SEPTEMBER 2019

Department of Psychiatry Annual Report/Celebration

"Better Care for More People"

OVERVIEW BETTER CARE FOR MORE PEOPLE

- Compared to last year we:
 - Advanced our strategic plan (detailed slides available online)
 - Increased patient satisfaction
 - Patients seen increase by 26% to 98,643. **ALL TIME HIGH!**
 - Research grant expenditures increased by 17% to \$ 8,367,613. ALL TIME HIGH!
 - Maintained our rank as best performing rotation for medical students
 - Residents increased to 30 SBU and added 20 slots at ELIH
 - Started formal training relationship with NPs and SWs, continued program with PhDs
 - Hired 21 clinical faculty
 - Clinical revenue increased by 31% to \$10,841,738. ALL TIME HIGH!!
 - Changed the incentive plan
 - Increased total compensation by \sim \$550,000 per year for faculty and staff
 - Didn't do as well with residents in boards and job placement
 - Next year: Focus on substance use disorders and borderline personality disorder

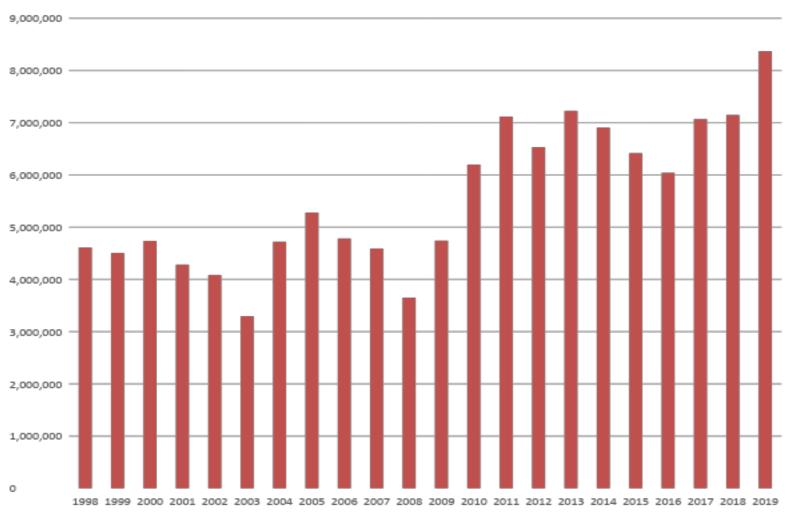
Five Year Strategic Plan 2017-2022

We are meeting the clinical strategic plan goals

- ACCESS
 - CPEP and Inpatient; Ambulatory; Substance Use; Medical Settings
- WORKFORCE
 - Recruitment; Top of License; Productivity; Satisfaction; Trainees
- REVENUE
 - Network Inpatient/EOB Occupancy; Ambulatory Settings
- QUALITY, SAFETY & COMPLIANCE
 - Violence; Suicide; Delirium; Nurse Observers
- REGIONAL PLANNING
 - Workforce; East End Residency; Telehealth



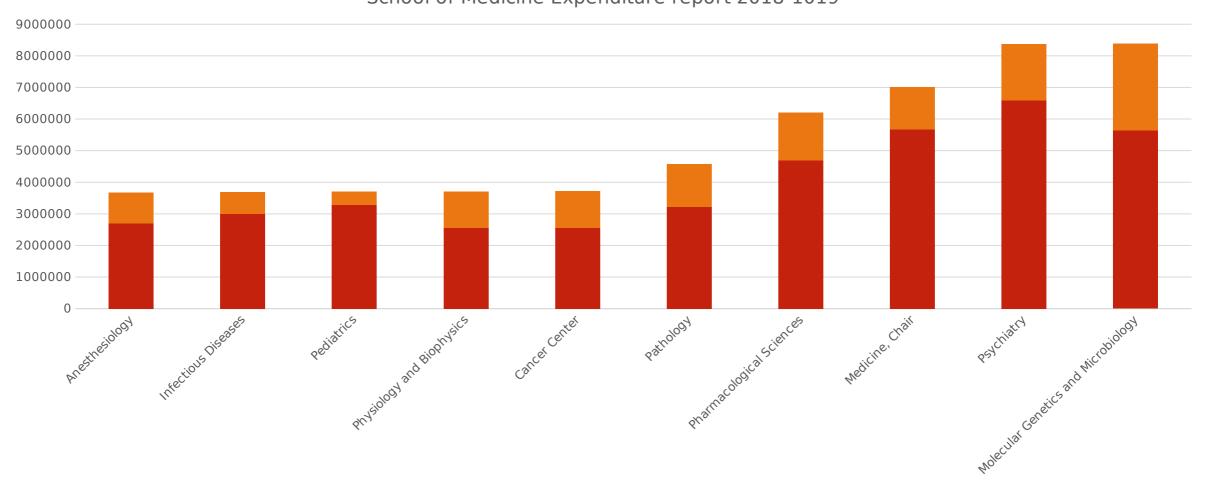
All Time High in Research Expenditures



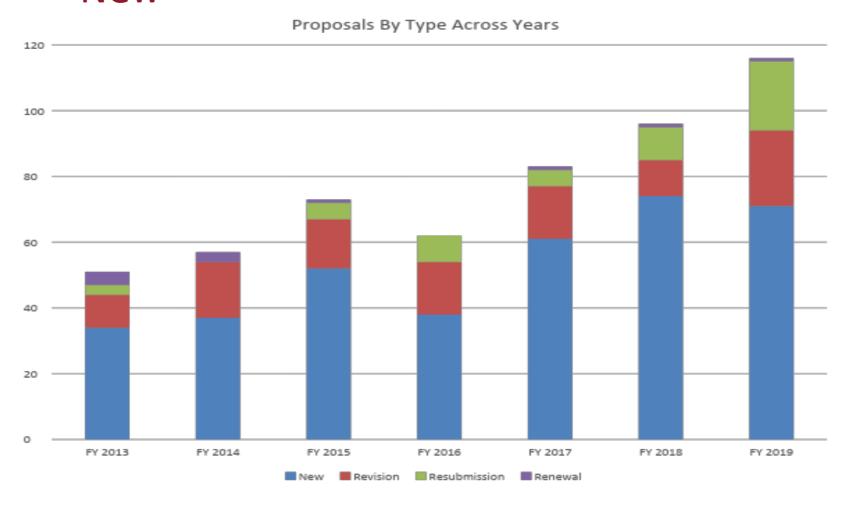
48 total grants 18 new in 2019

Psychiatry was 2nd among SOM Departments

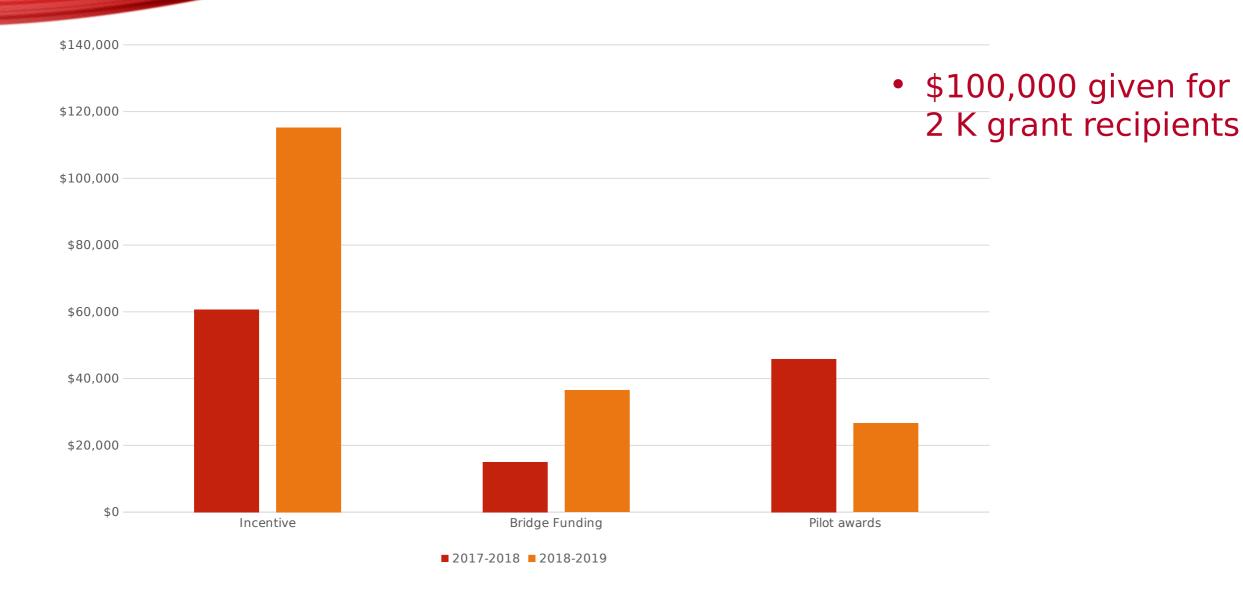
School of Medicine Expenditure report 2018-1019



Most Psychiatry Research Proposals are New



Department Reinvestments in Research



CURRENTLY FUNDED PROJECTS

Award Principal Investigator	Award Name			
Abi-Dargham, Dr. Anissa	Deep rTMS of the Insula for Smoking Cessation in Schizophrenia			
Abi-Dargham, Dr. Anissa	Neurobiological Correlates of Auditory Processing in Health and Disease: and RDoC Study			
Abi-Dargham, Dr. Anissa	Brain Imaging Studies in Schizophrenia			
Abi-Dargham, Dr. Anissa	Individualized Risk Prediction in Persons at Clinicall High-Risk for Psychosis Using Neuromelanin-Sensitive MRI			
Abi-Dargham, Dr. Anissa	Deficient Belief Updating as a Convergent Computational Mechanism of Pyschosis			
Abi-Dargham, Dr. Anissa	Targeting Dopaminergic Mechanisms of Slowing to Improve Late Lite Depression			
Brown, Dr. Stephanie	Active Help, Immune Function and Health Outcomes in Alzheimer's Caregivers			
Carlson, Dr. Gabrielle	Metformin for Overweight and Obese Children and Adolescents with Bipolar Spectrum Disorders Treated with Second-Generation Antipsychotics			
DeLorenzo, Dr. Christine	Advancing Personalized Antidepressant Treatment Using PET/MRI			
DeLorenzo, Dr. Christine	Imaging Memory Circuits in Health and Alzhimer's Disease in Order to Improve Memory Treatments			
DeLorenzo, Dr. Christine	Faculty Dev. Program: Brain Imagin to Improve Diagnosis, Monitoring and Treatment of Depression			
Fox, Dr. Helen	Cognitive Targets for Medications Development in Early Abstinent Alcoholics			
Fox, Dr. Helen	Guanfacine to Reduce Relapse Risk in Women with Alcohol Use Disorder(AUD)			
Fox, Dr. Helen	Guanfacine Target Engagement and Validation to Improve Substance Use Outcomes in Women			
Friedberg, Dr. Fred	ME/CFS: Activity Patterns and Autonomic Dysfunction			
Goldgaber, Dr. Dmitry Y	Apolipoprotein E2 and Brain Aging			
Hsu, Dr. David	Endogenous Opioid Mechanisms for Rejection Sensitivity			
Huang, Dr. Chuan	Neuroinflammation Changes in PTSD Patients with Sleep Disordered Breathing Before and After Treatment with CPAP			
Huang, Dr. Chuan	TRO Walk for Beauty 17-18 & 18-19			
Huang, Dr. Chuan	arly Treatment Response Detection Using Highly Accurate and Reliable Breast Density Measure Derived from MRI			
Kotov, Dr. Roman	Gene Expression and Vulnerability to Depression			
Kotov, Dr. Roman	Personality-Informed Care Model for 9/11-Related Comorbid Conditions			
Kotov, Dr. Roman	Personality-Informed Care Model for 9/11-related Comorbid Conditions			
Mahaffey, Dr. Brittain Lynn	An Internet-Delivered Mind-Body Program for Reducing Prenatal Maternal Stress			

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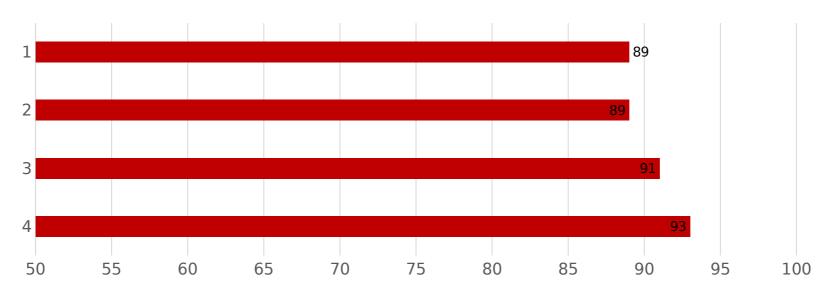
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MEDICAL STUDENT EDUCATION

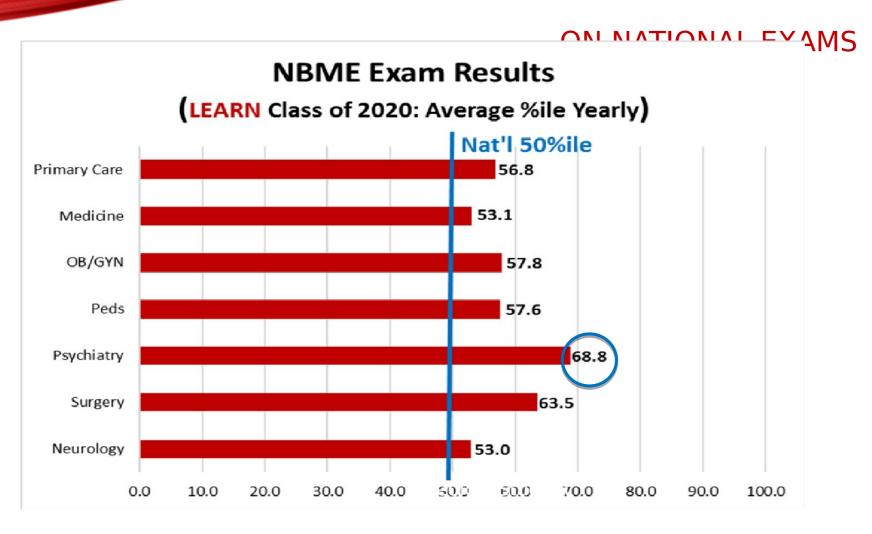
3rd Year Clerkship Director: Adeeb Yacoub, MD

