# DEPARTMENT OF PSYCHIATRY A Year of Transition and Expansion



### *Message* from the chair Ramin Parsey, MD, PhD, Professor and Chair

This year has been a year of transition and expansion. We have recruited and appointed new leaders in each of our clinical services, diversified and expanded our clinical offerings and implemented new measures to assure quality and efficiency. We are especially proud of our sustained efforts to reduce the use of restraints in our Comprehensive Psychiatric Emergency Program.

The breadth and depth of scholarship within the department are demonstrated by the abundance of research grants and publications. Members of our faculty are principal investigators on 45 research grants. Eighty-eight articles by our faculty were published in leading professional journals.

The department received high scores in the medical students' assessment of their educational experience and outpaced all other clinical disciplines in medical students' scores on the National Board of Medical Examiners subject

examinations. Six residents in Psychiatry and one fellow in Child and Adolescent Psychiatry graduated in June and seven new residents joined the program in July. Constantine loannou, MD was appointed training director and Jenna Taglienti, MD was named associate training director.

Four members of our faculty moved on to positions of prominence elsewhere, while we recruited 18 new members to our faculty and staff. Drs. Roman Kotov and Adam Gonzalez were promoted in rank and Drs. Carlson and Fink received prestigious awards from professional societies.

We continue to develop our imaging capabilities and look forward to putting them to work in understanding the biology of psychiatric and other disorders. We anticipate that the department will continue our trajectory of progress and accomplishment during the coming academic year.



# highlights



Al Alam, MD

#### **CPEP**

- Sustained reduction in use of restraints
- Star Quality Unit of the Year award
- Seven new attending physicians
- Creation of Child and Adolescent teams



Brian Bronson, MD

### Consultation and Liaison Psychiatry

- ACGME accreditation for new Fellowship in Psychosomatic Medicine
- Ambulatory integrated care for OB/GYN
- Improved availability, timeliness and utilization of inpatient services



Constantine Ioannou, MD

#### Adult Inpatient Unit

- Constantine loannou, MD appointed Director
- Increased access to care/increased occupancy
- Recertification for three years by the Office of Mental Health



Marsha Karant, MD

#### **Adult Outpatient Services**

- Implemented electronic medical record
- Increased access to care
- Six new therapists in multiple specialties



Peng Pang, MD

#### **Child Inpatient Unit**

- Increased access and bed occupancy rate
- Admissions on all days of the week
- Initiated Bridger Project to help reduce readmissions



Deborah Weisbrot, MD

#### Child and Adolescent Outpatient Services

- Increased access to care
- Implemented electronic medical record
- Five fellows in training



Adeeb Yacoub, MD

#### **Educational Program**

- Sustained high scores in Medical Students' assessment of educational experience
- Superior scores in Psychiatry on the National Board of Medical Examiners exam
- Six residents graduated
- Seven new residents entered program



Christine DeLorenzo, MD

#### CUBIT

- Four large federally funded imaging studies underway
- Women in Science Presidential Mini-grant to recruit women in biomedical engineering
- Five new members of research faculty



Evelyn Bromet, PhD

#### **Psychiatric Epidemiology** and Behavioral Medicine

- Eight currently funded studies in progress
- Twenty year follow-up of Suffolk County Mental Health Project

#### **New Appointments**

building a new team	Al Alam, MD	Attending Physician	CPEP
	Lama Bazzi, MD	Attending Physician	OPD/AOT
	Lory Bright-Long, MD	Attending Physician	OPD
	Stephanie Brown, PhD	Social Psychologist	CUBIT
	Clarissa Bullitt, PhD	Clinical Psychologist	OPD
	Laura Chan, NPP, LCSW	Nurse Practitioner	OPD
	Constantine Ioannou, MD	Attending Physician	Director of Inpatient Adult Psychiatry
	Brittain Mahaffey, PhD	Post-doctoral Research Fellow	Psychiatric Epidemiology
	Lucian Manu, MD	Attending Physician	CPEP
	Prerona Mukherjee, PhD	Post-doctoral Research Fellow	Psychiatric Epidemiology
	Tanzia Mustafa, MD	Attending Physician	CPEP
	Lauraanne Nicoletto, RN	Nurse Manager	CPEP
Promotions	Stephanie Powers, DO	Attending Physician	CPEP
Adam Gonzalez, PhD Assistant Professor (tenure track) Psychiatric Epidemiology Roman Kotov, PhD Associate Professor with tenure	Jessica Richter, MD	Attending Physician	CPEP
	Peter Smith-Jones, PhD	Visiting Professor	Department of Psychiatry
	Michael Talento, CPA	Administrator	Department of Psychiatry
	Nehal Vadhan, PhD	Assistant Professor/Clinical Psychologist	CUBIT/OPD
Psychiatric Epidemiology	Sharon Wilkerson, LCSW	Social Worker	OPD
and the second			

