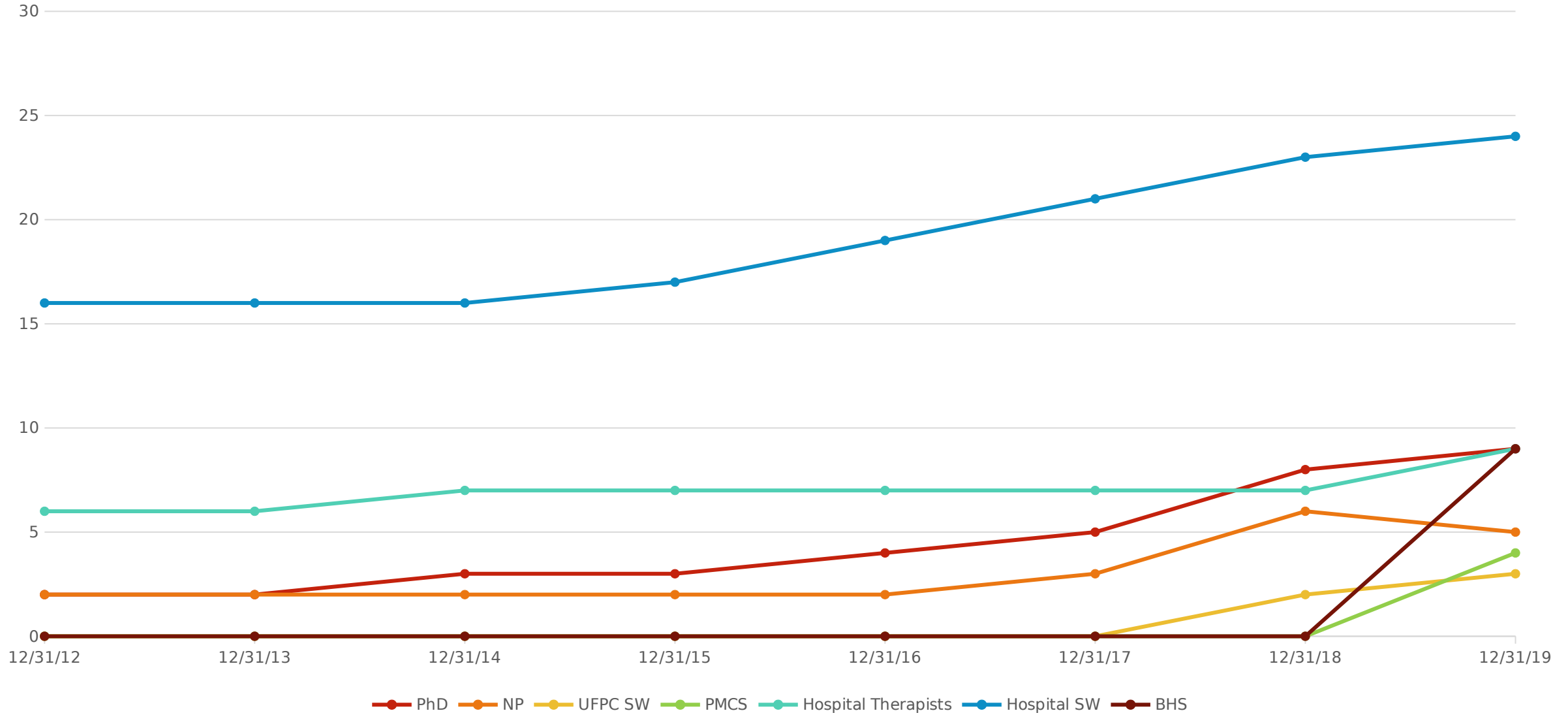
GROWTH

All Faculty Over Time



2 fold increase in 7 years

GROWTH (IN PROCESS)



Increased Hospital Workforce

Clinician Nurse Specialist Nurse Educator

- Lance Levy, RN
- Richard Menjivar, RN
- Reggie Charles, RN
- Richard Menjivar, MS, RN-BC

Nurses

- James Silva, RN
- Christine Cavataio, RN
- Bryson Okeomo, RN
- Samantha Ruether
- Nicole Kulpa
- Darleen Smith
- Dana Chambers

Behavioral Health Specialists

- Andrew Deptula, PhD
- Cathryn Capuano, LMSW
- Richardo Allen
- Gilbert Aponte
- Shaquanna Edwards
- Jazmine Flores
- Joncy Gomez
- Emmanuel Reynoso Caso
- Andrew Manolakis
- Beegie Moore

Nursing COACHES

Assistants

JENNIFER BURDISH
KATHY GARCIA
JACQUELINE ROLON
ANGEL SANTANA AVILES

RECREATION THERAPISTS

- ❖ CHRISTOPHER BRIGANTE CTRS – INPATIENT ADULT PSYCHIATRY
- ❖ DIANE DIGNON CTRS – CPEP, INPATIENT CHILD PSYCHIATRY
- ❖ MELISSA MCGRATH CTRS- INPATIENT CHILD PSYCHIATRY, CPEP
- ❖ ELISA CARLIN CTRS - INPATIENT ADULT & CHILD PSYCHIATRY, CPEP , MEDICINE
- ❖ LAURA JEAN SCHNUPP CTRS- INPATIENT ADULT & CHILD PSYCHIATRY, CPEP, MEDICINE
- ❖ RAYMOND ARCHER CTRS- COMMUNITY RESOURCE, RESEARCH AND DEVELOPMENT

MUSIC THERAPIST

- ❖ JON REICHERT MT-BC, LCAT- INPATIENT ADULT & CHILD PSYCHIATRY, CPEP, MEDICINE

ART THERAPIST

- ❖ JENNIFER HACKER -JOHNSON ATR-BC, LCAT -INPATIENT ADULT & CHILD PSYCHIATRY, CPEP, MEDICINE

OCCUPATIONAL THERAPIST

- ❖ EMILY BLAKE L/OTR- INPATIENT ADULT PSYCHIATRY



DESPITE THIS....

- Waitlist in adult OPD is 86. Time to next appointment is 6-8 weeks .
- Waitlist in child OPD is 364. Time to next appointment is 8+ months.
- Refer out 50-60 patients a month.
- We have never advertised internally or externally.
- Telepsych

47.5 JOB OPENINGS

	Addiction	CPEP	Interventional	C & A	Adult OPD	Child OPD	Geriatric	C & L	WTC	Adult Inpatient	Total
MD/DO	1	.5	1	3	8	4	1	1	1		20.5
PhD	3			2	4				1		10
NP		1			1			2	1		5
LCSWR					3	2					5
RN MGR		1								1	2
RN Leaders		2		2						1	5
Total	4	4.5	1	7	16	6	1	3	3	2	47.5

EASTERN LONG ISLAND HOSPITAL PARTNERSHIP

Stony Brook has joined with Eastern Long Island Hospital to further expand our continuum of care to the east end of Long Island. We are very excited about the potential for growth, both in delivery and access to care for those that need our services, as well as expanding the Stony Brook Medicine footprint.