2018-2019 Psychiatry Clerkship Evaluations



- 1- Well structured
- 2- Relevant content
- 3- Conveyed the values, collaboration, respect and integrity
- 4- Course director responsive to students concerns and needs

MEDICAL STUDENTS DO BEST IN PSYCHIATRY



PSYCHIATRY RESIDENCY TRAINING UPDATES

- Increased from 24 to 30 residents
- Started 2nd year of Integrated child, adolescent and adult training program
- 2019 first year Integrated program in The Match (separate NRMP #)
- Started new community psychiatry residency training program: Eastern Long Island Hospital and Southampton Hospital
- Accelerated 3 year medical degree program with Graduate Medical Education immersion: July 2021 -Maxwell Moore
- Removed the VA as a psychiatry training site

NEW RESIDENCY LEADERSHIP



Lauren Spring, MD
 Program Director, Psychiatry Residency Training
 Stony Brook Medicine



 Emily Hill, MD
 Associate Program Director, Psychiatry Residency Training
 Stony Brook Medicine



Mark Lerman, DO
 Program Director, Psychiatry Residency Training
 Eastern Long Island Program



CHIEF RESIDENTS



Steven Atkins, MD



Asif Karim, MD



• Jill Mahon, MD

2018-2019 APPLICATION SEASON

- 1153 ERAS applicants
- >90 applicants interviewed
- Matched 5 PGY-1 residents: Adult Program
- Matched 2 PGY-1 residents: Integrated Training Program
- Post-match 5 PGY-1 residents: New Eastern Long Island Psychiatry Residency





2019-2020 PGY-1 RESIDENTS STONY BROOK MEDICINE

Adult program:



John Banks, DO, Lake Erie College of Osteopathic Medicine, PA



Megan Desai, DO, Touro College of Osteopathic Medicine, NY



Samuel Reinfeld, DO, NYIT COM, NY





Erick Zak, DO, Edward Via COM, Carolinas Campus





Meredith Moser, DO, Touro College of Osteopathic Medicine, NY



Vasudha Pandey, DO, Touro College of Osteopathic Medicine, NY



2019-2020 PGY-1 RESIDENTS EASTERN LONG ISLAND PROGRAM



Michael La Sala, DO, Nova Southeastern University COM, FL



Rosemarie Montecalvo, DO, NYIT COM, NY



Harrison Strom, DO, NYIT COM, NY

Amanda Sukhu, DO, NYIT COM, NY



Emily Watkins, MD, SUNY Downstate, NY



INNOVATIONS IN EDUCATION

- Mentor program
- Integrated care rotation
- Writing seminar
- Leadership experience PGY-3 residents:

 2018-2019 administrative chief residents Dhruti Patel, MD

Sabera Saklayen, MD

• 2019-2020 first scholarly chief resident: Ritvij Satodiya, MD







2019 PSYCHIATRY RESIDENCY MATCH

- # NRMP positions in psychiatry: 1740
- # Applicants: 2767
- # Positions per applicant: 0.7
- # Positions has been increasing 5%/year, BUT still more competitive
- # US seniors that matched into psych: increased 5.9%
- # Osteopathic graduates that matched into psych: increased 6.5%
- # International graduates that matched into psych: decreased 4%
- 18 unmatched positions, 11 programs

RESIDENT SCHOLARLY ACTIVITIES

- Three papers accepted for publication: Adam Bied, MD, Asif Karim, MD, Ritvij Satodiya, MD
- Five papers submitted for publication (being reviewed): Ritvij Satodiya, MD
- 2018 APA: Four poster presentations: Fariya Ali, MD, Asif Karim, MD, Ritvij Satodiya, MD, Ruchi Vikas, DO
- 2018 AACAP:One poster presentation: Ritvij Satodiya, MD
- 2019 APA: Two posters accepted: Ritvij Satodiya, MD
- 2019 AACAP: One poster accepted: Ritvij Satodiya, MD
- Pediatric Congress Oral presentation: Ritvij Satodiya, MD
- Grand Rounds Presentation: Mason Chacko, MD
- May 2019 APA Resident Recognition Award: Ritvij Satodiya, MD
- Curriculum Development: Dhruti Patel, MD & Jonathan Wachtel, MD



RESIDENT GRADUATIONS

2012	2013	2014	2015	2016	2017	2018	2019
6	9	6	6	5	6	10	3



EXCELLENT CHILD FELLOWSHIP & CONSULT & LIAISON FELLOWSHIP

Since 2013, the board pass rate for Child Fellows and Consult & Liaison Fellows is 100%

Child Fellows from the past 5 years are all employed as Child and Adolescent Psychiatrists

C&L fellows from the past 5 years are all employed and went on to a variety of different specialties – Inpatient, CPEP and Outpatient throughout the state of New York

Child Fellows

2018: Northwell and Rutgers University

2016: SB Counseling & Psychological Services

2015: Burrell Behavioral Health, Mercy Clinic West, Stony Brook

Medicine

2014: Queens Psychiatric Hospital

2013: Pine Rest Christian Mental Health Services

C&L Fellows

2017: Westchester Medical Center

2016: NYC Health & Hospitals/Kings

County

2015: Richmond University Medical

Center

Excellent Psychology Training

Stony Brook University Consortium Externship/Internship/Post-Doctoral Programs

- Joint training programs with Krasner Psychological Center (TD: Dina Vivian, PhD)
- APA Accreditation Received Fall 2017 for 10 years
- 4 externs/4 interns/5 post-docs
- CAS and Hospital Support
- Rotations on C&L; 10N; and, CPEP
- Fee for service trainee clinic

GRADUATE STUDENTS

Grad StudentMentorDepartmentYear of graduationPosition immediately after graduationPillai, RajaDelorenzoNeuroscience2018 Medical School

Delaparte, Lauren Delorenzo Psychology 2017 VA

Bartlett, Elizabeth Delorenzo BME 2019 Columbia, Post Doc

Joshi, Nandita Delorenzo EE 2019 Mt. Sinai , Post Doc

Ananth, Mala Delorenzo Neuroscience 2019 NIMH, Post Doc

Yttredahl, Ashley Hsu Psychology 2019 Columbia, Post Doc

Malik, Mohammad Hsu Psychology 2016 Consultant, Financial Services

Fourcade, Elizabeth Hsu Psychiatry 2016 Psychiatrist, Allegheny Health Network, Pittsburgh

Jie Ding Huang Biomedical Engineering 2019 Hong Kong Univ, Post Doc

Karl Spuhler Huang Biomedical Engineering 2019 NYU, Medical Physicist Residency

Naiyun Zhou Huang Biomedical Engineering 2018 Research Scientist, 12 Sigma Technologies

Xiaotong Li Kotov Applied Math 2019 WTC Health Program, Analyst

Kaiqiao Li Kotov Applied Math 2019 Mt. Sinai , Postdoc

Shuyao He Kotov Applied Math 2019 Start-up in financial services

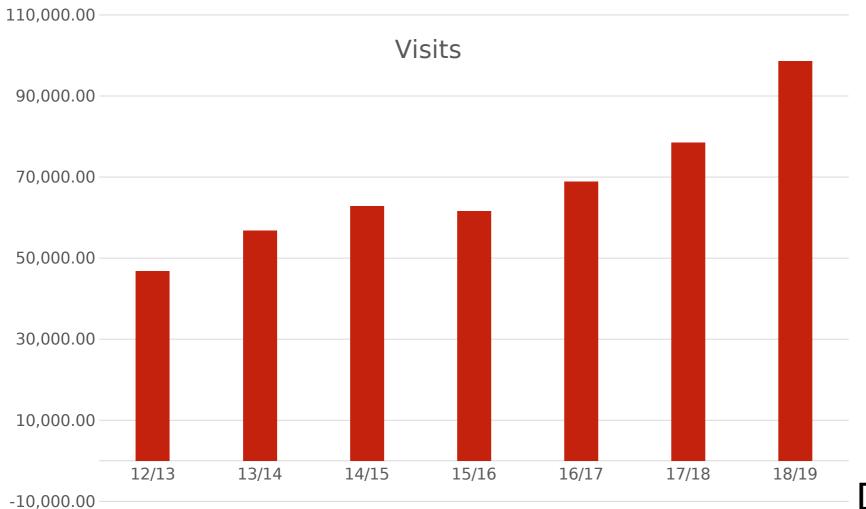
Jingwen Jin Kotov Psychology 2018 University of Hong Kong, Assistant Professor

COMPLETED/PLANNED INITIATIVES IN EDUCATION

- On-line portal is live for psychiatry residents/faculty contains teaching material (PowerPoint presentations, articles) for all journal clubs
- Measures of quality in education via on-line evaluation for all resident/fellow teaching activities
- Creation of an expanded neuroscience curriculum for psychiatry residents that spans all post-graduate years
- First annual educational "retreat" for clinical faculty including an introduction to student-centered learning techniques held in May, 2019
- Implement specific educational training by School of Medicine faculty that focus on new techniques (with a "teaching orientation" for new faculty)
- Create interdisciplinary teaching sessions between MD, PhD, NP, PA, and RN programs
- Create a new outpatient Psychiatry clerkship for medical students

"For More People" **Through Expanded Clinical Services**

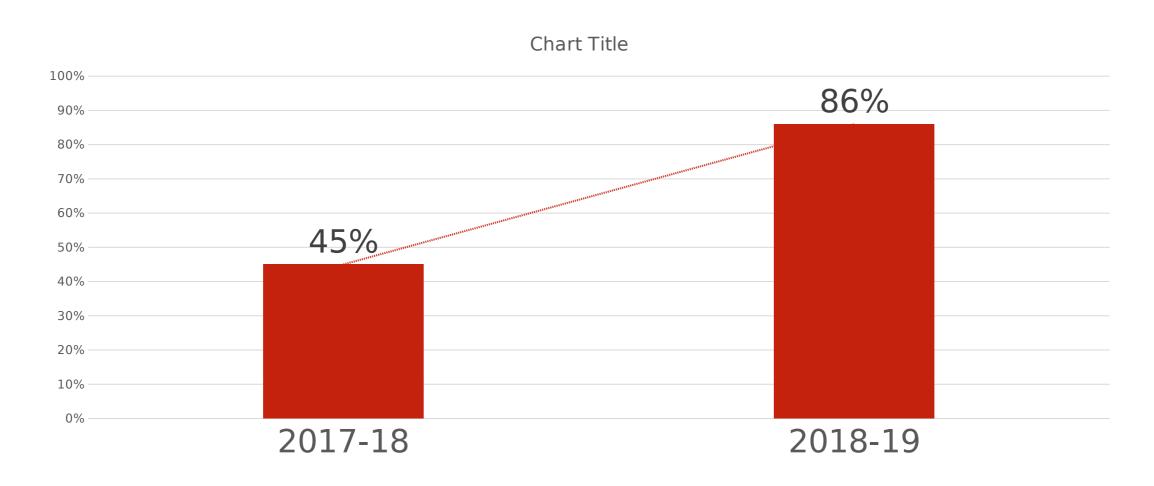
DRAMATIC INCREASE IN PATIENTS SEEN



FY	Visits	Change %
12/13	46,829	21%
13/14	56,841	21%
14/15	62,843	11%
15/16	61,680	-2%
16/17	68,867	10%
17/18	78,476	14%
18/19	98,643	26%

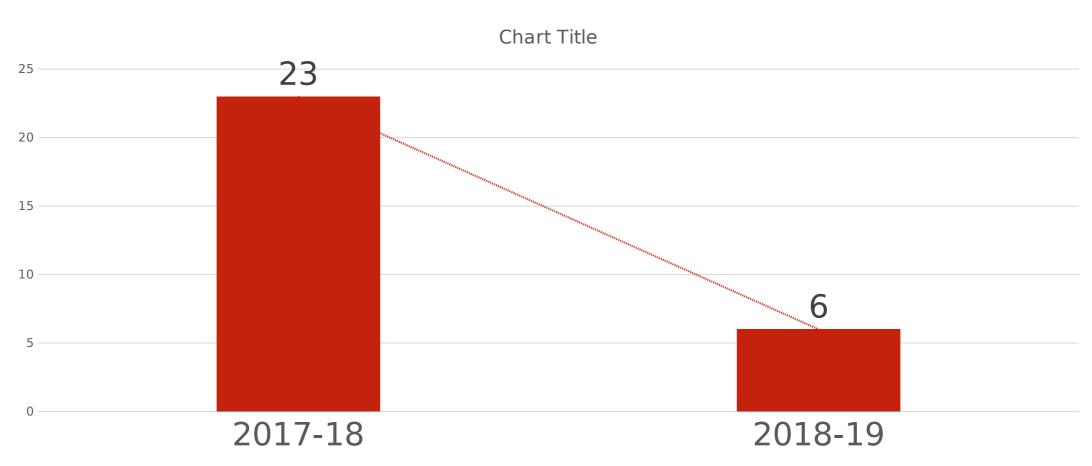
Doubling in 7 years!