## journal articles

Author	Journal	Article	
Alam A	World J Gastroenterol	Rapid improvement in post-infectious gastroparesis symptoms with mirtazapine	
Alam A	Prim Care Companion CNS Disord	Therapeutic uses of mirtazapine in psychiatric and medical conditions	
Alam A	Gen Hosp Psychiatry	Transient left ventricular apical ballooning syndrome associated with dissociative amnesia	
Alam A	Clin Schizophr Relat Psychoses	An Electronic Health Record Tool for Monitoring Metabolic Syndrome Indices in Patients with Serious Mental Illness	
Bromet E	Plos One	World Trade Center disaster exposure-related probable posttraumatic stress disorder	
Bromet E	BMJ Open	Non-cancer morbidity among Estonian Chernobyl cleanup workers	
Bromet E	Depress Anxiety	Cumulative traumas and risk thresholds: 12-month PTSD in the WMH surveys	
Bromet E	Health Phys	Emotional consequences of nuclear power plant disasters	
Bromet E	Depress Anxiety	Major Depressive Disorder Subtypes to Predict Long-term Course	
Bromet/Kotov	Psychiatr Serv	Perceived trauma during hospitalization and treatment participation among individuals with psychotic disorders	
Bromet E	Psychological Medicine	Trajectories of PTSD risk and resilience in World Trade Center responders: An 8-year prospective cohort study	
Bromet E	Psychology of Violence	Risk factors for physical violence against partners in the U.S.	
Bromet E	Psychological Medicine	Socio-demographic and career history predictors of suicide mortality	
Bromet E	J Communication in Healthcare	Maternal confidence of Fukushima mothers before and after the nuclear power plant disaster	
Brown S	Front Neurosci	Empathy and stress related neural responses in maternal decision making	
Brown S	Am J Public Health	Giving to Others and the Association Between Stress and Mortality	
Brown S	Social Issues and Policy Review	Informal Caregiving: A Reappraisal of Effects on Caregivers	
Brown S	J Am Psychiatr Nurses Assoc	An adult attachment stress provocation to measure effect on the oxytocin system	
Carlson G	J Child Psychol Psychiatry	Predictors of the onset of depression in young children from ages 3 to 6	
Carlson G	J Abnorm Child Psychol	Testing Models of Psychopathology in Preschool-aged Children Using a Structured Interview-based Assessmer	
Carlson G	Annu Rev Clin Psychol	How to understand divergent views on bipolar disorder in youth	
Carlson G	J Am Acad Child Adolesc Psychiatry	Preschool irritability: longitudinal associations with psychiatric disorders at age 6 and parental psychopathology	
Carlson G	J Abnorm Child Psychol	Increased error-related brain activity in six-year-old children with clinical anxiety	
Carlson G	Child Adolesc Psychiatr Clin N Am	Affective disorders and psychosis in youth	
Crowell J	J Clin Endocrinol Metab	Early life adversity associated with elevated levels of leptin, irisin, and decreased levels of adiponectin in midlife adults	
Crowell J	Metabolism	Diet quality is associated with circulating C-reactive protein but not irisin levels in humans	
Crowell J	Metabolism	Detailed assessments of childhood adversity enhance prediction of central obesity	
Crowell J	J Clin Endocrinol Metab	Circulating irisin in relation to insulin resistance and the metabolic syndrome	
Crowell, J et al	J Am Acad Child Adolesc	Callous-unemotional traits, proactive aggression, and treatment outcomes of aggressive children with ADHD	
Fink M	J Clin Psychopharmacol	Chemical Induction of Seizures in Psychiatric Therapy	
Fink M	Journal of ECT	Celebrating 80 years of inducing brain seizures as psychiatric treatment	
Fink M	Journal of ECT	The seizure, not electricity, is essential in convulsive therapy: the flurothyl experience	
Fink M	Journal of ECT	Convulsive therapy and the Journal of ECT: 30 years of publication and continuing	
Fink M	Journal of ECT	The role of ECT in suicide prevention ECT for developmental disability and severe mental illness	
Fink M	Am J Psychiatry		
Fochtmann L	Acad Psychiatry	Use of an expert opinion survey to inform development of American Psychiatric Association practice guidelines	
Friedberg F	Evid Based Ment Health	Reports of recovery in chronic fatigue syndrome may present less than meets the eye	
Friedberg F	J Health Psychol	Participant attributions for global change ratings in unexplained chronic fatigue and chronic fatigue syndrome	
Friedberg F	Psychosom Med	Chronic fatigue self-management in primary care	
Friedberg F	Quality of Life Research	Defining recovery in chronic fatigue syndrome	
Gadow K	Journal of Abnormal Child Psychology	Psychiatric symptom impairment in children with autism spectrum disorders	
Gadow K	J Autism and Developmental Disorders	Exploring the manifestations of anxiety in children with autism spectrum disorders	
Gadow K	J of Child Psychology and Psychiatry	Relation of symptom-induced impairment with other illness parameters in clinic-referred youth	
Gadow K	Cogn Behav Neurol	Serotonin 2A Receptor Gene Variants and Severity of Depression Symptoms in Children with ASD	

