Academic Block Rotation:

PGY2’s and PGY3’s

Course Director: Dr. Stuart Holzer

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**Individualized/Independent pathways:**

* + **Research:** IRB proposal, data collection, abstract/manuscript writing, poster, meet with research mentor, etc.
  + **Career:** applying for fellowships, jobs, working on CV/personal statement, meet with advisor, develop calendar to plan interview season, etc.
  + **Board Prep**: Prep questions, APP learning modules, identify weaknesses (from ITE specific question contents), Develop study points based on questions, other study materials etc.
  + **Teaching:** reading available articles on how to be an effective teacher, prepare didactics, teach on the fly (during rounds), lead a “morning report” led by a med student, or run residency morning report etc.

**Resident responsibilities:**

1. Reach out to Dr. Holzer the first day of the rotation. Send an email to arrange a time to talk on the phone (516-695-7320).
2. Choose a track: Research, Career, Board Prep, and/or Teaching.
3. **Set at minimum 5 S.M.A.R.T. goals for the 2 week rotation, as well as a wellness goal and email them to Dr. Holzer.**
4. **Follow-up with Dr. Holzer at 1 week** (send an email to arrange a phone conference) to discuss what has and has not been accomplished, redefine goals if needed based on how many times you have been called in for back-up call.
   1. **Send email to Dr. Holzer summarizing the discussion.**
5. **Follow-up with Dr. Holzer on the last day of the rotation** and discuss what goals have and have not been accomplished and how they can be completed in the future.
   1. **Send an email to Dr. Holzer summarizing the discussion** and what goals were accomplished and why other goals were not achieved (i.e. called in for back-up x amount of days).