- Inpatient and outpatient addiction services
- Inpatient and outpatient psychiatric services



POTENTIAL FURTHER EXPANSION: JOHN J FOLEY



ADULT OUTPATIENT PSYCHIATRY: ACCOMPLISHMENTS

- Streamlined new patient intake process
 - Decreased median wait time from phone call to visit from 76 days to 21 days
 - Decreased median wait time from electronic consult to visit from 62 days to 44 days
 - **Increased new patient volume from 76 new patients per month to 116 new patients per month**
- Implemented New Services
 - TMS
 - Ketamine
- Hired
 - 2 Psychiatrists
 - 1 Nurse Practitioner
 - 1 Psychologist
- Moved Clinical Social Workers to RF

ADULT OPD GOALS

- **Patient self-assessments tracked electronically**
- Develop call center to improve access and enhance patient experience
- Expand TMS and Ketamine services
- Hired additional interventional psychiatrist
- Develop outpatient addiction psychiatry program
- Hired 2 addiction psychiatrists
- Resident led relapse prevention groups
- Collaborate with Mind and Body to expand DBT program
- Open second location at 500 Commack Road in Fall 2020
- Expand health psychology services to family medicine
 - CBT-Insomnia groups
 - Smoking cessation groups

INTEGRATION: ACCOMPLISHMENTS

- Embedded health psychologists within internal medicine resulting in:
 - **130 new patient visits**
 - 476 follow-up visits
- Collaborated with family medicine to develop monthly behavioral health case conference
- Hired:
 - 2 psychologists

INTEGRATION: GOALS

- Expand health psychology services to family medicine
 - CBT-Insomnia groups
 - Smoking cessation groups
- Develop health psychology program at Advanced Specialty Care in Commack
 - Obesity Initiative
 - Hired 1 integrated psychologist
- **Start Integration Resident rotation February 2020 at Internal Medicine location**
- Add social workers to integrated clinics and enhance patient access to treatment



TELEPSYCHIATRY: ACCOMPLISHMENTS

- Implemented telepsychiatry pilot at Amagansett Primary Care February 2019

TELEPSYCHIATRY GOALS

- Develop health psychology program at Advanced Specialty Care in Commack
 - Obesity Initiative
 - Hire 1 integrated psychologist
- Start Integration Resident rotation February 2020 at Internal Medicine location
- Add social workers to integrated clinics and enhance patient access to treatment
- Expand telepsychiatry to 3 additional primary care locations
 - West Hampton Primary Care
 - East Hampton Primary Care
 - Stony Brook Family Medicine Patchogue
- **Begin providing telepsychiatry to patients in their homes**
- Credential all OPD faculty in telepsychiatry
- Train all residents in telepsychiatry during 3rd year

10 NORTH – ACCOMPLISHMENTS

- Implemented MOAS scale to predict aggression on the unit IN February, 2019
- Started Therapeutic Milieu Committee to improve patient experience and safety felt on the unit
- **Press Ganey “patient safety felt on unit” up from 73% in 2017-2018 to 89% in 2018-2019**
- Instituted daily community meeting with patients and staff at 11AM
- Reduced median LOS from 14 days to 12 days
- Improved response rate on Press-Ganey surveys to 55% in June 2019
- Reduced use of mechanical restraints by 50%
- Two abstracts accepted to present posters at the national American Psychiatric Nurses Association Conference

10 NORTH – NEXT YEAR

- **Improve flow from CPEP to 10 North**
- Daily huddle call between units at 10am
- Physician-to-physician handoff on patients going from CPEP to 10N
- Reduce patient-to-patient and patient-to staff violence
- Add to the MOAS spreadsheet interventions used and their association with restraint use and violence
- Improve screening process for trauma at the time of admission in order to provide trauma-informed care

DIVISION OF ADDICTION PSYCHIATRY

130 Psychiatry, Medicine and Emergency Medicine residents/faculty received Buprenorphine waiver training, through Physicians' Clinical Support System

Developed and offered 32 hour SOM Selective (MED 468) on Addiction and Pain (biannually)

With Emergency Medicine, developed ED-based buprenorphine induction program, to begin 9/19, with flow to Putnam services

2 Full Time Addiction Psychiatrists Recruited to initiate SBUMC Putnam outpatient substance use disorder services

Collaboration with Internal Medicine: began pilot opioid addiction treatment in Resident's Continuity Clinic for current SBU patients

SBELIH Quannacut Program successfully moved to new space 2X previous size, space for BH & Primary Care clinical integration

New PGY-3 outpatient rotation in Addiction Psych. at Putnam Hall, winter 2019; New Addiction Psych rotation for SBELIH residents

Conducted successful SB Neuroscience Institute Meeting of the Minds conference, focused on opioids, 12/19/18

DIVISION OF ADDICTION PSYCHIATRY

Implement a cross-discipline SBU addictions steering committee, including West Campus departments

Begin program design, content, and faculty for Addiction Psychiatry Fellowship proposal and ACGME application

Continue interdepartmental collaboration to increase SBU addiction treatment capacity

Research collaborations with Biomedical Informatics and Computer Science to focus on population-level analytics and deep-learning

Support conversion from inpatient opioid detox on inpatient med/surg beds to default buprenorphine induction