% ATTENDING NOTES MEETING DEPARTMENT TIMELINESS STANDARDS

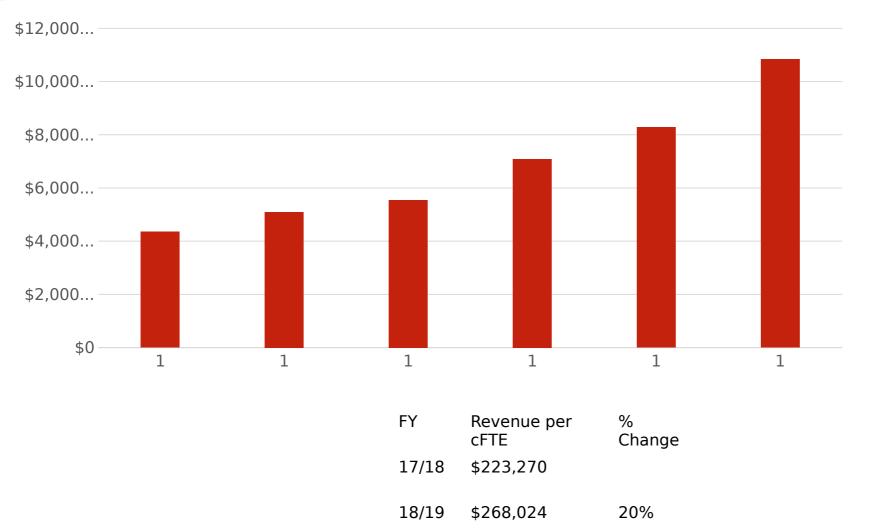


<72 hrs. new evaluations; <24 hrs. follow-up visits)

MEDIAN TIME (HOURS) TO OUTPATIENT ATTENDING NOTE COMPLETION



INCREASING REVENUE, PRODUCTIVITY, AND EFFICIENCY



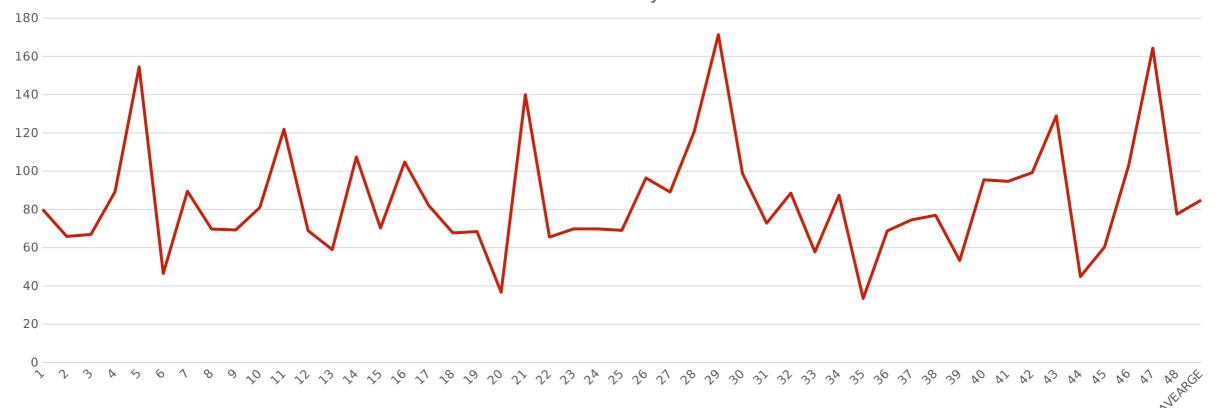
FY	REVENUE	CHANGE %
13/14	4,353,337	39%
14/15	5,096,547	19%
15/16	5,547,978	9%
16/17	7,086,126	28%
17/18	8,277,387	17%
18/19	10,841,73 8	31%

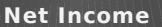
2.5 fold increase

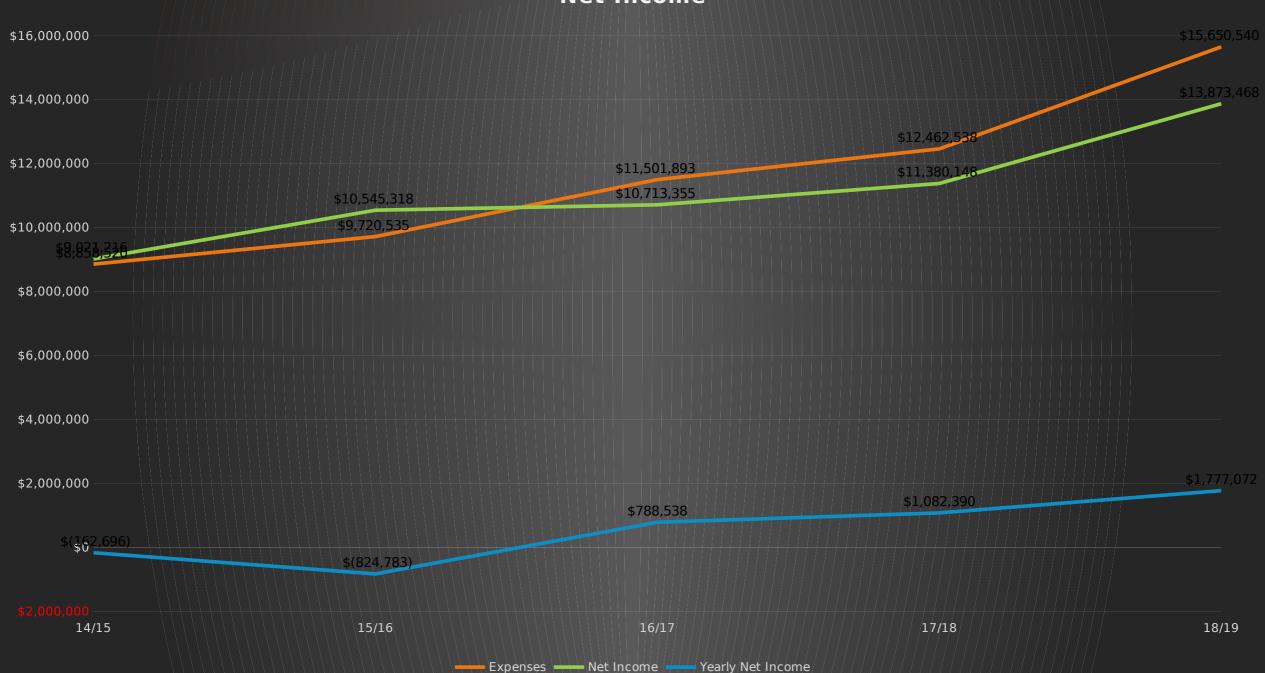
RVU per cFTE	% Change
128,896	
158,040	23%
	128,896

AMAZING PRODUCTIVITY

RVU PERCENTILE JUNE 2018



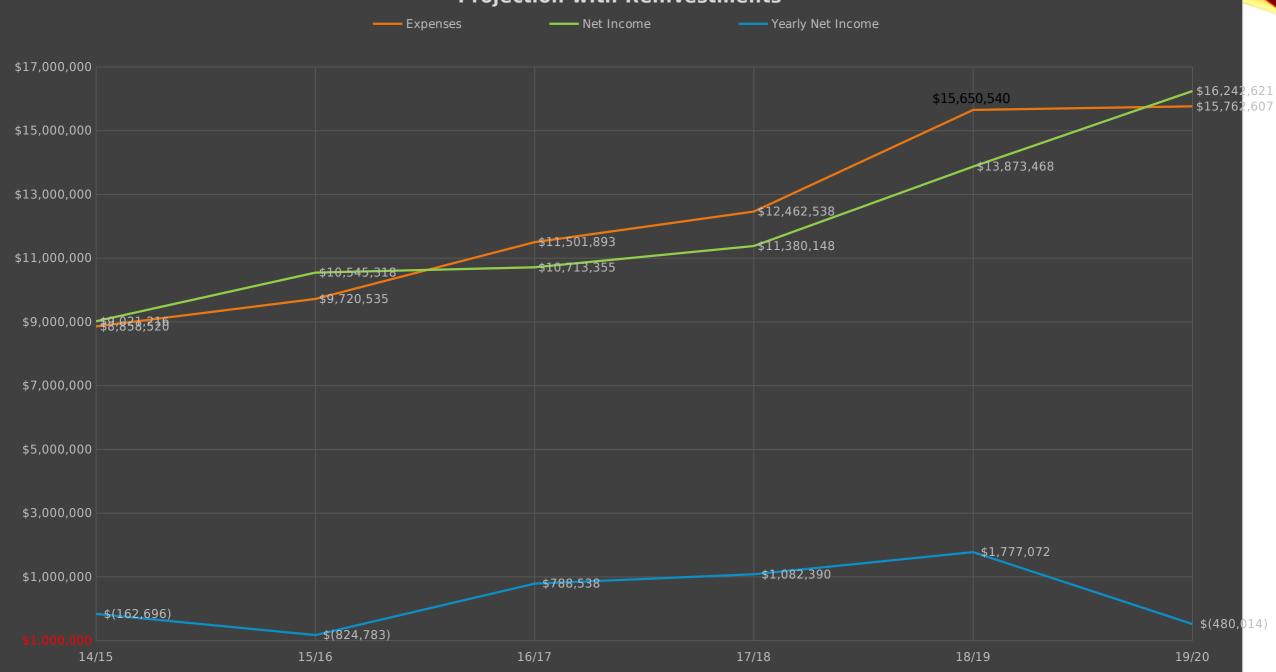




REINVESTMENT

- Raises:
 - AAMC equity for all faculty.
 - 1 faculty got an equity raise in 2016
 - 8 faculty in 2018
 - 31 in 2019
 - Range from \$3k to 42k.
 - Raises for staff.
 - Total cost of ~\$550,000/year ongoing.
- Rent for Commack will be \$230,000/year
- New incentive plan balancing quality and productivity
- Enhanced support services
- Additional outpatient sites

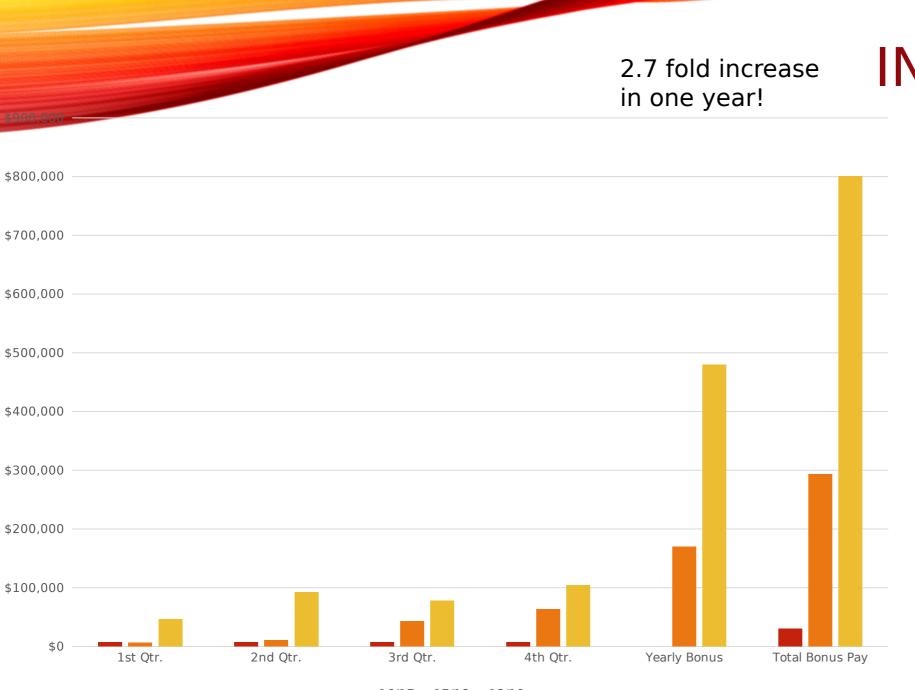
Projection with Reinvestments



EXPANSION OF CLINICAL SERVICES

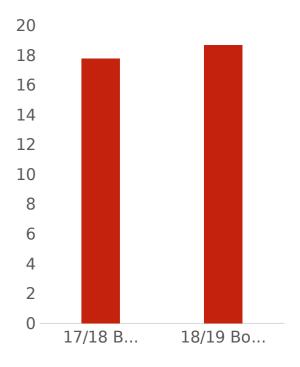
New clinical and support offices at 500 Commack Road, Commack



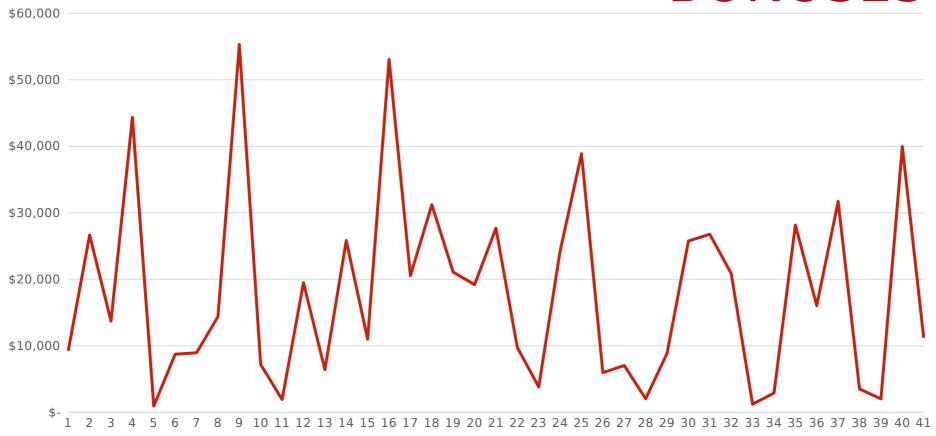


INCENTIVES

Incentive Bonus for Academic Achievement



RANGE OF TOTAL (Q + A) BONUSES PAID



• For current faculty the full year range was \$932 to \$55,298 with a median of \$14,370.