#### journal articles (continued)

Author	Journal	Article
Gadow K	Research Develop Disabilities	Association of dopamine gene variants, emotion dysregulation and ADHD in ASD
Gadow K et al	J AACAP	Risperidone for severe aggression in child ADHD
Gonzalez A	Cancer	Pain experiences among regular smokers with lung and colorectal cancer
Gonzalez A	Psychosomatics	A modified mind-body intervention for medical and psychologic symptom relief
Gonzalez A	Psychological Trauma	The role of anxiety sensitivity among trauma-exposed HIV+ individuals
Gonzalez A	Cognitive Therapy and Research	Medication adherence and HIV symptom distress in relation to panic disorder among HIV-positive adults
Gonzalez A	Cognitive Behaviour Therapy	The Examination of Emotion Dysregulation as a Moderator of Depression and HIV-Relevant Outcomes
Kotov R	J Affect Disord	Beyond a single index of mania symptoms: structure and validity of subdimensions
Kotov R	Psychol Assess	The Brief Experiential Avoidance Questionnaire: development and initial validation
Kotov R	Midwifery	Associations of life events during pregnancy with change in symptoms of antenatal anxiety and depression
Kotov R	Psychol Assess	The value of suppressor effects in explicating the construct validity of symptom measures
Kotov R et al	JAMA Psychiatry	Boundaries of schizoaffective disorder: revisiting Kraepelin
Kotov/Bromet	Psychiatry Res	PTSD symptom dimensions and their relationship to functioning in World Trade Center responders
Mattison/Rivera	J Child Adolesc Psychopharmacol	Psychotropic Medication Characteristics for Special Education Students with Emotional and/or Behavioral Disorders
Morin/Studholme	J Comparative Neurology	Retinofugal Projections in the Mouse
Morin/Studholme	J Biol Rhythms	Light Pulse Duration Differentially Regulates Mouse Locomotor Suppression and Phase Shifts
Olvet/Parsey	J Psych Res	A diffusion tensor imaging study of suicide attempters
Parsey R	Neuroimage	Genetic variation in neurotrophic factor val66met allele associated with altered serotonin-1A receptor binding
Parsey R	Bipolar Disorder	Cortical thickness differences between bipolar depression and major depressive disorder
Parsey R	J Affect Disord	Beyond a single index of mania symptoms: structure and validity of subdimensions
Parsey R	Psychiatry Res	fMRI response to negative words and SSRI treatment outcome in major depressive disorder: a preliminary study
Parsey R	Biol Psychiatry	Brain serotonin 1A receptor binding as a predictor of treatment outcome in major depressive disorder
Parsey R	Synapse	Higher pretreatment 5-HT1A receptor binding potential in bipolar disorder depression associated with treatment remission
Parsey R	Bioorg Med Chem	Synthesis and evaluation of an an imaging probe for 5-HT1A receptor agonist in nonhuman primates
Parsey R et al	Synapse	Quantifying serotonin transporters by PET with [(11) C]-DASB before and after interferon- $\alpha$ treatment
Schwartz J	Hypertension	Added Predictive Value of Night-Time Blood Pressure Variability for Cardiovascular Events and Mortality
Schwartz J	Transplant Rev	Allograft rejection and tubulointerstitial fibrosis in human kidney allografts: Interrogation by urinary cell mRNA profiling
Schwartz J	Circulation	Counseling African Americans to Control Hypertension: cluster-randomized clinical trial main effects
Schwartz J	Am J Med	Long-term Outcomes of Enhanced Depression Treatment in Patients with Acute Coronary Syndromes
Schwartz J	Am J Hypertension	Alcohol consumption and ambulatory blood pressure: a community-based study in an elderly cohort
Schwartz J	Biomarkers	Plasma sphingomyelin and longitudinal change in percent emphysema on CT. The MESA lung study
Schwartz J	Immunol Rev	Urinary cell mRNA profiles predictive of human kidney allograft status
Schwartz J	PLoS One	Emphysema predicts hospitalisation and incident airflow obstruction among older smokers: a prospective cohort study
Schwartz J	Psychoneuroendocrinology	Indirect effect of financial strain on daily cortisol output
Schwartz J	NEJM	Urinary-Cell mRNA Profile and Acute Cellular Rejection in Kidney Allografts
Schwartz J	Hypertens Res	Low correlation between visit-to-visit variability and 24-h variability of blood pressure
Schwartz J	J Psychosom Res	Are there consequences of labeling patients with prehypertension?
Schwartz J	Bull Methodol Sociol	Meta-Analysis for Sociology - A Measure-Driven Approach
Vadhan N	Psychiatry Res	Self-reported attention and mood symptoms in cocaine abusers: Relationship to neurocognitive performance
Vadhan N	Am J Drug Alcohol Abuse	Verbal learning in marijuana users seeking treatment: a comparison between depressed and non-depressed samples
Vadhan N	Exp Clin Psychopharmacol	A decrement in probabilistic category learning in cocaine users after controlling for marijuana and alcohol use
Vadhan N	Early Interv Psychiatry	Reasons for cannabis use among youths at ultra high risk for psychosis
Weisbrot D	Mult Scler	Psychiatric diagnoses and cognitive impairment in pediatric multiple sclerosis.
Weisbrot D	Cambridge University Press	Neurologic Differential Diagnosis: A Case-Based Approach