Recruit senior Addiction Research faculty

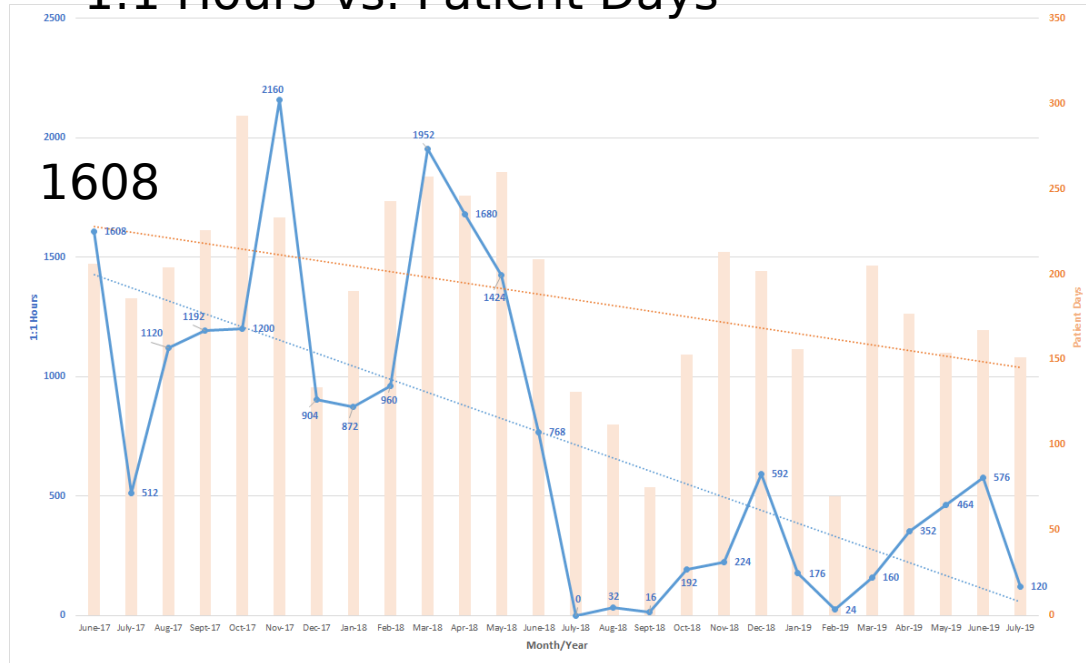
DIVISION OF CHILD AND ADOLESCENT PSYCHIATRY

- Wil Farquharson, PhD took over from Paul Mitrani, MD as Director of the OPD
- Ilana Yel, DO now runs the pediatric C&L team
- Maria Spera is taking the lead in screening consultations in the OPD
- Dave Margulies, MD left Stony Brook to become Clinical Director at Sagamore CPC; Deborah Weisbrot, MD continues in Western Suffolk BOCES schools
- **Gaye Carlson, MD starts her tenure as President of AACAP in October**
- The Autism team has been conducting interdisciplinary evaluations and treatment
 - Judith Crowell, MD, Amanda Gorecki, DO, Debra Reicher, PhD, Jennifer Keluskar, PhD, Michael Greenberg, LCSW, & Vicki Novoa Uriarte, MD (behavioral pediatrics)
- Jennifer Keluskar, PhD will become a division liaison for research (Matt Lerner) and clinical services (pediatrics) for children with ASD

12 NORTH – ACCOMPLISHMENTS

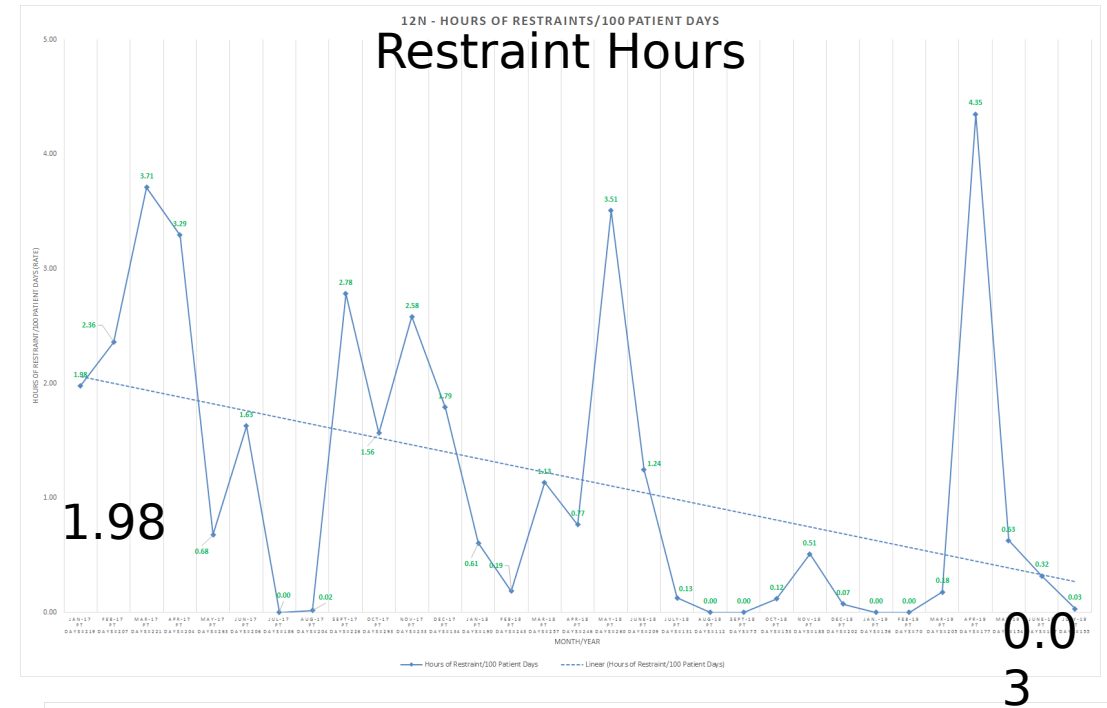
- Newly opened comfort room for patients
- Restraints, physical holds down significantly – Seclusion not used in >1 year
- 30 day readmission rate minimally increased, however still very low at ~4%
- Patient to staff violence down significantly
- 1:1 usage down
- 12N received Stony Brook “iCare” award for patient safety!
- **Press Ganey “patient safety felt on unit” up from 38% in 2017-2018 to 91% 2018-2019**
- Workforce – BH Specialist, rec therapist vacancies filled, PMCS training and coaches continue to be well utilized on unit
- Psychology Post-doctoral fellow (through consortium) expanded DBT offerings on unit
- Continued quality improvement project on effectiveness of medications for aggression