2019 FACULTY INCENTIVE PLAN HIGHLIGHTS

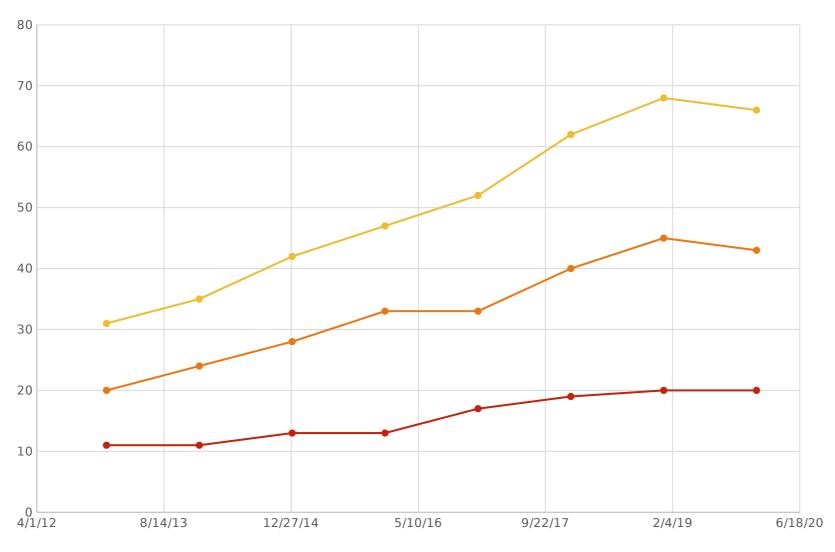
- Minimum is still \$12/RVU above minimum expectation
- OPD Providers see increase:
 - SW- \$13 x cFTE
 - PhD- \$14 x cFTE
 - NP- \$16 x cFTE
 - MD- \$18 x cFTE
- Annual bonus cut in half to pay for raises based on survey
- Will modify every year based on funds and balance with quality

21 UFPC FACULTY COMING

Child Inpatient	Child Outpatient	Integrated Care	Substance Use Disorder	Research	СРЕР	Adult Inpatient	Consult Liaison
Samuel Gartner, MD (July 2019)	Maged Soliman, MD (Sept 2019)	Dodie Gillette, PhD (Sept 2019)	Julia Quinlan, DO (Sept 2019)	Sara Weisenbach, PhD (Aug 2019)	Terese Watkin- Laptiste, MD (Sept 2019)	Melissa Weiss, MD, (Oct 2019)	Mason Chacko (Jan 2020)
	Jessica McCurdy, PhD (Sept 2019)	Jimmy Masters, PhD (Nov 2019)	Tinu Addams, MD (Dec 2019)	Wenchao Qu, PhD (Nov 2019)	Wayne Cotton, MD (Oct 2019)	Maju Koola, MD (Sept 2019)	
	Angela Dougherty, PhD (Aug 2019)	Courtney O'Brien, PhD (Feb 2019)		Chemist, PhD (Jan 2020)	Scott Falkowitz, MD (Oct 2019)		
	Bridget Walsh, NP (Jan 2019)	Anna Coward, PhD (Dec 2019)					
	Lisa Steinberg, NP (Aug 2019)						

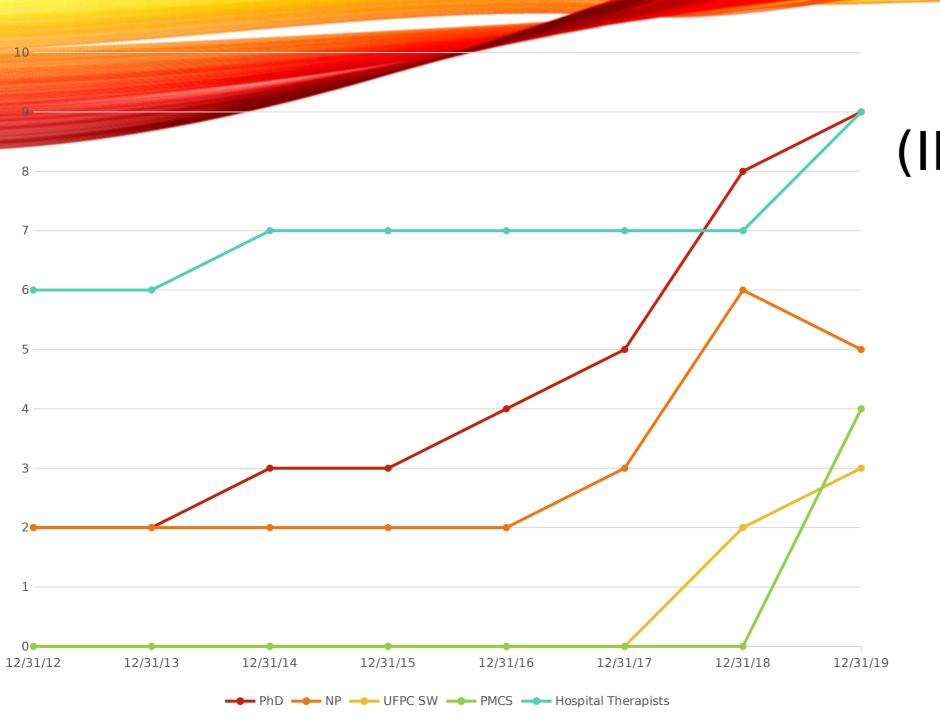


GROWTH



Research Clinical Total

2 fold increase in 7 years



GROWTH (IN PROCESS)

Increased Hospital Workforce by 20

Clinician Nurse Specialist Nurse Educator

Nurses

Behavioral Health Specialists

NucsingACHES **Assistants**JENNIFER BURDISH KATHY GARCIA JACQUELINE ROLON ANGEL SANTANA AVILES

- Lance Levy, RN
- Richard Menjivar, RN
- Reggie Charles, RN
- Richard Menjivar, MS, RN-BC
- James Silva, RN
- Christine Cavataio, RN
- Bryson Okeomo, RN
- Samantha Ruether
- Nicole Kulpa
- Darleen Smith
- Dana Chambers
- Andrew Deptula, PhD
- Cathryn Capuano, LMSW
- Richardo Allen
- Gilbert Aponte
- Shaquanna Edwards
- Jazmine Flores
- Joncy Gomez
- Emmanuel Reynoso Caso
- Andrew Manolakis
- Reggie Moore

- CHRISTOPHER BRIGANTE CTRS INPATIENT ADULT PSYCHIATRY
- ❖ DIANE DIGNON CTRS CPEP, INPATIENT CHILD PSYCHIATRY
 - MELISSA MCGRATH CTRS- INPATIENT CHILD PSYCHIATRY, CPEP
 - ELISA CARLIN CTRS INPATIENT ADULT & CHILD PSYCHIATRY, CPEP, MEDICINE
 - LAURA JEAN SCHNUPP CTRS- INPATIENT ADULT & CHILD PSYCHIATRY, CPEP, MEDICINE
 - * RAYMOND ARCHER CTRS- COMMUNITY RESOURCE, RESEARCH AND DEVELOPMENT

MUSIC THERAPIST

RECREATION THERAPISTS

JON REICHERT MT-BC, LCAT- INPATIENT ADULT & CHILD PSYCHIATRY, CPEP, MEDICINE

ART THERAPIST

JENNIFER HACKER -JOHNSON ATR-BC, LCAT -INPATIENT ADULT & CHILD PSYCHIATRY, CPEP, MEDICINE

OCCUPATIONAL THERAPIST

EMILY BLAKE L/OTR- INPATIENT ADULT PSYCHIATRY

EXPANDING PSYCHOLOGICAL SERVICES

- Increased billable patient encounters by 93%
- Evaluations and Individual CBT-based Therapy
- Groups: SMART; DBT/DBT-U/DBT-II; Chronic Pain;
 Weight Management; Life After Weight-loss Surgery
- Physician/Staff Wellness
- Psychology presence in hospital units (C&L/CPEP/10N)
 - Extension of services for 12N

	Outpatient	% of
Service Type	Encounters	Total
Diagnostic		
Evaluations	293	11%
Individual Therapy	405	15.3%
Group Therapy	957	36%
Bariatric Evaluations	299	11.3%
Trainee Encounters	701	26.4%
Total	2655	100%

New Services: Telehealth Pilot

- The Department of Psychiatry is one of two targeted areas picked by CPMP to pilot the telehealth program
- Psychiatry has been trying unsuccessfully to place a MD/NP on the East End for four years
- Tele-psychiatry will give us the ability to serve patients that need our services on the East End but cannot come to Stony Brook
- In 3-4 months we will deliver services to Southampton outpatients (Meeting House Lane practices) via Telehealth
- Within a year, we expect to be delivering Telehealth services to outpatient clinics serving child/adolescents, adults and geriatric patients and hospital settings

New Services: Treatment Refractor Depression

TMS Clinical Service

- 2017-2018 ~ 30 patients were seen and over 1,000 TMS treatments were administered
- Of these treatments, 1/3 had full treatment response or remission, 1/3 had a partial treatment response and 1/3 had no response

Intranasal Ketamine

- Intranasal Ketamine is a new service that we offer to patients that suffer from extreme depression and suicidal ideation
- Intranasal ketamine is an immediate relief of symptoms
- 3 patients have been successfully treated and 15 more patients are on a wait-list

New Services: Taking Care of Our Own

- The House Staff Clinic (Tanenberg-Karant and Manu) caseload is about 60 resident patients, and have extended services to Southampton residents. Dr. Tanenberg-Karant has seen 84 residents since starting the house staff clinic
- Cynthia Cervoni PhD on the CL team will start providing assistance to faculty and staff in the hospital under the "Stony Brook Medicine Faculty and Staff Care Team"
- Mission: "To provide acute psychological support to Stony Brook Medicine faculty and staff after work-related crises and traumatic events/"

Hospita

- Suzie Marriott, MS, BSN, RN-BC
 Associate Director of Nursing Behavioral Health Services
- Katrice Keenan, BSN, RN-BC
 Nurse Manager, CPEP
- Behavioral Health Specialists (5 on 10N, 1 on 12N,
- PMCS trainers (4 TBH)
- Functional Therapeutic Activities (2 TBH)
- Director of Inpatient Services (TBH)

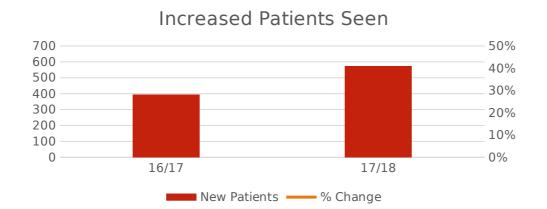
CPEP

- Overnight SW Improve throughout overnight
- Psychiatric NPs in the medical ED- Improve patient care/throughput on the main ED.
- Mobile Crisis Team- 4 SWs follow up with challenging/high risk patients after discharge from CPEP; available 7 days per week
- Psychologist- Improve quality of care provided within CPEP setting especially for EOB cases
- Future goals/plans- Hiring of Medical NP/PA in CPEP

GROWING INTEGRATED CARE



FY	Visits	% Change
16/17	1259	
17/18	2024	61%



FY	Individual Patients Seen	% Change		
16/17	395			
17/18	573	45%		

DESPITE THIS....

- Waitlist in adult OPD is 86. Time to next appointment is 6-8 weeks.
- Waitlist in child OPD is 364. Time to next appointment is 8+ months.
- Refer out 50-60 patients a month.
- We have never advertised internally or externally.
- Telepsych

47.5 JOB OPENINGS

	Addictio n	СРЕР	Interventio nal	C & A	Adult OPD	Child OPD	Geriatri c	C & L	WTC	Adult Inpatie nt	Total
MD/DO	1	.5	1	3	8	4	1	1	1		20.5
PhD	3			2	4				1		10
NP		1			1			2	1		5
LCSWR					3	2					5
RN MGR		1								1	2
RN Leaders		2		2						1	5
Total	4	4.5	1	7	16	6	1	3	3	2	47.5

EASTERN LONG ISLAND HOSPITAL PARTNERSHIP

Stony Brook has joined with Eastern Long Island Hospital to further expand our continuum of care to the east end of Long Island. We are very excited about the potential for growth, both in delivery and access to care for those that need our services, as well as expanding the Stony Brook Medicine footprint.

- 53 behavioral health beds (23 psych, 10 detox, 20 rehab)
- East End residency start-up July 2019
- Increasing census and CPEP throughput
- Collaboration with SUD leadership and programs
- Robust outnationt SIID services and sober residences

Stony Brook Eastern Long Island Hospital Renaissance School of Medicine Stony Brook University

POTENTIAL FURTHER EXPANSION: JOHN J FOLEY



ADULT OUTPATIENT PSYCHIATRY: ACCOMPLISHMENTS

- Streamlined new patient intake process
 - Decreased median wait time from phone call to visit from 76 days to 21 days
 - O Decreased median wait time from electronic consult to visit from 62 days to 44 days
 - Increased new patient volume from 76 new patients per month to 116 new patients per month
- Implemented New Services
 - o TMS
 - o Ketamine
- Hired
 - 0 2 Psychiatrists
 - O 1 Nurse Practitioner
 - 0 1 Psychologist
- Moved Clinical Social Workers to RF

ADULT OPD GOALS

- Patient self-assessments tracked electronically
- Develop call center to improve access and enhance patient experience
- Expand TMS and Ketamine services
- Hired additional interventional psychiatrist
- Develop outpatient addiction psychiatry program
- Hired 2 addiction psychiatrists
- Resident led relapse prevention groups
- Collaborate with Mind and Body to expand DBT program
- Open second location at 500 Commack Road in Fall 2020
- Expand health psychology services to family medicine
 - CBT-Insomnia groups
 - Smoking cessation groups

INTEGRATION: ACCOMPLISHMENTS

- Embedded health psychologists within internal medicine resulting in:
 - 0 130 new patient visits
 - o 476 follow-up visits
- Collaborated with family medicine to develop monthly behavioral health case conference
- Hired:
 - o 2 psychologists

INTEGRATION: GOALS

- Expand health psychology services to family medicine
 - O CBT-Insomnia groups
 - Smoking cessation groups
- Develop health psychology program at Advanced Specialty Care in Commack
 - Obesity Initiative
 - O Hired 1 integrated psychologist
- Start Integration Resident rotation February 2020 at Internal Medicine location
- Add social workers to integrated clinics and enhance patient access to treatment

TELEPSYCHIATRY: ACCOMPLISHMENTS

 Implemented telepsychiatry pilot at Amagansett Primary Care February 2019

TELEPSYCHIATRY GOALS

- Develop health psychology program at Advanced Specialty Care in Commack
 - Obesity Initiative
 - Hire 1 integrated psychologist
- Start Integration Resident rotation February 2020 at Internal Medicine location
- Add social workers to integrated clinics and enhance patient access to treatment
- Expand telepsychiatry to 3 additional primary care locations
 - West Hampton Primary Care
 - East Hampton Primary Care
 - Stony Brook Family Medicine Patchogue
- Begin providing telepsychiatry to patients in their homes
- Credential all OPD faculty in telepsychiatry
- Train all residents in telepsychiatry during 3rd year

10 NORTH - ACCOMPLISHMENTS

- •Implemented MOAS scale to predict aggression on the unit IN February, 2019
- •Started Therapeutic Milieu Committee to improve patient experience and safety felt on the unit
- Press Gainey "patient safety felt on unit" up from 73% in 2017-2018
 to 89% in 2018-2019
- Instituted daily community meeting with patients and staff at 11AM
- Reduced median LOS from 14 days to 12 days
- •Improved response rate on Press-Ganey surveys to 55% in June 2019
- Reduced use of mechanical restraints by 50%
- •Two abstracts accepted to present posters at the national American Psychiatric Nurses Association Conference

10 NORTH - NEXT YEAR

- Improve flow from CPEP to 10 North
- Daily huddle call between units at 10am
- Physician-to-physician handoff on patients going from CPEP to 10N
- Reduce patient-to-patient and patient-to staff violence
- Add to the MOAS spreadsheet interventions used and their association with restraint use and violence
- Improve screening process for trauma at the time of admission in order to provide trauma-informed care

DIVISION OF ADDICTION PSYCHIATRY

130 Psychiatry, Medicine and Emergency Medicine residents/faculty received Buprenorphine waiver training, through Physicians' Clinical Support System

Developed and offered 32 hour SOM Selective (MED 468) on Addiction and Pain (biannually)