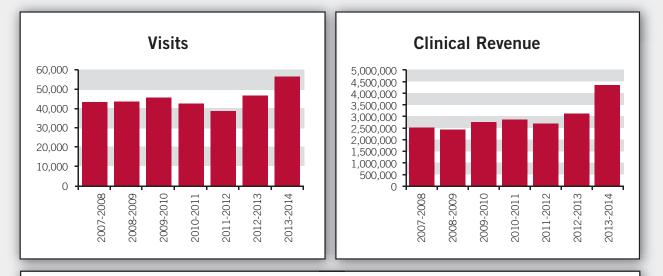
## grants

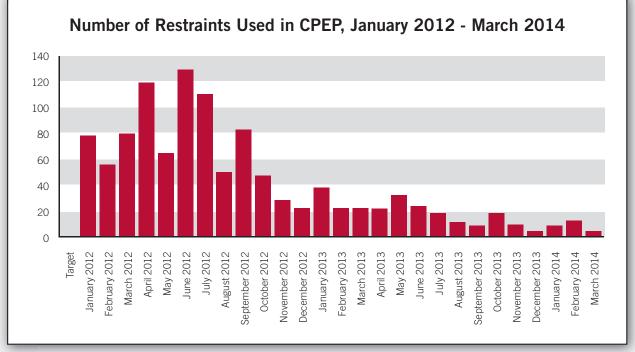
Bromet, E The Genomic Psychiatry Cohort

Bromet, E	The Genomic Psychiatry Cohort		
Bromet, E	Enhanced Smoking Cessation Intervention for WTC Responders		
Bromet, E	Burden of Mental-Physical Comorbidity in World Trade Center Responders		
Carlson, G	LAMICTAL as an Add-on Treatment for Bipolar Disorder in Children and Adolescents		
Carlson, G	Aripiprazole in the Treatment of Pediatric Patients with Irritability Associated with Autistic Disorder		
Carlson, G	Asenapine Treatment in Pediatric Acute Manic or Mixed Episodes Associated with Bipolar Disorder		
Carlson, G	Aripiprazole as Maintenance Treatment in Adolescent Patients		
Carlson, G	Asenapine Extension Treatment		
Carlson, G	Study to Evaluate the Efficacy, Safety and Tolerability of Desvenlafaxine Succinate		
Carlson, G	A Study to Evaluate the Safety, Tolerability and Efficacy of Desvenlafixine Succinate		
Crowell, J	Physical Health in Midlife: Influences of Adversity and Relationships		
DeLorenzo, C	Characterization of a New Metabotropic Glutamate Receptor Subtype 5 PET		
Fochtmann, L	APA Practice Guidelines		
Friedberg, F	Project 2 - Psycho-Physiological Mechanisms of Masked Hypertension		
Friedberg, F	Efficacy of Home-Based Self-Management for Chronic Fatigue		
Friedberg, F	Psychosocial Factors and Cardiovascular Disease		
Friedberg, F	Psychophysiological Mechanisms of Masked Hypertension		
Goldgaber, D	Transmissibility of Neurodegenerative Diseases		
Goldgaber, D	TOMM40 Polymorphism in Alzhemier's Disease		
Goldgaber, D	Gene Polymorphism in Alzheimer Research		
Gonzalez, A	Mind Body Treatment of WTC Responders with Comorbid PTSD and Respiratory Illness		
Gonzalez, A	Effects of Hurricane Sandy on the Respiratory and Mental Health of WTC Responders		
Kotov, R	Genetic Study of Psychotic Disorders: Diagnostic or Symptom Specificity		
Kotov, R	Personal Development and Vulnerability to First-Episode Depression		
Kotov, R	Personal Development and Vulnerability to First-Episode Depression fMRI supplement		
Kotov, R	Trajectories of Recovery From Psychosis Over Two Decades		
Morin, L	Regulation of Masking and Circadian Rhythm Phase		
Pang, P	Mobile Bridge Therapy Program		
Parsey, R	Biosignatures of Treatment Remission in Major Depression (EMBARC)		
Parsey, R	Characterizing Placebo Response		
Parsey, R	Lithium's Molecular Mechanism of Action and the Pathology of Bipolar Disorders		
Parsey, R	Understanding the Molecular Mechanism of Action of ECT in Vivo Using PET		
Perlman, G	Testing Neural Markers for Schizophrenia and Psychotic Mood Disorder		
Schwartz, J	Exercise and Inflammation: Autonomic, Affective and Cellular Mechanisms		
Schwartz, J	Physical Activity, Depression, and Post-ACS Survival		
Schwartz, J	Novel Measurements of Psychosocial Stress		
Schwartz, J	Depression, Biobehavioral Mechanisms, and CHD/Mortality Outcomes		