1:1 Hours vs. Patient Days

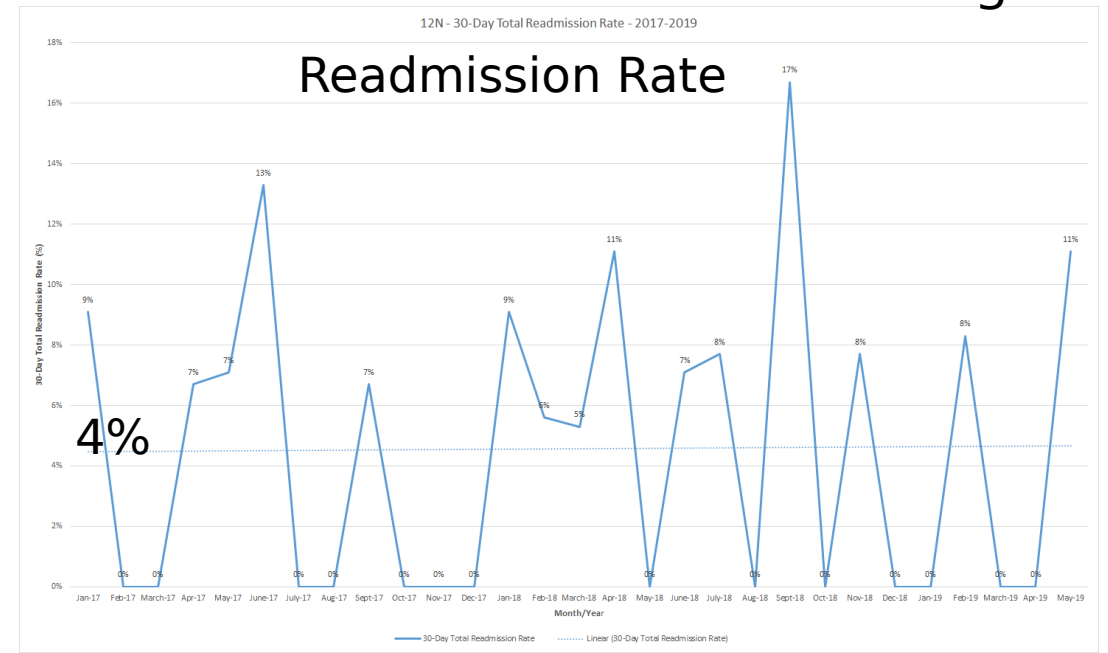


12 NORTH

12N - HOURS OF RESTRAINTS/100 PATIENT DAYS Restraint Hours



12N - 30-Day Total Readmission Rate - 2017-2019 Readmission Rate

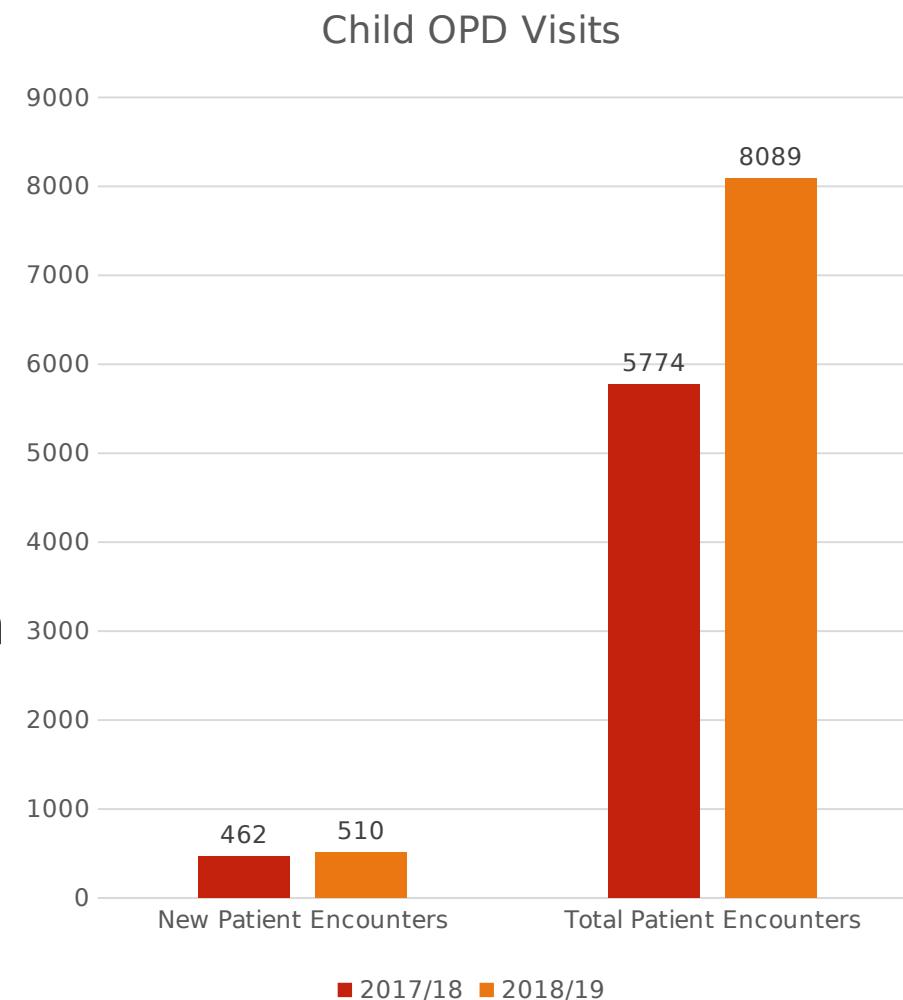


12 NORTH – NEXT YEAR

- **New Medical Director Dr. Gartner taking over for Dr. Spring**
- Richard Menjivar assuming interim nursing leadership role
- Safety
 - Renewed focus on patient searches and unit security
 - Added lockers for family belongings outside unit
- Updating home training agreement for families
- Expanding the psychology training and offerings on the unit
- Externs, interns, post-doctoral fellows through consortium, supervised by full-time unit psychologist
- “Unit Improvement Program” improving physical space for the children
- Renewed interest in accepting appropriate direct admissions to unit

CHILD OPD

- Consultation Evaluation Service
- Multidisciplinary Evaluations for the OPD and School Program
- Maintained our work with the School Program
- New Hires Social Worker and NP
- Renovation of Putnam for more office space
- BCBA consultation for summer months
- **Case management services and expansion of resources**
- Integrated care at Adolescent Medicine



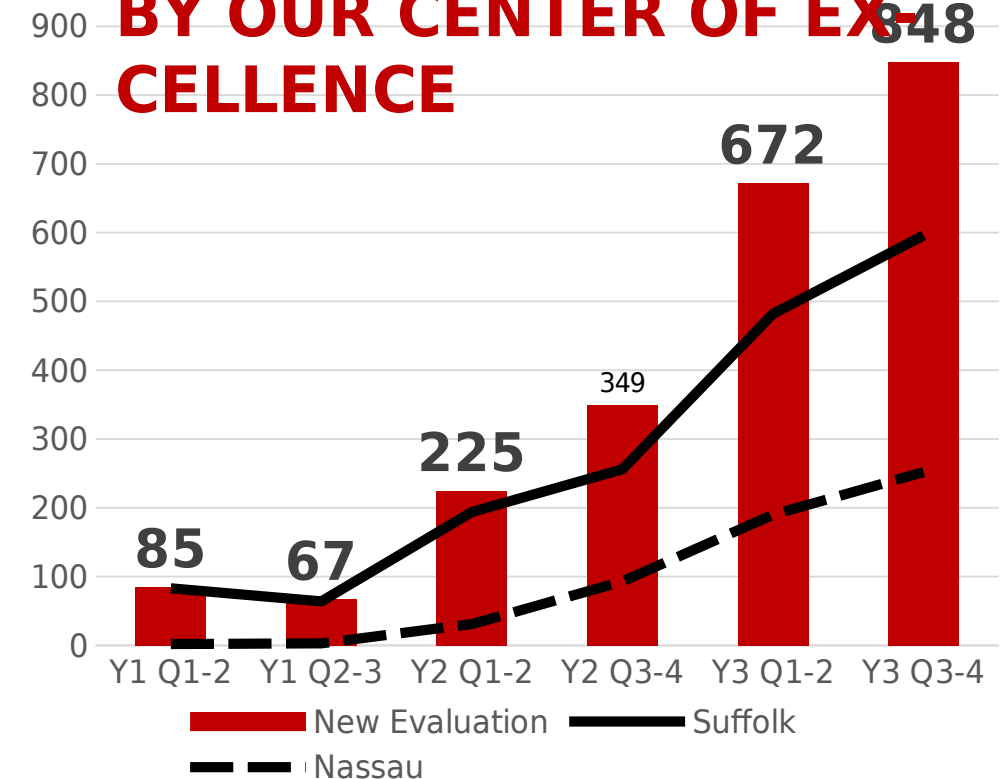
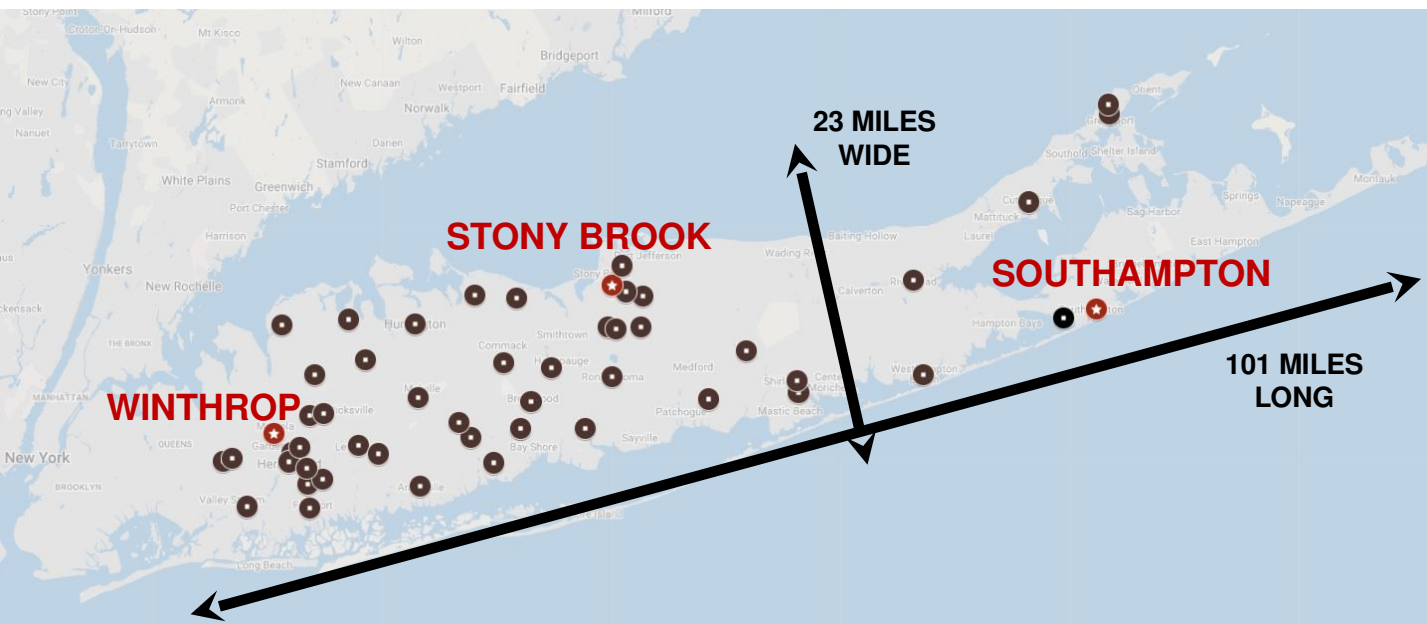