With Emergency Medicine, developed ED-based buprenorphine induction program, to begin 9/19, with flow to Putnam services

2 Full Time Addiction Psychiatrists Recruited to initiate SBUMC Putnam outpatient substance use disorder services

Collaboration with Internal Medicine: began pilot opioid addiction treatment in Resident's Continuity Clinic for current SBU patients

SBELIH Quannacut Program successfully moved to new space 2X previous size, space for BH & Primary Care clinical integration

New PGY-3 outpatient rotation in Addiction Psych. at Putnam Hall, winter 2019; New Addiction Psych rotation for SBELIH residents

Conducted successful SB Neuroscience Institute Meeting of the Minds conference, focused on opioids, 12/19/18

DIVISION OF ADDICTION PSYCHIATRY

Implement a cross-discipline SBU addictions steering committee, including West Campus departments

Begin program design, content, and faculty for Addiction Psychiatry Fellowship proposal and ACGME application

Continue interdepartmental collaboration to increase SBU addiction treatment capacity

Research collaborations with Biomedical Informatics and Computer Science to focus on population-level analytics and deep-learning

Support conversion from inpatient opioid detox on inpatient med/surg beds to default buprenorphine induction

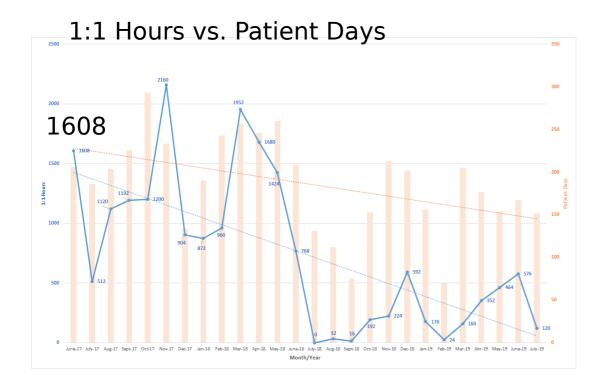
Recruit senior Addiction Research faculty

DIVISION OF CHILD AND ADOLESCENT PSYCHIATRY

- Wil Farquharson, PhD took over from Paul Mitrani, MD as Director of the OPD
- Ilana Yel, DO now runs the pediatric C&L team
- Maria Spera is taking the lead in screening consultations in the OPD
- Dave Margulies, MD left Stony Brook to become Clinical Director at Sagamore CPC; Deborah Weisbrot, MD continues in Western Suffolk BOCES schools
- Gaye Carlson, MD starts her tenure as President of AACAP in October
- The Autism team has been conducting interdisciplinary evaluations and treatment
 - Judith Crowell, MD, Amanda Gorecki, DO, Debra Reicher, PhD, Jennifer Keluskar, PhD, Michael Greenberg, LCSW, & Vicki Novoa Uriarte, MD (behavioral pediatrics)
- Jennifer Keluskar, PhD will become a division liaison for research (Matt Lerner) and clinical services (pediatrics) for children with ASD

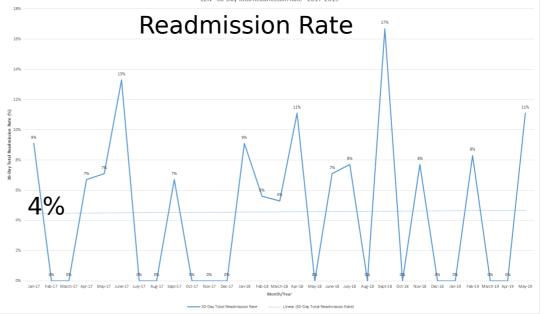
12 NORTH - ACCOMPLISHMENTS

- Newly opened comfort room for patients
- Restraints, physical holds down significantly Seclusion not used in >1 year
- 30 day readmission rate minimally increased, however still very low at \sim 4%
- Patient to staff violence down significantly
- 1:1 usage down
- 12N received Stony Brook "iCare" award for patient safety!
- Press Ganey "patient safety felt on unit" up from 38% in 2017-2018 to 91% 2018-2019
- Workforce BH Specialist, rec therapist vacancies filled, PMCS training and coaches continue to be well utilized on unit
- Psychology Post-doctoral fellow (through consortium) expanded DBT offerings on unit
- Continued quality improvement project on effectiveness of medications for aggression



12 NORTH





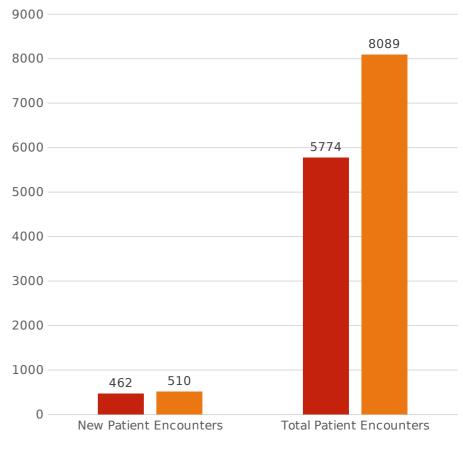
12 NORTH - NEXT YEAR

- New Medical Director Dr. Gartner taking over for Dr. Spring
- Richard Menjivar assuming interim nursing leadership role
- Safety
 - Renewed focus on patient searches and unit security
 - Added lockers for family belongings outside unit
- Updating home training agreement for families
- Expanding the psychology training and offerings on the unit
- Externs, interns, post-doctoral fellows through consortium, supervised by fulltime unit psychologist
- "Unit Improvement Program" improving physical space for the children
- Renewed interest in accepting appropriate direct admissions to unit

CHILD OPD

- Consultation Evaluation Service
- Multidisciplinary Evaluations for the OPD and School Program
- Maintained our work with the School Program
- New Hires Social Worker and NP
- Renovation of Putnam for more office space
- BCBA consultation for summer months
- Case management services and expansion 3000 of resources
- Integrated care at Adolescent Medicine



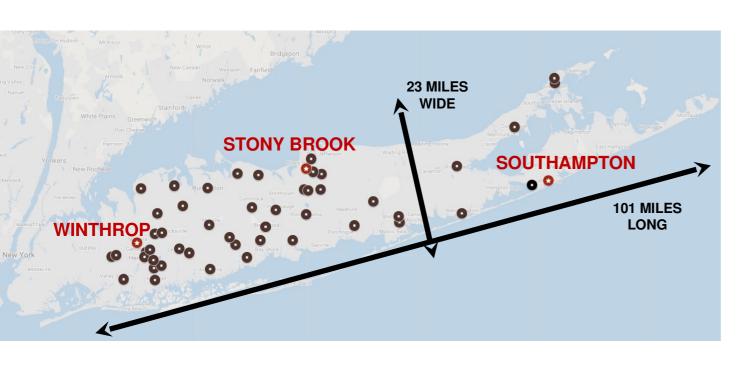


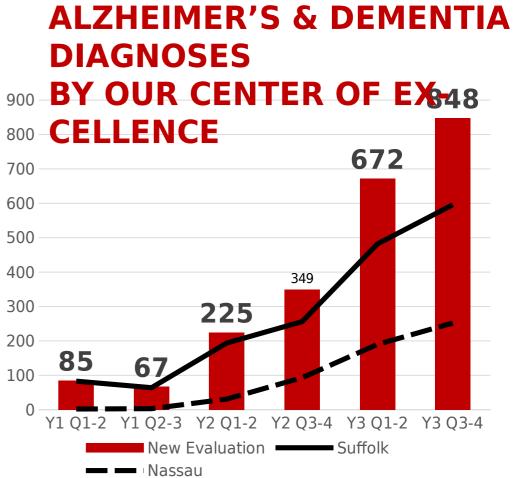
CHILD OPD GOALS

- Consultation evaluations continuing
- New Consult model for Pediatrics
- Onboarding new patients
- Call Center
- Increasing Trainee opportunities
- DBT Child Team
- Autism Clinical Research Coordinator



CEAD





CENTER OF EXCELLENCE FOR ALZHEIMER'S DISEASE: IMPACT

- Diagnosed 1,520 people with Alzheimer's Disease/Dementia
- Provided follow-up care to 783 individuals
- Provided 22 educational presentations to 500 primary care and specialty care physicians
- Provided 9 educational presentations to 539 medical students and health professions students
- Held 16 educational sessions for 391 non-physician healthcare providers
- Provided outreach to 2,247 individuals and/or caregivers to raise awareness of Alzheimer's Disease including 1,349 underserved individuals in Suffolk County
- Provided 3,210 referrals to community providers for services and supports needed for individuals diagnosed with Alzheimer's Disease and their caregivers.

GERIATRICS ACHIEVEMENTS

- Achieved all targets as per year 3 of CEAD grant
- Recruited two social workers to complete CEAD multi-disciplinary team
- Partnered with Stony Brook Medicine, Geriatric Medicine, Neurology and Family Medicine to collaborate on CEAD goals of clinical evaluations and education of primary care physicians, health care professionals and health-care students
- Established CEAD/Putnam hall as primary recruitment site for 2 research studies
- Recruited Dr. Laura Kunkel to fill Geriatric Psychiatrist position at Putnam Hall/LISVH
- Established PGY2 Geriatric Psychiatry Rotation at Putnam Hall
- Updated Geriatric Psychiatry Fellowship website and added new rotations (pain and substance use, palliative care, movement disorders) to develop a competitive fellowship program

GERIATRICS GOALS

- Achieve targets set in the Year 4 CEAD work plan
- Recruit geriatric psychiatrist to provide services to the geriatric population on the east end of Long Island (Stony Brook Southampton and ELI hospital) and at the Stony Brook Advanced specialty care center in Commack
- Establish partnerships with NUMC and Catholic Health Services (CHS)
 hospitals in Nassau and Suffolk County to provide diagnostic and treatment
 services for AD and related dementia's
- Expand ongoing research collaborations with Dr. Delorenzo and Dr. Brown and collaborate with industry to develop CEAD as a site for clinical trials
- Create and direct Writing Seminar to increase resident and fellow scholarly activities
- Recruit geriatric psychiatry fellow for academic year 2020
- Start recruiting for newly awarded 5 year \$4.2 million R01.

CONSULTATION AND LIAISON PSYCHIATRY ACCOMPLISHMENTS 2018-19

Staff

New: Cynthia Cervoni PhD; Pamela Corcella LCSW

Clinical Service Growth Areas

- Renal Transplantation Psychiatric Evaluations, lead by Walter Piddoubny MD
 - * Consultation-Liaison Psychology Cynthia Cervoni PhD

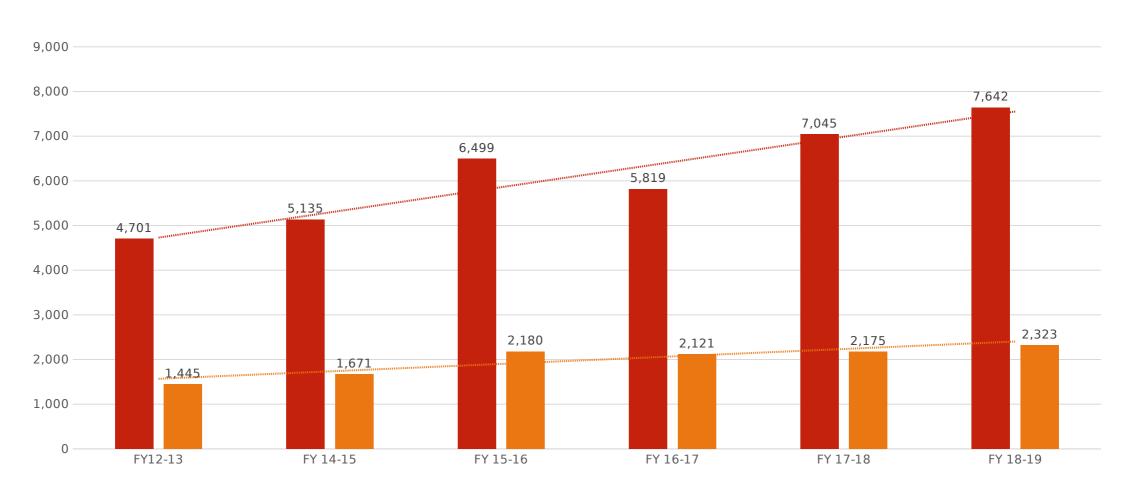
Scholarship

- Psychiatry Grand Rounds Factitious Disorders
- Publication The Impact of Integrated Psychiatric Care on Hospital Medicine Length of Stay: A Pre-Post-Intervention Design with a Simultaneous Usual Care Comparison, in Psychosomatics

Education

- Fellowship in Consultation and Liaison Psychiatry
- Graduated Mila Aramian MD. Current position, Primary Care Psychiatrist, Tampa VA
 - Welcome! Zubair Ali MD, 2019-20

ANNUAL PSYCHIATRIC CONSULTATIONS TO MEDICAL SETTINGS



Visits """"" Linear (Visits) Unique Patients """ Linear (Unique Patients)

