

GME News - August 2018

Orientation:

- Orientation was a great success, as 200+ new residents came to Stony Brook and got fresh new white coats and clean scrubs, and joined our ranks. Welcome to everyone starting new programs!

Resident Forum:

- We kicked off our first meeting of our Resident Forum. This group will meet quarterly to discuss issues residents face, and in particular, things that we can do to try to help them. The chairs of the group are: Faheem Farooq (Med-Peds), Tony Ferrara (Surgery), Henry Jen (GI), and Duran Mitchell (Anesthesia). Some of the things they discussed included: parking, meal credits, structuring consult interactions, Cerner issues, a resident Gym, and support for resident research. The group reports to the GMEC, and all of us will try to work on these issues. The next Resident Forum will be in October—date and time to be announced—and *any resident or fellow* is welcome to come to any Resident Forum meeting.

Wellness/Well-being:

- The Wellness Committee continues to meet regularly. It staged a welcome Barbeque on July 20, and the weather cooperated for a great afternoon.
- We are planning our second “Puppy Social” on September 20th, with a return appearance of our furry friends from Long Island Labradoodles. The owner also trains grown dogs as therapy animals, so it will be an opportunity to learn about how therapy animals can help patients recover. Stay tuned for time and place!
- The committee also has been working hard to bring a tool designed for residents to self-screen for burnout and depression to our facility, and I’m pleased that in late August we are introducing the Well-Being Index, which is a simple, easy-to-use screen that both allows residents to test themselves for signs or symptoms of burnout and depression, as well as provide both local and national resources for finding help. This is an anonymous tool—no one can track what you enter. We as a hospital can look at aggregated responses, but it’s not broken down by program, and we only get information if we have more than 50 responses.

Did you know?

- We have 72 training programs that Stony Brook sponsors. 57 are ACGME-sponsored; the remainder are AOA-sponsored (Osteopathic), CODA-sponsored (Dental), Podiatry, and Pharmacy
- Our newest programs are: Epilepsy, Maternal-Fetal Medicine, Otolaryngology, Clinical Informatics, Integrated Interventional Radiology, and Radiation Oncology.

Kudos! Congratulations! TO:

Gregg Cantor (SBUH Internal Medicine PGY-3) is serving on the Stony Brook Medicine Ethics Committee Member ... **ImranChaudhri** (SBUH Internal Medicine PGY1) was selected as a Resident Representative to New York American College of Physicians (NYACP) Council Board... **Dr. Sarah Justvig** on receiving a competitive American Academy of Pediatrics (AAP) Resident Research Grant. Dr. Justvig and her mentor, Dr. Jonathan Mintzer, have received the award for their project entitled "Regional Tissue Oxygenation in Full-Term, Asymptomatic Neonates at High Risk for Neonatal Abstinence Syndrome and Impact of Non-Pharmacological Interventions."...**Aaron Levit** (SBUH Internal Medicine PGY3) has been appointed to the United States Medical Licensing Exam (USMLE) Medical Student and Resident Advisory Panel... **Lauren Maloney** (SBUH Emergency Medicine PGY3) was selected to the editorial board of *Academic Emergency Medicine (AEM)*, as a resident editor, effective May 2018 until May 2019... **Ellen Poulouse-Redger** (SBUH Internal Medicine Chief Resident) has been appointed to the Chief Resident Panel for the *New England Journal of Medicine (NEJM)* Resident Blog...here is her first blog post! [https://blogs.jwatch.org/general-medicine/index.php/2018/08/things-ive-learned-from-my-patients/...](https://blogs.jwatch.org/general-medicine/index.php/2018/08/things-ive-learned-from-my-patients/)