CHILD OPD GOALS

- Consultation evaluations continuing
- New Consult model for Pediatrics
- **Onboarding new patients**
- Call Center
- Increasing Trainee opportunities
- DBT Child Team
- Autism Clinical Research Coordinator

CEAD

ALZHEIMER'S & DEMENTIA DIAGNOSES BY OUR CENTER OF EX- CELLENCE



CENTER OF EXCELLENCE FOR ALZHEIMER'S DISEASE: IMPACT

- Diagnosed **1,520** people with Alzheimer's Disease/Dementia
- Provided follow-up care to **783** individuals
- Provided **22** educational presentations to **500** primary care and specialty care physicians
- Provided **9** educational presentations to **539** medical students and health professions students
- Held **16** educational sessions for **391** non-physician healthcare providers
- **Provided outreach to 2,247 individuals and/or caregivers to raise awareness of Alzheimer's Disease including 1,349 underserved individuals in Suffolk County**
- Provided **3,210** referrals to community providers for services and supports needed for individuals diagnosed with Alzheimer's Disease and their caregivers.

GERIATRICS ACHIEVEMENTS

- Achieved all targets as per year 3 of CEAD grant
- Recruited two social workers to complete CEAD multi-disciplinary team
- Partnered with Stony Brook Medicine, Geriatric Medicine, Neurology and Family Medicine to collaborate on CEAD goals of clinical evaluations and education of primary care physicians, health care professionals and health-care students
- Established CEAD/Putnam hall as primary recruitment site for 2 research studies
- **Recruited Dr. Laura Kunkel to fill Geriatric Psychiatrist position at Putnam Hall/LISVH**
- Established PGY2 Geriatric Psychiatry Rotation at Putnam Hall
- Updated Geriatric Psychiatry Fellowship website and added new rotations (pain and substance use, palliative care, movement disorders) to develop a competitive fellowship program

GERIATRICS GOALS

- Achieve targets set in the Year 4 CEAD work plan
- Recruit geriatric psychiatrist to provide services to the geriatric population on the east end of Long Island (Stony Brook Southampton and ELI hospital) and at the Stony Brook Advanced specialty care center in Commack
- Establish partnerships with NUMC and Catholic Health Services (CHS) hospitals in Nassau and Suffolk County to provide diagnostic and treatment services for AD and related dementia's
- Expand ongoing research collaborations with Dr. Delorenzo and Dr. Brown and collaborate with industry to develop CEAD as a site for clinical trials
- Create and direct Writing Seminar to increase resident and fellow scholarly activities
- Recruit geriatric psychiatry fellow for academic year 2020
- **Start recruiting for newly awarded 5 year \$4.2 million R01.**

CONSULTATION AND LIAISON PSYCHIATRY ACCOMPLISHMENTS 2018-19

Staff

- New: Cynthia Cervoni PhD; Pamela Corcella LCSW

Clinical Service Growth Areas

- Renal Transplantation Psychiatric Evaluations, lead by Walter Piddoubny MD
- **Consultation-Liaison Psychology - Cynthia Cervoni PhD**