GOALS FOR 2019 - 2020

New Clinical Services

Add Substance Use Treatment Arm to Division

Grow Scholarship Productivity

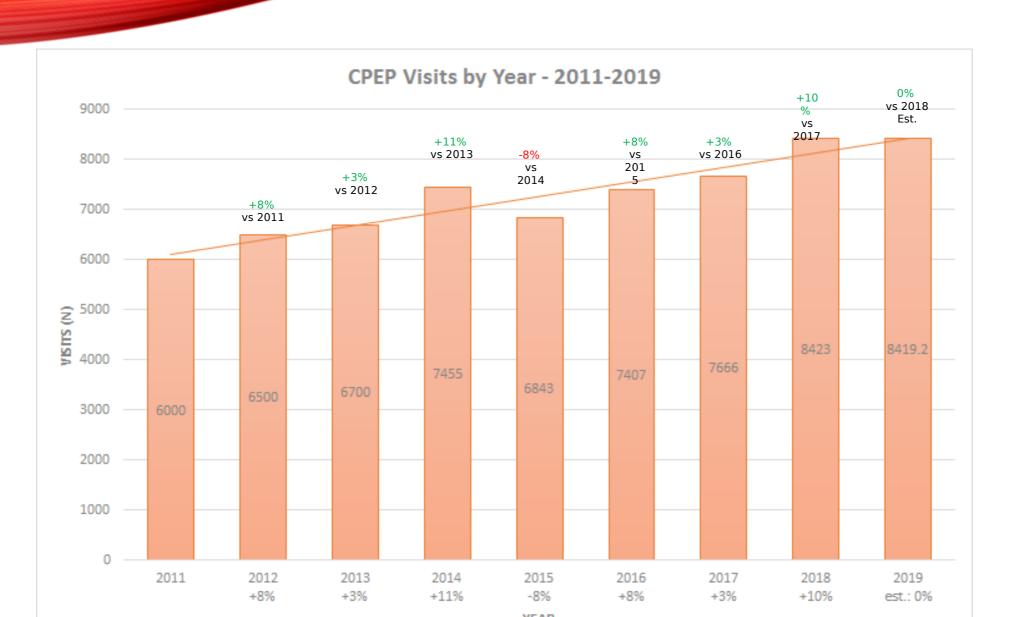
Education

- CL Fellowship
- Growth of Medical Student Initiative

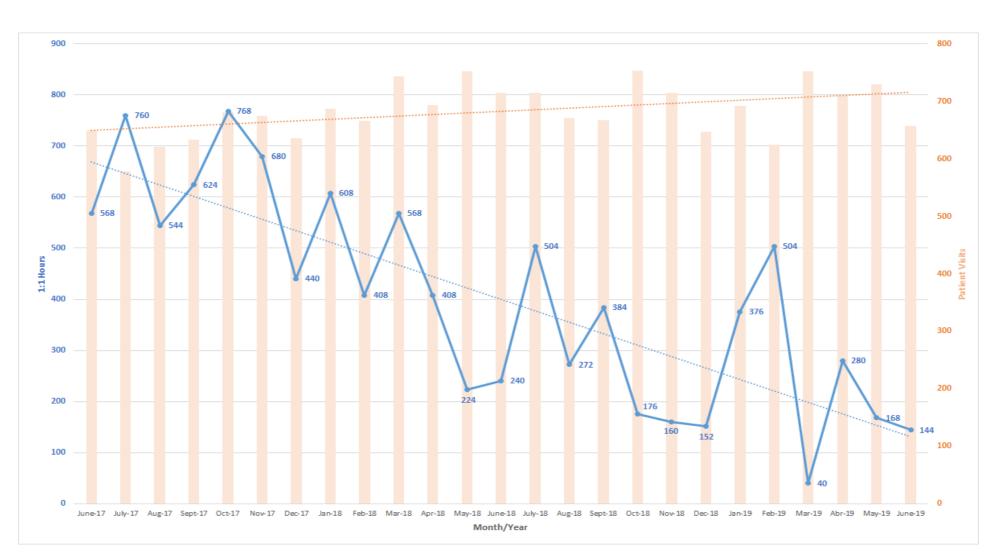
Quality Improvement

MAT for Opioid Use Disorders

CPEP- VOLUME



REDUCING 1:1 HOURS



CPEP Goals

- 1. Will be hiring a Psychologist to improve quality of care provided
- 2. Improved medical treatment- Possible hiring of Medical NP/PA in CPEP
- 3. Telepsych with SHH/Local ED?
- 4. Improve work flow/Throughput from CPEP to 10N/ELIH and from CPEP to local community hospitals to reduce disposition to discharge times
- 5. Diversion- Continue to decrease diversion by improving staffing
- 6. New Overnight SW Improve patient care/throughput overnight
- 7. Mobile Crisis Team- 4 SWs follow up with challenging/high risk patients after discharge from CPEP; available 7 days per week
- 8. Two Psychiatric NPs in the medical ED- Improve patient care/timely consultation for psychiatric patients in the main ED

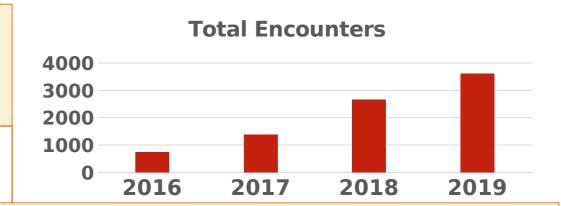
MIND BODY CLINICAL RESEARCH CENTER

Behavioral Health Services

- Increased billable patient encounters by 36%
- Expansion of DBT program (DBT-II/DBT-Adolescent)
- Physician/Staff Wellness: 6 wellness activities (Cardiac surgery; OBGYN; Bariatric Surgery; Hospital-wide)

Teaching/Dissemination Activities

7 publications; 63 professional presentations/seminars; 4 media interviews



New Service Roles

Brittain Mahaffey, PhD: Elected to the University Faculty Senate Research Committee; Received a voluntary appt in Psychology Adam Gonzalez, PhD: Chair, SBM Faculty Diversity Ambassadors' Council; Co-Chair, SBM LGBTQ* Committee; Faculty Sponsor, Medical Student Pride Alliance Chapter

Genna Hymowitz, PhD: Appointed chair of American Society of Metabolic and Bariatric Surgery (ASMBS) Integrated Health Multidisciplinary Care Committee

New Grants/Awards/Recognition

- Adam Gonzalez, PhD: R34 NCCIH-Mindfulness-based Dance Movement Therapy for Chronic Low Back Pain; Presidential Diversity Mini Grant-SBU Transgender Health Conference
- Brittain Mahaffey, PhD: K23 NCCHD- An Internet Delivered Mind-Body Program for Prenatal Maternal Stress; NIH Loan Repayment Program Renewal Award
- Leslye Casolaro: Admittance to SBU Part-time Masters in Social Work Program

Stony Brook University Consortium Externship/Internship/Post-Doctoral Programs

- Externship: Matched with 6 externs for 2019-2020
- Internship: Added Child/Adolescent Track; Retained 1 intern for post-doc; Matched with 5 interns for 2019-2020
- Post-doctoral: Added 12N rotation; Retained 2 post-docs for Faculty; Recruited 4 post-docs for 2019-2020

MIND BODY CLINICAL RESEARCH CENTER: 2019-2020 GOALS

- 1. Addition of Weight Management Fee for Service Workshop Series
- 2. Addition of 2 clinical/research post-bac support staff
- 3. Addition of new clinical/research psychologist
- 4. Increase publications and grant submissions
- 5. Launch early stage lung cancer-stress management and HIV-Trauma pilot studies
- 6. Expand Physician/Staff Wellness hospital and outpatient initiatives
- 7. SBU Transgender Health Conference
- 8. Launch fundraising campaign

BEHAVIORAL HEALTH: ANNUAL UPDATE

- 1. Started monthly behavioral health meetings for updates, consultation, and case presentations
- 2. Began DBT intensive training for child and adult providers (Brittain Mahaffey, PhD)
- 3. Introduction of DBT and Collaborative Problem Solving skills for 12N
- 4. Preparation for Social Work Internship Program (Randi Padover, LCSW-R, CASAC)
- 5. Wil Farquharson, PhD: Department Diversity Representative a) Draft of Department Diversity Strategic Plan

BEHAVIORAL HEALTH: 2019-2020 GOALS

- 1. Launch Psych-Oncology Program with Cancer Center
- 2. Expand services for patients living with HIV/AIDS
- 3. Expand DBT services outpatient and inpatient
- Launch single-session solution focused intervention study at OPD and Mind Body in collaboration with Jessica Schleider, PhD and Wil Farquharson, PhD
- 5. Launch Social Work Internship Program (OPD/Mind Body/CEAD)
- 6. Develop and implement plan for social work staff to obtain C and R designations (where needed)
- 7. Launch Department Diversity Committee and Diversity Strategic Plan

NURSING AND FUNCTIONAL THERAPY AIDES ACCOMPLISHMENTS

- PMCS coaches started December 2018 and metrics to measure impact developed and monitored
- Introduced specialized psychiatric mental health (PMH) nursing foundational education for all department RNs
- Target is to achieve 100% trained by February 2020 currently at 65% completion
- Designed and implemented monthly in-service targeted at department high-risk topics
- Introduced annual education for RNs specialized for PMH, also open to FTA staff
- Increased nursing unit leadership on 10N (clinician)
- Successfully recruited to nursing unit leadership positions on 12N
- Filled all open FTA lines and increased capacity to include float FTA staff
- Interventional Coordinator has developed a PMCS light version of de-escalation skills for role-out in non-psych areas
- Four poster presentations, two at the APNA NY Chapter and two at the APNA national conference

NURSING AND FUNCTIONAL THERAPY AIDES NEXT YEAR

- Present data from PMCS coach team impact to department and hospital stakeholders
- Roll-out the PMCS-light train-the-trainer model for implementation across the hospital
- Set up CIT Workgroup and plan the transition of PMCS coach team into the CIT, in collaboration with CL and medicine colleagues
- Relaunch the CIT (interprofessional initiative)
- Design and introduce annual education for Nursing Assistants
- Fill all nursing leadership positions
- Continue to present at relevant national and specialty conferences

CONGRATULATIONS!

- Anissa Abi-Dargham, MD received: The Laurie Endowed Chair and Leiber prize for schizophrenia research from Brain and Behavior Research Fund
- Christine Delorenzo, PhD: received \$3.8 million NIH RO1; received \$4.3 million NIH RO1; received the 2019 Senior Research Excellence Award from Stony Brook University Faculty
- Brittain Mahaffey, PhD: received a K23 award
- James Swain, MD, PhD: Promotion to Clinical Associate Professor
- Laura Fochtmann MD, MBI: Chair of APT Committee

WELCOME

Dr. Jaskanwar Batra, Director of Hospital Psychiatric Services

Dr. Batra will serve as a key clinical leader in our department, responsible for all inpatient and emergency services at Stony

Brook Hospital and our affiliated hospitals.

Dr. Batra comes to Stony Brook from NYU Langone Health where he served as

Medical Director of the Ambulatory Behavioral Health Family Center. Prior to that

Dr. Batra served as Medical Director at the University of Vermont Medical Center.

Margo Ellis, Operational Director and Clinical Administrator Margo Comes to Stony Brook from ProHealth Care

Margo comes to Stony Brook from ProHealth Care where she was responsible for all clinical and administrative operations For 25 clinical practices in Queens, Nassau and Suffolk counties. Prior to that, Margo served as Practice Administrator for Brookhaven

Breast Health Services.

Margo has both breadth and depth in multiple settings with multiple providers and brings her wealth of experience and knowledge to Stony Brook Medicine rtment of Psychiatry.

GRAND ROUNDS 2019-2020

- John Kane, MD 9/17/19
- Irina Esterlis, PhD 9/24/19
- Gabrielle Carlson, MD 10/1/19
- Robert Laitman, MD 10/8/19
- Charles Robbins, DSW /Rachelle Germana, PhD- 10/15/19
- Sara Weisenbach, PhD 10/22/19
- Rajita Sinha, PhD 10/29/19
- Karen Wagner, MD, PhD 11/5/19
- Anthony Komaroff, MD -11/12/19
- Anna Van Meter, PhD 11/19/19
- Peter Davies, PhD 11/26/19
- Deepak D'Souza, MBBS, MD 12/3/19

- Fred Friedberg, PhD 12/10/19
- Jeffrey Burke, PhD -12/17/19
- Nikhil Paleker, MD 1/7/20
- Roscoe Brady, MD, PhD 1/14/20
- Jon-Kar Zubieta, MD, PhD 1/21/20
- Carla Mazefsky, PhD 1/28/20
- Sean Clouston, PhD 2/4/20
- David Steffens, MD 2/11/20
- Asif Karim, MD 2/18/20
- Deirdre Eschler, MD 2/25/20
- Maura Boldrinin, MD, PhD 3/3/20
- Daniel Klein, PhD 3/10/20
- Mark Olfson, MD, MPH 3/17/20

- Cathy Spatz Widom, PhD 3/24/20
- Katherine Jonas, PhD 3/31/20
- Jill Ludin, MD 4/7/20
- Maya Prabhu, MD. LLB 4/14/20
- Constantine Lyketsos, MD 4/21/20
- Brian Bronson, MD/CL Service -5/5/20
- Ronald Kessler, PhD 5/11/20
- Monika Waszczuk, PhD 5/19/20
- Steve Atkins, MD 5/26/20
- Outpatient Residents 6/2/20
- Juried Poster Presentation 6/9/20

COMING SOON

- Quality (self reports)
- Best practices, academic excellence
- Administrative incentive plan

THANK YOU!

Fellows

- Kristie Golden and Susan Wilner
- Suzie Marriott
- Kevin Kelly, Tyla Yurgel, Margo Ellis
- Vice Chairs and Division Directors
- Ken Kaushansky, Carol Gomes, Ernest Baptiste and Reuven Pasternak
- John Riley and Gary Bie
- Karen Wilk
- Margaret McGovern
- Senior Executive Group
- Administrative Staff (HSC, Hospital, and OPD)
- Behavioral Health Specialists
- Credentialed Alcohol & Substance Abuse Counselors (CASAC)

- IT Team (Kotan, Huysman and Fochtmann)
- Nurses
- Nurses Aides
- Nurse Practitioners
- Psychiatrists
- Psychologists
- Recreational Therapists
- Residents
- Social Workers
- Students (medical, nursing, social work, etc.)

UPCOMING EVENTS:

CELEBRATION TONIGHT! 5:00 pm Old Field Club

ANNUAL HOLIDAY CELEBRATION

Friday, December 5, 2019 6 – 9:30 pm Willow Creek Golf Club, Mount Sinai



THANK YOU GIFT TO EXPRESS OUR APPRECIATION

MORE INFORMATION TO FOLLOW!



Stony Brook University Hospital 2017-19

FIVE YEAR CLINICAL STRATEGIC PLAN (2017-22)

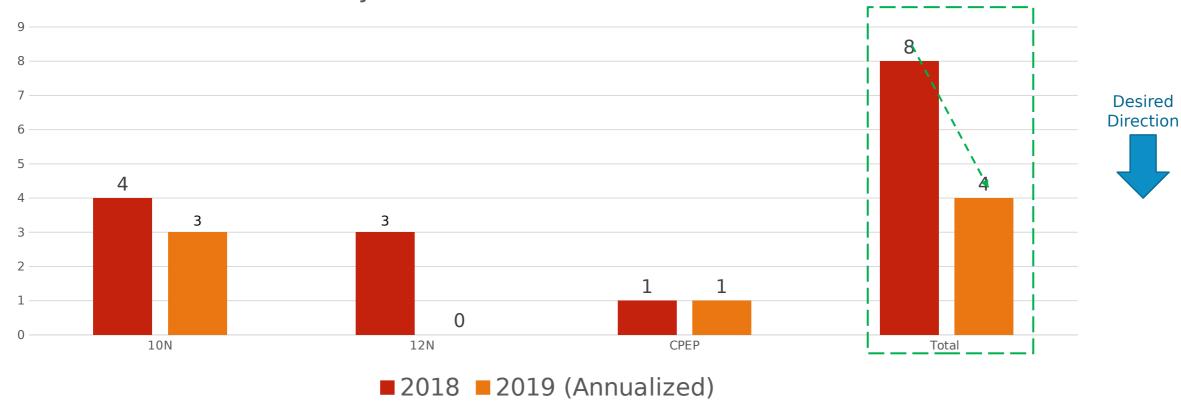
- I. Access: Improve access to care for our regional population, across the continuum of psychiatric and substance use services, with additional attention to referrals from within our network.
- II. **Quality**: Intensify and integrate our approach to quality and safe patient care, patient satisfaction and compliance with regulatory requirements.
- III. **Revenue**: Optimize revenue to sustain and support the growth of mental health and substance use services for our population.
- IV. **Workforce**: Develop a robust, interdisciplinary mental health care and substance use workforce across our growing network that can meet the needs of our target populations.
- V. Regional Planning: Participate in regional and county-specific planning efforts through committee participation to identify and improve gaps in services.

