COMMUNITY NUTRITION MODULE
262.5 HOURS

SUMMARY:
The community rotation is 262.5 hours. Rotations include work on community nutrition projects related to gardens, food insecurity, childhood health and obesity as well as WIC and other community agencies (cooperative extension, food bank, department of health, senior centers, reservations, group housing agency, wellness center, corporate, school).

HOURS:
Hours will vary between 7:00 am and 6:00 pm based on preceptor needs. There may be weekend or evening community events that you will be asked to attend and implement.
LEARNING OBJECTIVES:
Upon successful completion of the community rotation, the intern will be able to:

CRDN 1.2  Apply evidence-based guidelines, systematic reviews and scientific literature.
CRDN 1.3  Justify programs, products, services and care using appropriate evidence or data.
CRDN 1.4  Evaluate emerging research for application in dietetics practice.
CRDN 2.2  Demonstrate professional writing skills in preparing professional communications.
CRDN 2.3  Demonstrate active participation, teamwork and contributions in group settings.
CRDN 2.4  Function as a member of interprofessional teams.
CRDN 2.6  Refer clients and patients to other professionals and services when needs are beyond individual scope of practice.
CRDN 2.7  Apply leadership principles to achieve desired outcomes.
CRDN 2.8  Demonstrate negotiation skills.
CRDN 2.9  Participate in professional and community organizations.
CRDN 2.10 Demonstrate professional attributes in all areas of practice.
CRDN 2.14 Demonstrate advocacy on local, state or national legislative and regulatory issues or policies impacting the nutrition and dietetics profession.
CRDN 3.1  Perform the Nutrition Care Process and use standardized nutrition language for individuals, groups, and populations of differing ages and health status, in a variety of settings.
CRDN 3.7  Develop and deliver products, programs or services that promote consumer health, wellness and lifestyle management.
CRDN 4.6  Propose and use procedures as appropriate to the practice setting to promote sustainability, reduce waste and protect the environment.

ASSIGNMENTS:

1. Review the request for proposal/application (RFP/RFA) and corresponding grant proposal posted on Blackboard. Visit grants.gov or other online resources and search for a funding opportunity that would be appropriate for continuing the work of the posted RFP/RFA and grant proposal on Blackboard. Write and submit a paragraph on why the RFA/RFP you found would be a good match for sustaining the posted RFP/RFA and grant proposal on Blackboard.
   Evaluation Strategy: Preceptor evaluates intern’s understanding of the concept of RFPs, the complexities of the RFP and the construction of the proposal. (CRDN 3.1)
2. Choose **ONE** of the following assignments to complete. Either:

   a) A letter to the editor in response to a recent article related to a nutrition topic that appeared in a newspaper or magazine. Your response can be either in support of or in opposition to the printed article. Your letter should be no more than 300 words and be in a format appropriate for a professional letter. (You do not need to actually submit the letter but are welcome to do so!)

   b) A press release regarding an upcoming event or major achievement at one of your public health rotation sites. The press release should include all pertinent information to attract media attention and be interesting, concise and relevant. Your press release should be no more than one side of one page, single-spaced.

   *Evaluation Strategy: Preceptor reviews press release or article for accuracy, organization, and creativity. (CRDN 2.2)*

3. Write a letter of support for a community nutrition program to an appropriate elected official at the county or state level.

   *Evaluation Strategy: Preceptor reviews letter of support for organization, clarity, and accuracy. (CRDN 1.3, CRDN 2.2, CRDN 2.14)*

4. Promote programming and projects with identified food, nutrition, and social services agencies. Complete the following:
   1. Create a newsletter article to be provided to partnering community organizations on assigned topic.
   2. Create four (4) blog posts on healthy nutrition and physical activity to be provided to partnering community organizations.
   3. Provide resources to public or community participants related to food insecurity. List 5-10 resources for low income participants such as (SNAP, WIC, etc.)

   *Evaluation Strategy: Preceptor discusses history of joint programming and pros and cons of such collaborations. (CRDN 2.3, CRDN 2.7, CRDN 2.4, CRDN 2.9, CRDN 2.6, CRDN 2.8, CRDN 2.10, CRDN 3.7)*

5. Read “How to understand and interpret food and health-related scientific studies.” (International Food Information Council Foundation publication) in Blackboard. Identify an article on a nutrition-related topic from a recent newspaper or magazine that cites a peer-reviewed journal article. In one page discuss how completely and/or accurately the author of the lay article represents and explains the research article. Include both the original article and lay article with critique.

   *Evaluation Strategy: Program director or coordinator reviews written reports for accuracy and completeness. (CRDN 1.2, CRDN 1.4, CRDN 2.2)*

6. Complete the written definitions assignment which can be found on Blackboard in the Community Nutrition module.

   *Evaluation Strategy: Program Coordinator reviews written assignment for completeness and accuracy.*
7. Integrate the Nutrition Care Process while participating in current public health programs.
   a. View Blackboard for documents regarding the Nutrition Care Process in Community/Public Health and CDC Worksite Scorecard.
   b. Conduct a nutrition assessment in assigned community organization using the CDC Worksite Scorecard tool or other tool as assigned.
   c. Based on data collected using the CDC Worksite Scorecard tool or other tool, make at least one nutrition diagnosis, including problem statement, etiology and signs and symptoms.
   d. Develop a nutrition intervention that could realistically be implemented, including principles to promote sustainability, reduce waste and protect the environment. Include all appropriate support material. Implement intervention plan when possible.
   e. Develop a nutrition monitoring and evaluation plan, including all appropriate data collection tools, i.e. Excel spreadsheets, and implement if possible.

   Evaluation Strategy: Preceptor assesses task performance and provides feedback.

   \textit{(CRDN 2.3, CRDN 2.4, CRDN 2.10, CRDN 3.1, CRDN 3.7, CRDN 4.6)}