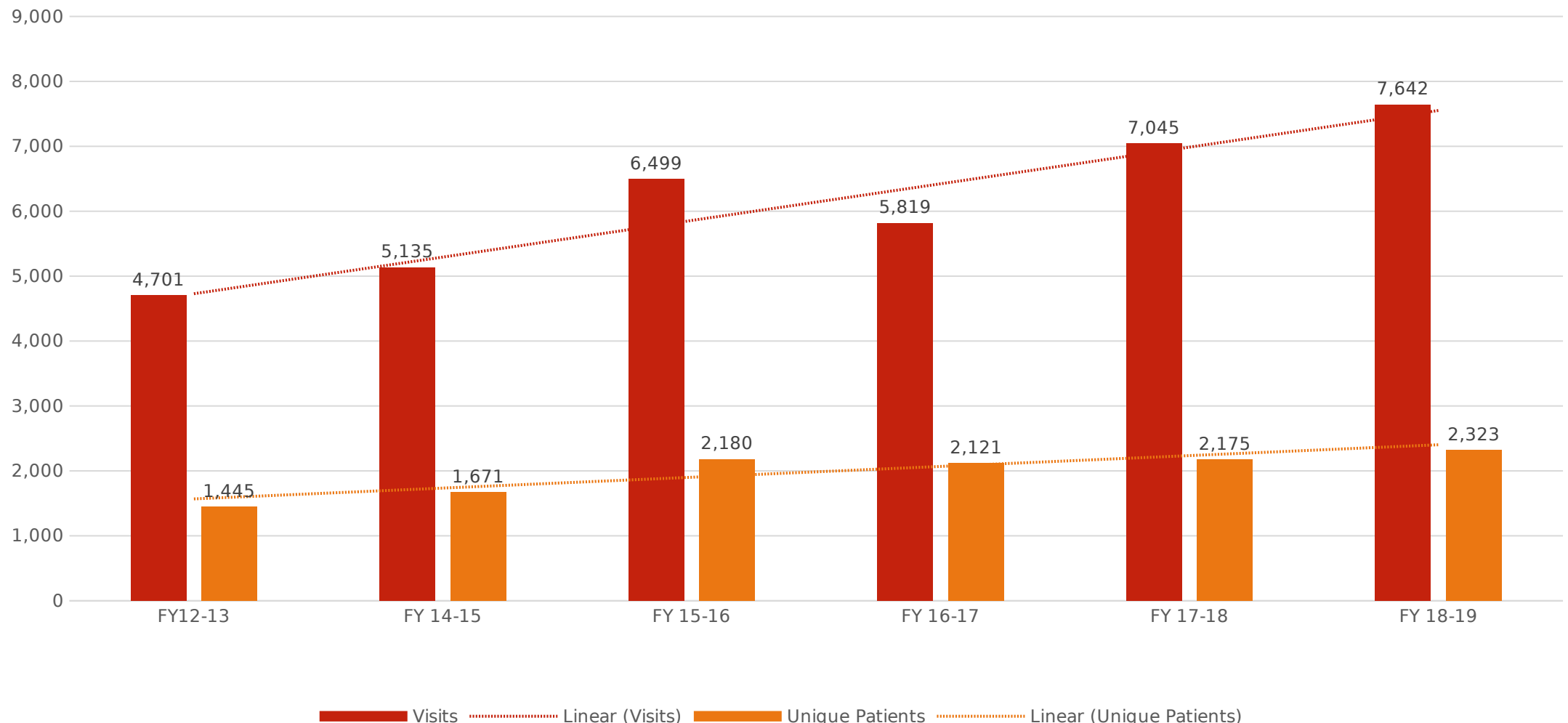
Scholarship

- Psychiatry Grand Rounds - Factitious Disorders
- Publication - The Impact of Integrated Psychiatric Care on Hospital Medicine Length of Stay: A Pre-Post-Intervention Design with a Simultaneous Usual Care Comparison, in Psychosomatics

Education

- Fellowship in Consultation and Liaison Psychiatry
- Graduated Mila Aramian MD. Current position, Primary Care Psychiatrist, Tampa VA
 - Welcome! Zubair Ali MD, 2019-20