GOAL: QUALITY AND SAFETY



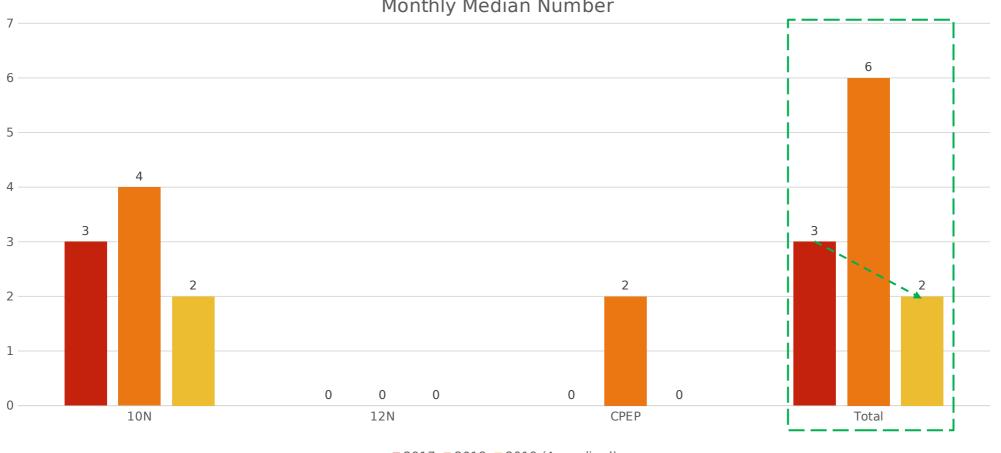
WORKPLACE VIOLENCE - STAFF SAFETY

Monthly Median Patient to Staff Assaults



PATIENT SAFETY-ASSAULTS

Patient to Patient Assaults Monthly Median Number

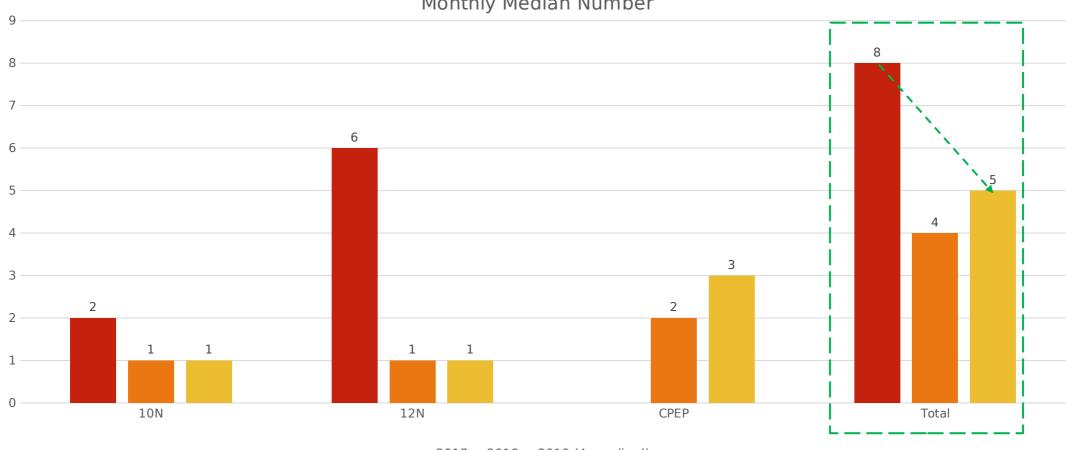




PATIENT SAFETY – MECHANICAL RESTRAINTS Mechanical restraints

Mechanical restraints

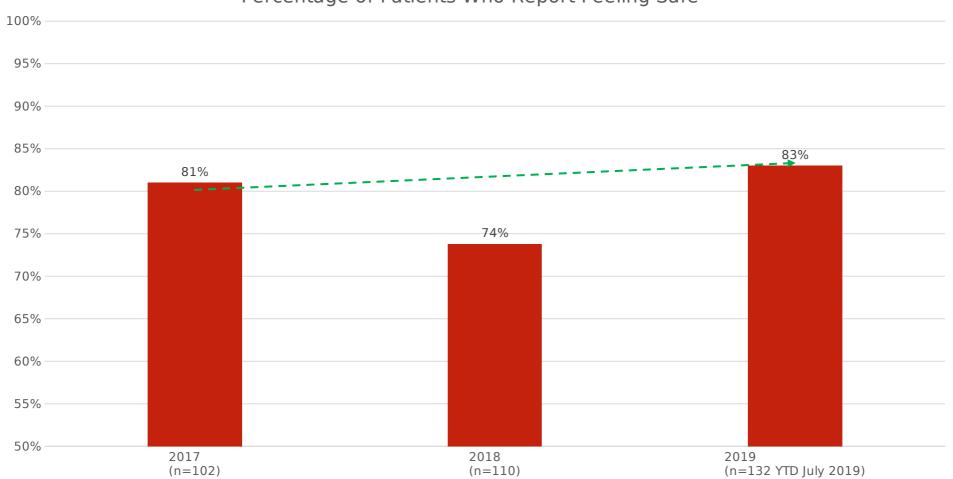
Monthly Median Number





PATIENT SAFETY -PRESS GANEY

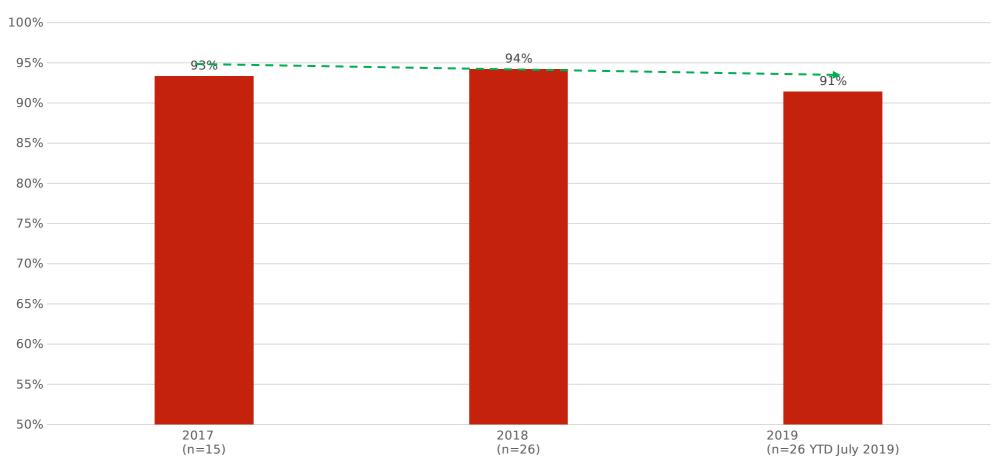
Safety Felt by Patients on 10N - Press Ganey SB vs NY Hospitals Percentage of Patients Who Report Feeling Safe





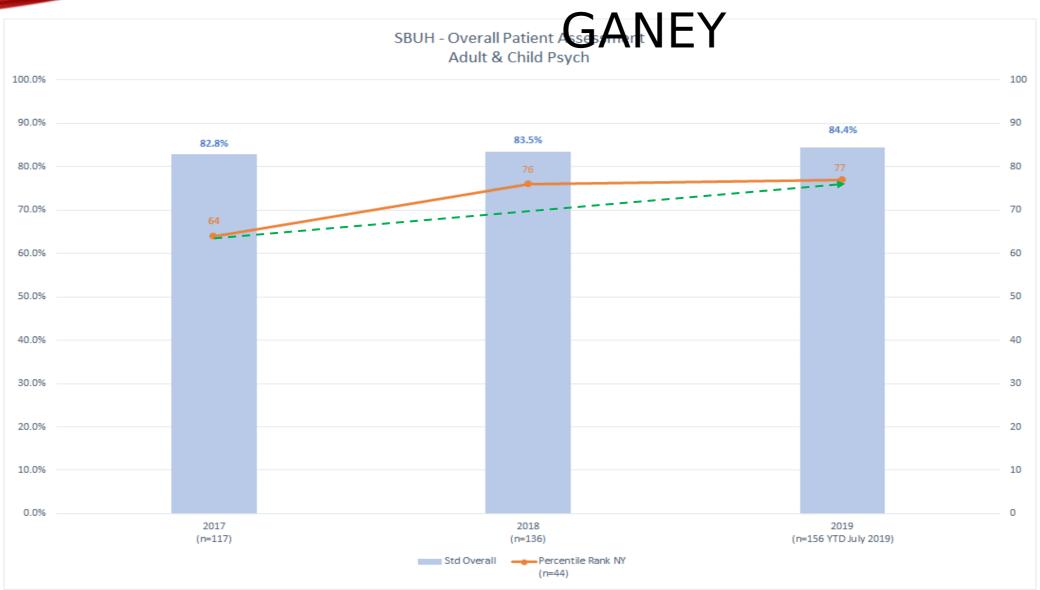
PATIENT SAFETY -PRESS GANEY

Safety Felt by Patients on 12N - Press Ganey SB vs NY Hospitals Percentage of Patients Who Report Feeling Safe





PATIENT SATISFACTION -PRESS





METHODS

- Culture Change
 - "Zero Restraint"
 - "Zero Assault"
- Training
 - De-escalation (PMCS)
 - Mock Code Ms
 - PMH Nursing specialist education
 - Regulatory/risk issues informing in-services for unit staff
- Interdisciplinary
 - Daily huddles
 - Leadership meetings (e.g. HRUs, POD, Strategic Leadership Meeting)
- Staffing enhancements
 - Behavioral health specialists
 - De-escalation coaches/rapid responders
 - Nursing Scheduler introduced so the clinicians can have more of a presence
- Metrics/Dashboards Driven
- Innovation

12N - ICARE AWARD

iCare Award for Excellence in Patient Safety

12 North Child Psychiatry Unit

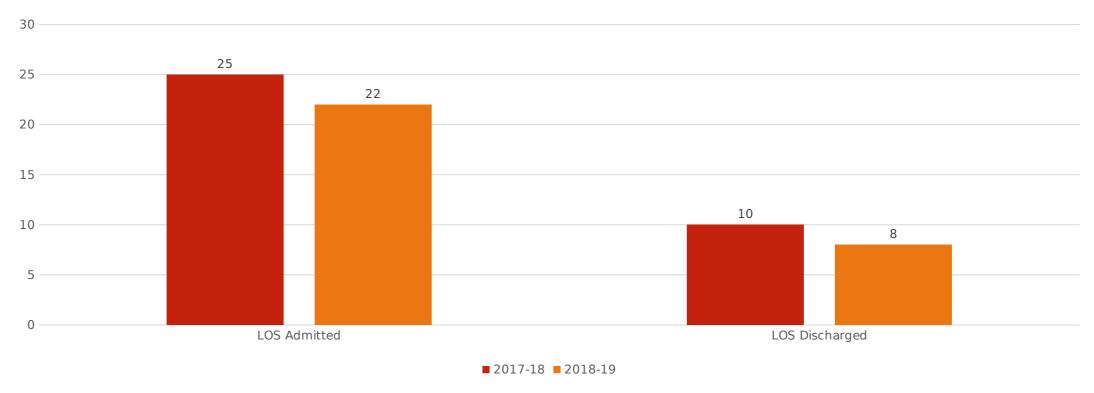
October - December 2018



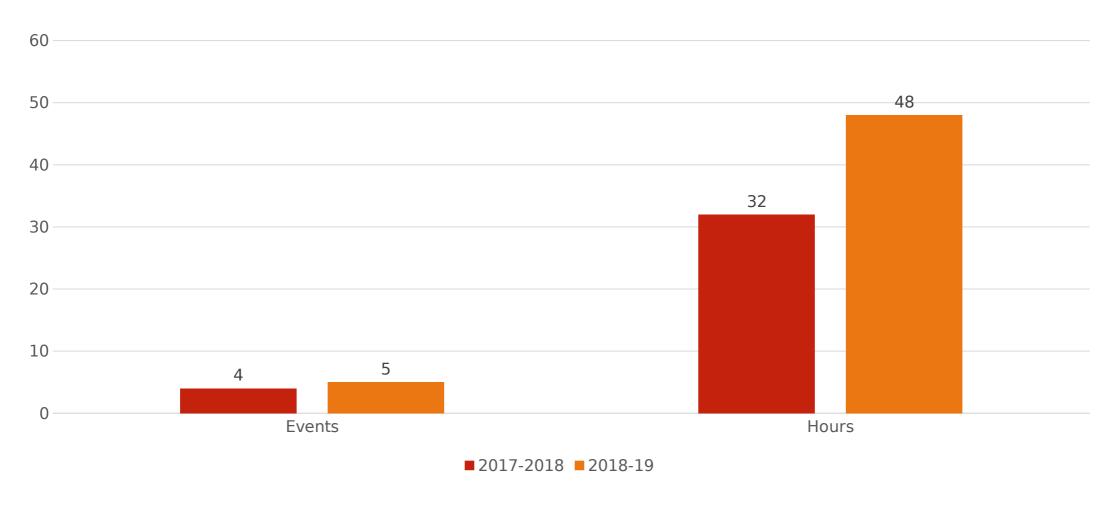


PATIENT THROUGHPUT EMERGENCY SERVICES (CPEP)