Schwartz, J	Psychosocial Factors and Cardiovascular Disease		
Schwartz, J	Cardiopulmonary Structure and Function in a Multi-Ethnic Study of Atherosclerosis		
Schwartz, J	Exercise, Age-Related Memory Decline, and Hippocampal Function		
Schwartz, J	Ecological Link of Psychosocial Stress to Exercise: Personalized Pathways		
Sedler, M	Alzheimer's Disease Assistance Center of Long Island		

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### growth in clinical programs/ reduction in use of restraints





### honors

**Gabrielle Carlson, MD** was elected to the Governing Council of the American Association of Child and Adolescent Psychiatry. **Max Fink, MD** received a Lifetime Achievement Award from the International Society for ECT and Neurostimulation. **Adam Gonzalez, PhD** received a Faculty Diversity Program Grant from the SUNY Office of Diversity, Equity, and Inclusion.



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farewell

Four long-tenured and highly-regarded members of the department's faculty left during the year to take leadership positions in other organizations. In January Distinguished Professor Arthur Stone, PhD and Associate Professor Joan Broderick, PhD left Stony Brook to join the Center for Economic and Social Research at the University of Southern California. Dr. Stone was the Director of the Applied Behavioral Medicine Research Institute and Dr. Broderick was Program Director. Dr. Stone served as Vice-Chair of the department for 15 years.

In July Professor Andrew Francis, MD, PhD retired after almost 40 years at Stony Brook to take a position as Professor of Psychiatry at Penn State Hershey College of Medicine, where he will be Director of ECT and Associate Director of Residency Training. Dr. Francis joined the faculty of the department in July 1988 and spent the next 26 years as a clinical educator in the department's inpatient service.

In August Michael Schwartz, MD left the department to become the director of psychiatric services at Huntington Hospital. For the past 17 years Dr. Schwartz has been the department's Director of Residency Training. He took up his new responsibilities in mid-August. The residents named him Teacher of the Year three times during his tenure.

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To learn more about the Department of Psychiatry at Stony Brook University, visit *http://medicine.stonybrookmedicine.edu/ psychiatry.* Click on **MORE NEWS** to see a digital version of this annual report and the latest news about the Department.

If you would prefer to receive the annual report via e-mail, rather than on paper, please e-mail a request to *michael.mcclain@stonybrook.edu* 

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- Volunteering in our research studies, call 631.638.2053
- Opportunities to support research and services, call 631.638.2478

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