ANNUAL PSYCHIATRIC CONSULTATIONS TO MEDICAL SETTINGS



GOALS FOR 2019 - 2020

New Clinical Services

- **Add Substance Use Treatment Arm to Division**

Grow Scholarship Productivity

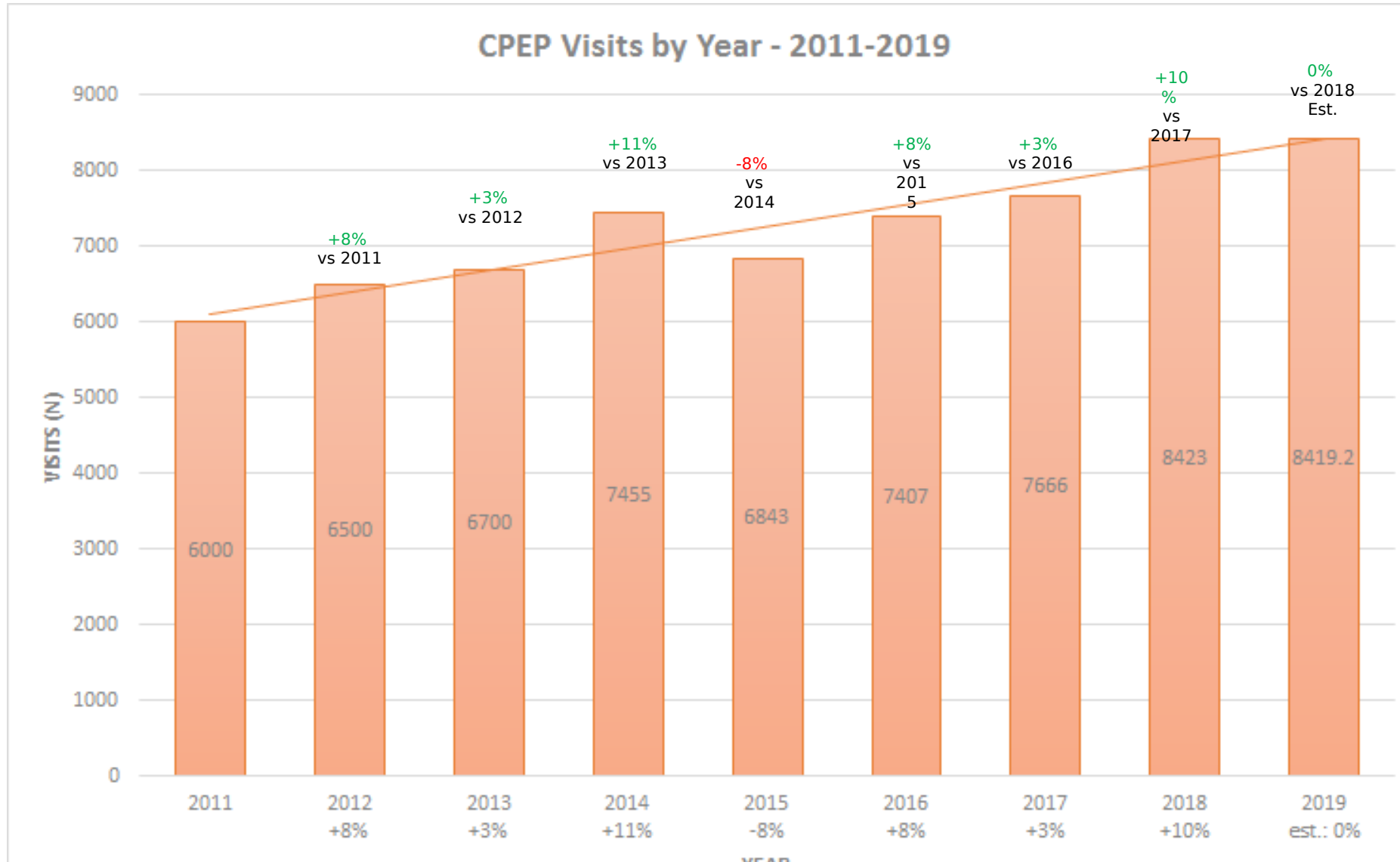
Education

- CL Fellowship
- Growth of Medical Student Initiative

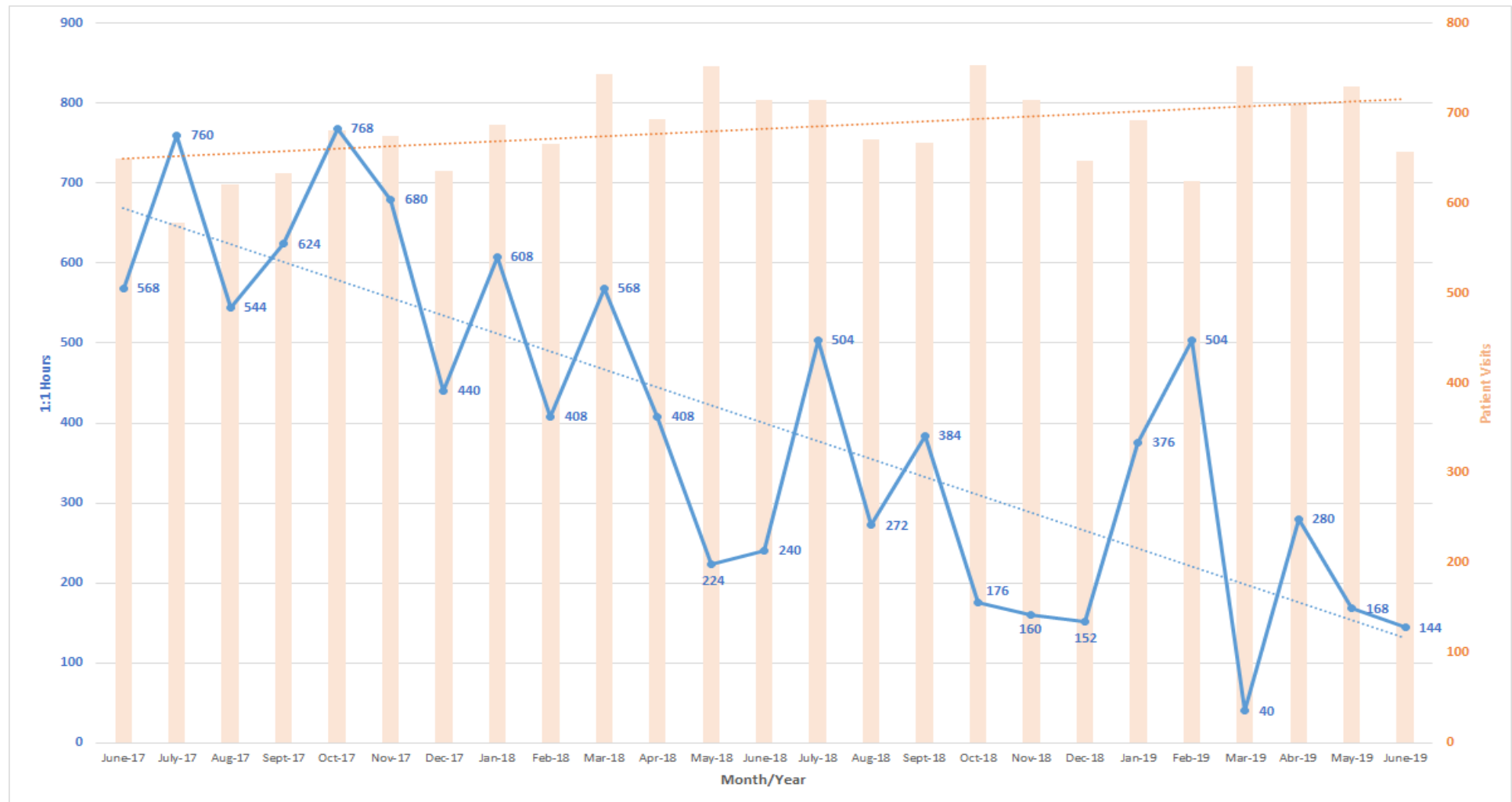
Quality Improvement

- MAT for Opioid Use Disorders

CPEP- VOLUME



REDUCING 1:1 HOURS



CPEP Goals

1. Will be hiring a Psychologist to improve quality of care provided
2. Improved medical treatment- Possible hiring of Medical NP/PA in CPEP
3. Telepsych with SHH/Local ED?
4. **Improve work flow/Throughput from CPEP to 10N/ELIH and from CPEP to local community hospitals to reduce disposition to discharge times**
5. Diversion- Continue to decrease diversion by improving staffing
6. New Overnight SW – Improve patient care/throughput overnight
7. Mobile Crisis Team- 4 SWs follow up with challenging/high risk patients after discharge from CPEP; available 7 days per week
8. Two Psychiatric NPs in the medical ED- Improve patient care/timely consultation for psychiatric patients in the main ED

MIND BODY CLINICAL RESEARCH CENTER

Behavioral Health Services

- **Increased billable patient encounters by 36%**
- Expansion of DBT program (DBT-II/DBT-Adolescent)
- Physician/Staff Wellness: 6 wellness activities (Cardiac surgery; OBGYN; Bariatric Surgery; Hospital-wide)

Teaching/Dissemination Activities

- 7 publications; 63 professional presentations/seminars; 4 media interviews

New Service Roles

Brittain Mahaffey, PhD: Elected to the University Faculty Senate Research Committee; Received a voluntary appt in Psychology

Adam Gonzalez, PhD: Chair, SBM Faculty Diversity Ambassadors' Council; Co-Chair, SBM LGBTQ* Committee; Faculty Sponsor, Medical Student Pride Alliance Chapter

Genna Hymowitz, PhD: Appointed chair of American Society of Metabolic and Bariatric Surgery (ASMBS) Integrated Health Multidisciplinary Care Committee

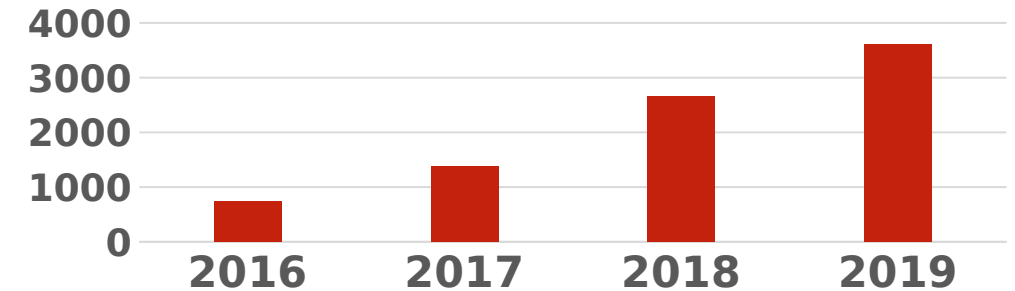
New Grants/Awards/Recognition

- Adam Gonzalez, PhD: R34 NCCIH-Mindfulness-based Dance Movement Therapy for Chronic Low Back Pain; Presidential Diversity Mini Grant- SBU Transgender Health Conference
- Brittain Mahaffey, PhD: K23 NCCHD- *An Internet Delivered Mind-Body Program for Prenatal Maternal Stress*; NIH Loan Repayment Program Renewal Award
- Leslye Casolaro: Admittance to SBU Part-time Masters in Social Work Program

Stony Brook University Consortium Externship/Internship/Post-Doctoral Programs

- Externship: Matched with 6 externs for 2019-2020
- Internship: Added Child/Adolescent Track; Retained 1 intern for post-doc; Matched with 5 interns for 2019-2020
- Post-doctoral: Added 12N rotation; Retained 2 post-docs for Faculty; Recruited 4 post-docs for 2019-2020

Total Encounters



MIND BODY CLINICAL RESEARCH CENTER: 2019-2020 GOALS

- 1. Addition of Weight Management Fee for Service Workshop Series**
2. Addition of 2 clinical/research post-bac support staff
3. Addition of new clinical/research psychologist
4. Increase publications and grant submissions
5. Launch early stage lung cancer-stress management and HIV-Trauma pilot studies
6. Expand Physician/Staff Wellness hospital and outpatient initiatives
7. SBU Transgender Health Conference
8. Launch fundraising campaign