LOS in CPEP (Hours) Monthly Median Number

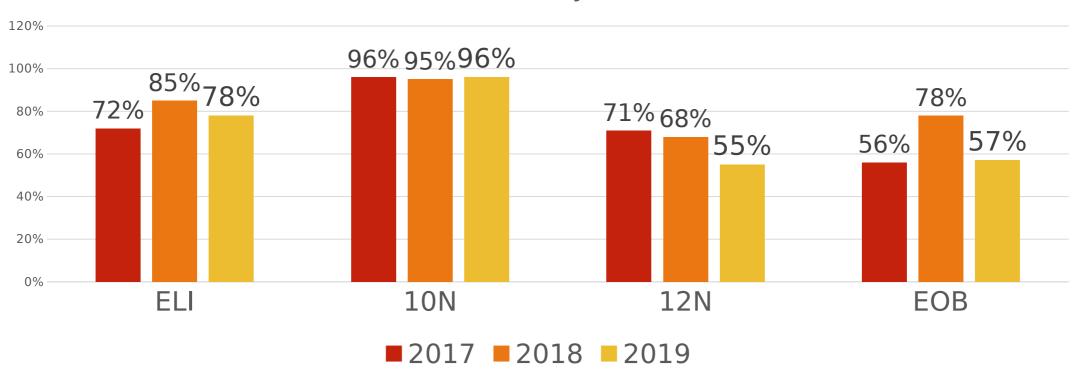


PSYCH. ED DIVERSION MONTHLY MEDIAN EVENTS AND HOURS

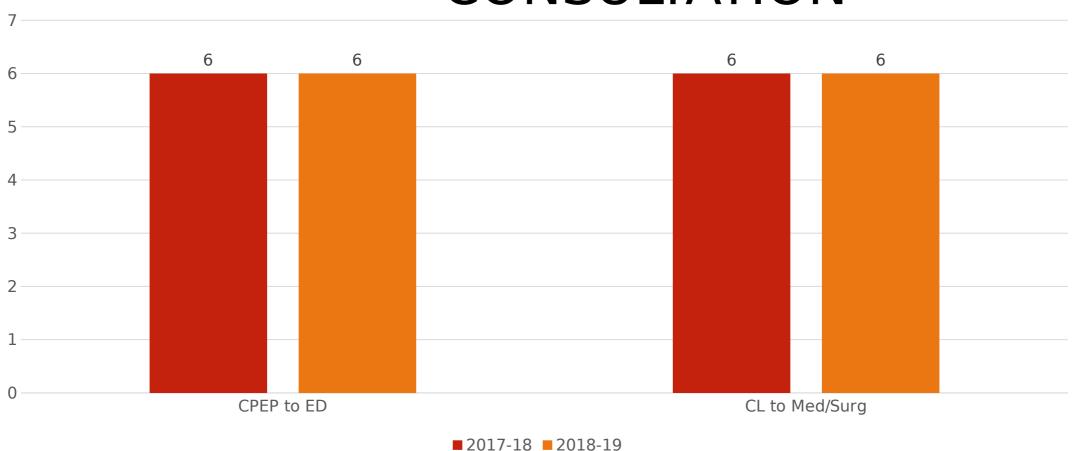


HOSPITAL BED UTILIZATION

Bed Occupancy) Median Monthly Number

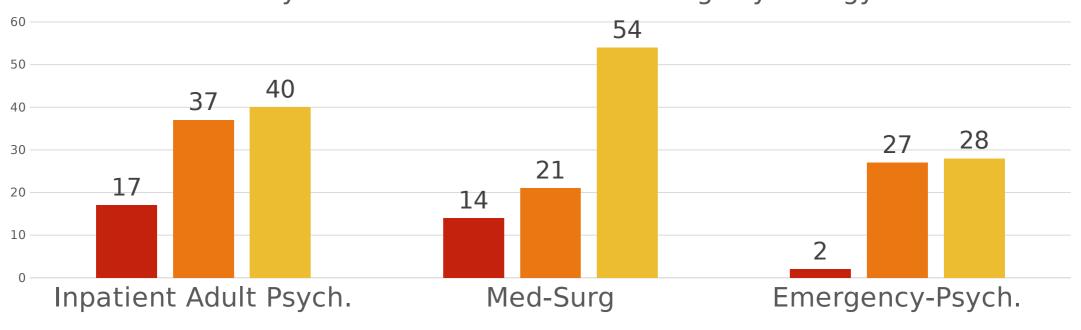


TIME (HRS.) TO PSYCHIATRIC CONSULTATION

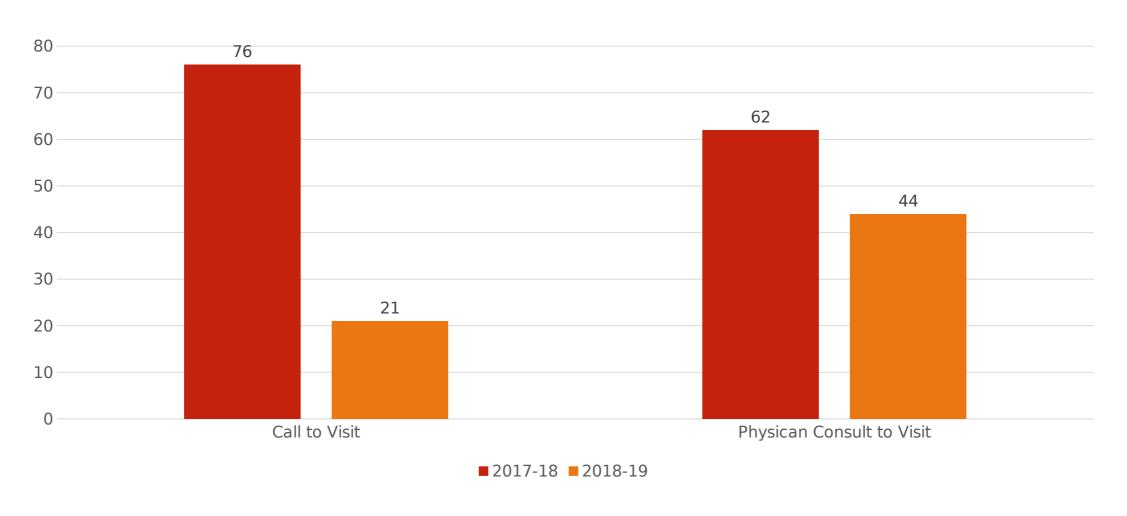


ACCESS TO HOSPITAL PSYCHOLOGICAL SERVICES

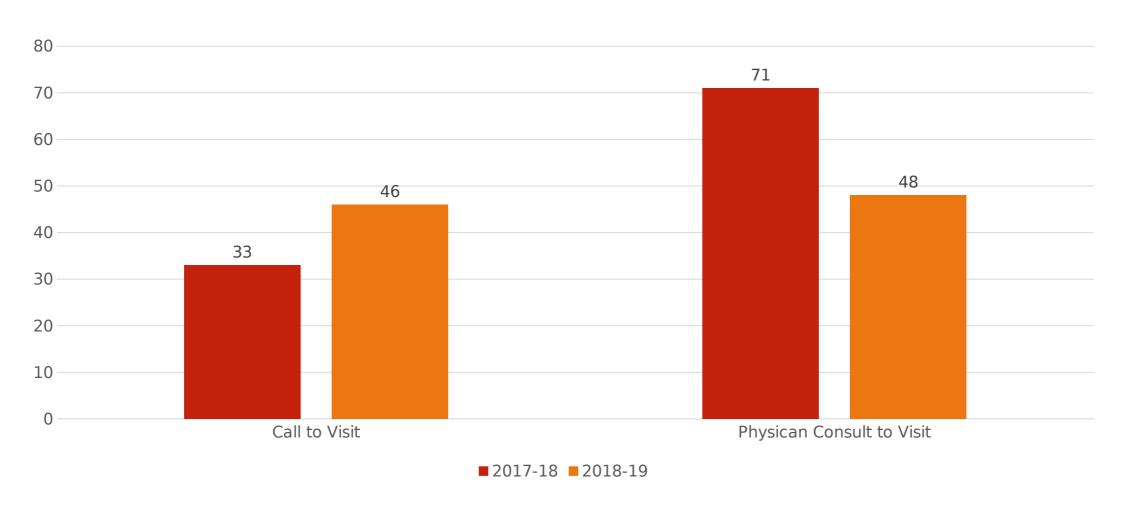
Median Monthly Number of Patients Receiving Psychology Services



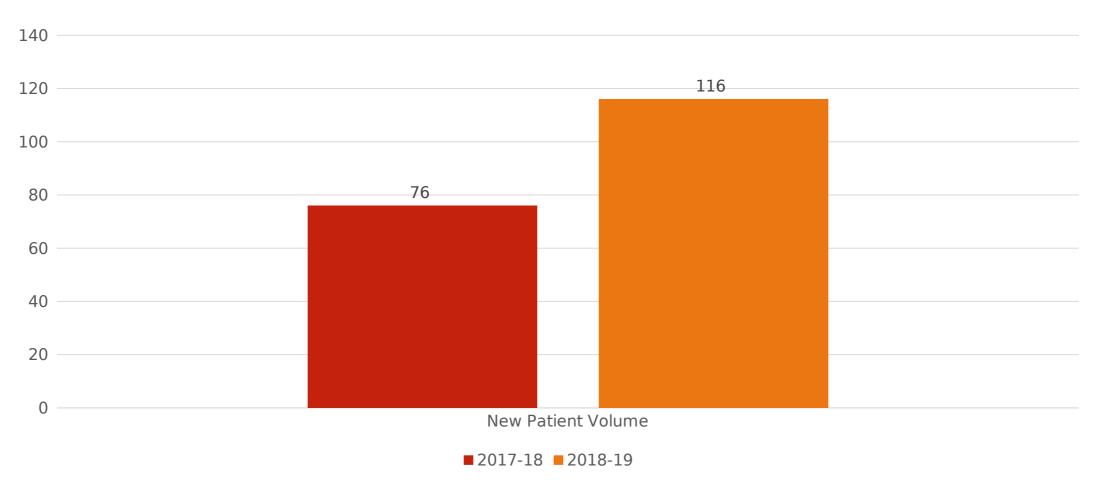
ADULTS (GENERAL ADULT OPD) NEW PATIENT WAIT TIME (DAYS)



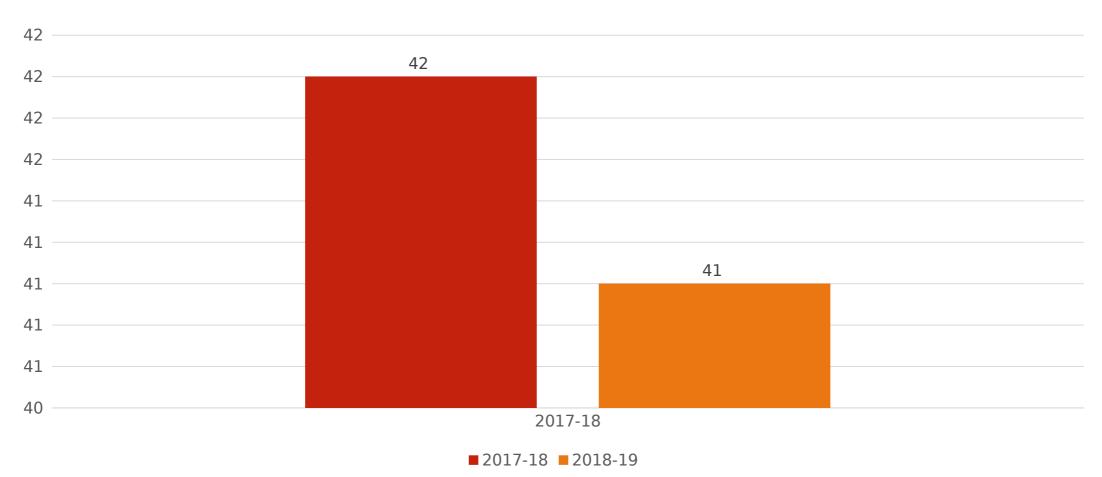
CHILDREN/ADOLESCENTS NEW PATIENT WAIT TIME (DAYS)



ALL AMBULATORY ADULTS NEW PATIENT VOLUME/MONTH

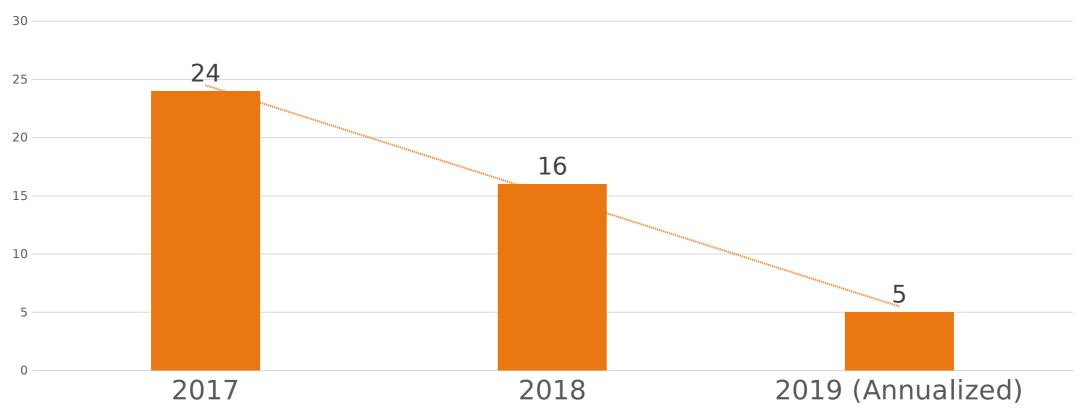


CHILDREN/ADOLESCENTS NEW PATIENT VOLUME/MONTH



DOCUMENTATION TIMELINESS

Monthly Median Time to All Attending Outpatient Note Completion (Hrs.)



Access

- Hospital
 - ELI Bed Utilization
 - Consultation to ED Timeliness
 - Throughput Across Units, CPEP to 10N & ELI
 - CPEP Diversion Prevention
 - Psychological Services Growth
- Ambulatory
 - Substance Use Services Utilization
 - Telehealth Utilization

Quality and Safety

- Best Practices
- Patient Satisfaction
- Suicide Prevention
- Assault Prevention
- Restraint Prevention

Workforce

- Recruitment
- Nursing Education
- Faculty Satisfaction and Retention
 - Compensation
 - On-Call
 - Academic Development

Regional Development

- East End Residency
- Eastern Long Island Hospital -Greenport
- Quannacut-Riverhead
- Southampton Hospital