BEHAVIORAL HEALTH: ANNUAL UPDATE

1. Started monthly behavioral health meetings for updates, consultation, and case presentations
- 2. Began DBT intensive training for child and adult providers (Brittain Mahaffey, PhD)**
3. Introduction of DBT and Collaborative Problem Solving skills for 12N
4. Preparation for Social Work Internship Program (Randi Padover, LCSW-R, CASAC)
5. Wil Farquharson, PhD: Department Diversity Representative
 - a) Draft of Department Diversity Strategic Plan

BEHAVIORAL HEALTH: 2019-2020 GOALS

1. Launch Psych-Oncology Program with Cancer Center
2. Expand services for patients living with HIV/AIDS
- 3. Expand DBT services outpatient and inpatient**
4. Launch single-session solution focused intervention study at OPD and Mind Body in collaboration with Jessica Schleider, PhD and Wil Farquharson, PhD
5. Launch Social Work Internship Program (OPD/Mind Body/CEAD)
6. Develop and implement plan for social work staff to obtain C and R designations (where needed)
7. Launch Department Diversity Committee and Diversity Strategic Plan

NURSING AND FUNCTIONAL THERAPY AIDES ACCOMPLISHMENTS

- **PMCS coaches started December 2018 and metrics to measure impact developed and monitored**
- Introduced specialized psychiatric mental health (PMH) nursing foundational education for all department RNs
- Target is to achieve 100% trained by February 2020 currently at 65% completion
- Designed and implemented monthly in-service targeted at department high-risk topics
- Introduced annual education for RNs specialized for PMH, also open to FTA staff
- Increased nursing unit leadership on 10N (clinician)
- Successfully recruited to nursing unit leadership positions on 12N
- Filled all open FTA lines and increased capacity to include float FTA staff
- Interventional Coordinator has developed a PMCS light version of de-escalation skills for role-out in non-psych areas
- Four poster presentations, two at the APNA NY Chapter and two at the APNA national conference

NURSING AND FUNCTIONAL THERAPY AIDES NEXT YEAR

- Present data from PMCS coach team impact to department and hospital stakeholders
- **Roll-out the PMCS-light train-the-trainer model for implementation across the hospital**
- Set up CIT Workgroup and plan the transition of PMCS coach team into the CIT, in collaboration with CL and medicine colleagues
- Relaunch the CIT (interprofessional initiative)
- Design and introduce annual education for Nursing Assistants
- Fill all nursing leadership positions
- Continue to present at relevant national and specialty conferences

CONGRATULATIONS !

- Anissa Abi-Dargham, MD received: The Laurie Endowed Chair and Leiber prize for schizophrenia research from Brain and Behavior Research Fund
- Christine Delorenzo, PhD: received \$3.8 million NIH R01; received \$4.3 million NIH R01; received the 2019 Senior Research Excellence Award from Stony Brook University Faculty
- Brittain Mahaffey, PhD: received a K23 award
- James Swain, MD, PhD: Promotion to Clinical Associate Professor
- Laura Fochtman MD, MBI: Chair of APT Committee

WELCOME

Dr. Jaskanwar Batra, Director of Hospital Psychiatric Services

Dr. Batra will serve as a key clinical leader in our department, responsible for all inpatient and emergency services at Stony Brook Hospital and our affiliated hospitals.

Dr. Batra comes to Stony Brook from NYU Langone Health where he served as Medical Director of the Ambulatory Behavioral Health Family Center. Prior to that Dr. Batra served as Medical Director at the University of Vermont Medical Center.



Margo Ellis, Operational Director and Clinical Administrator

Margo comes to Stony Brook from ProHealth Care where she was responsible for all clinical and administrative operations for 25 clinical practices in Queens, Nassau and Suffolk counties. Prior to that, Margo served as Practice Administrator for Brookhaven Breast Health Services.

Margo has both breadth and depth in multiple settings with multiple providers and brings her wealth of experience and knowledge to Stony Brook Medicine and the Department of Psychiatry.



GRAND ROUNDS 2019-2020

- John Kane, MD – 9/17/19
- Irina Esterlis, PhD – 9/24/19
- Gabrielle Carlson, MD – 10/1/19
- Robert Laitman, MD – 10/8/19
- Charles Robbins, DSW /Rachelle Germana, PhD– 10/15/19
- Sara Weisenbach, PhD – 10/22/19
- Rajita Sinha, PhD – 10/29/19
- Karen Wagner, MD, PhD – 11/5/19
- Anthony Komaroff, MD -11/12/19
- Anna Van Meter, PhD – 11/19/19
- Peter Davies, PhD – 11/26/19
- Deepak D'Souza, MBBS, MD – 12/3/19
- Fred Friedberg, PhD – 12/10/19
- Jeffrey Burke, PhD -12/17/19
- Nikhil Paleker, MD – 1/7/20
- Roscoe Brady, MD, PhD – 1/14/20
- Jon-Kar Zubieta, MD, PhD – 1/21/20
- Carla Mazefsky, PhD – 1/28/20
- Sean Clouston, PhD – 2/4/20
- David Steffens, MD – 2/11/20
- Asif Karim, MD – 2/18/20
- Deirdre Eschler, MD – 2/25/20
- Maura Boldrinin, MD, PhD – 3/3/20
- Daniel Klein, PhD – 3/10/20
- Mark Olfson, MD, MPH – 3/17/20
- Cathy Spatz Widom, PhD – 3/24/20
- Katherine Jonas, PhD – 3/31/20
- Jill Ludin, MD – 4/7/20
- Maya Prabhu, MD. LLB – 4/14/20
- Constantine Lyketsos, MD - 4/21/20
- Brian Bronson, MD/CL Service - 5/5/20
- Ronald Kessler, PhD – 5/11/20
- Monika Waszczuk, PhD – 5/19/20
- Steve Atkins, MD – 5/26/20
- Outpatient Residents – 6/2/20
- Juried Poster Presentation – 6/9/20



COMING SOON

- Quality (self reports)
- Best practices, academic excellence
- Administrative incentive plan

THANK YOU!

- Fellows

- Kristie Golden and Susan Wilner
- Suzie Marriott
- Kevin Kelly, Tyla Yurgel, Margo Ellis
- Vice Chairs and Division Directors
- Ken Kaushansky, Carol Gomes, Ernest Baptiste and Reuven Pasternak
- John Riley and Gary Bie
- Karen Wilk
- Margaret McGovern
- Senior Executive Group
- Administrative Staff (HSC, Hospital, and OPD)
- Behavioral Health Specialists
- Credentialed Alcohol & Substance Abuse Counselors (CASAC)

- IT Team (Kotan, Huysman and Fochtman)
- Nurses
- Nurses Aides
- Nurse Practitioners
- Psychiatrists
- Psychologists
- Recreational Therapists
- Residents
- Social Workers
- Students (medical, nursing, social work, etc.)

UPCOMING EVENTS:

CELEBRATION TONIGHT!

5:00 pm Old Field Club



ANNUAL HOLIDAY CELEBRATION

Friday, December 5, 2019

6 – 9:30 pm Willow Creek Golf Club, Mount Sinai



THANK YOU GIFT TO EXPRESS OUR APPRECIATION

MORE INFORMATION TO FOLLOW!





QUESTIONS?