

International Immunopharmacology 7 (2007) 1639 – 1650

International Immunopharmacology

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# Immunomodulatory activity of acidic polysaccharides isolated from *Tanacetum vulgare* L.

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Received 27 July 2007: received in revised form 14 August 2007: accepted 15 August 2007

#### **Abstract**

Tanacetum vulgare L. (Tansy) has been extensively used in folk medicine for treatment of a variety of medical disorders. In the present study, we isolated and purified four acidic polysaccharide fractions (designated T-I to T-IV) from Tansy florets by the sequential use of hot-water extraction, ethanol precipitation, ultra-filtration, anion-exchange, and size-exclusion chromatography. The average  $M_r$  of fractions T-I through T-IV was estimated to be 326, 151, 64 and 9 kDa, respectively, as determined by high performance size-exclusion chromatography analysis. Sugar composition analysis revealed that Tansy polysaccharides consisted primarily of galacturonic acid, galactose, arabinose, and rhamnose. Fractions T-II through T-IV contained an arabinogalactan type II structure, as determined by reaction with Yariv reagent. High  $M_r$  fractions T-I and T-II exhibited potent macrophage/monocyte-activating activity, enhancing production of reactive oxygen species (ROS), nitric oxide (NO), and tumor necrosis factor α (TNF-α) by J774.A1 murine macrophages, and activating nuclear factor κB (NF-κB) in THP-1 human monocytes. In addition, Tansy polysaccharides stimulated human neutrophil function by greatly enhancing neutrophil myeloperoxidase (MPO) release. Furthermore, the low  $M_r$  fraction T-IV had potent complement-fixing activity, which may also contribute to the anti-inflammatory and would-healing properties of Tansy extracts. Taken together, our results provide a molecular basis to explain at least part of the beneficial therapeutic effects of Tansy extracts, and support the concept of using Tansy polysaccharides as an immunotherapeutic adjuvant.

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Keywords: Tansy; Polysaccharide; Macrophage; Neutrophil; Complement-fixing activity; Reactive oxygen species

### 1. Introduction

Humans are continually exposed to a variety of pathogenic microorganisms, and protection from these microbes is achieved by a complex array of immune defense mechanisms [1]. Innate immunity serves as an

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essential first-line of defense against microbial pathogens and may also influence the nature of the subsequent adaptive immune response [1,2]. Phagocytic cells, such as macrophages and neutrophils, play a key role in innate immunity because of their ability to recognize, ingest, and destroy many pathogens by oxidative and nonoxidative mechanisms [3]. Thus, approaches designed to nonspecifically enhance innate immune mechanisms could increase defense against microbial infections.

During the past three decades, a number of bioactive polysaccharides and polysaccharide–protein complexes

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have been isolated from mushrooms, fungi, yeast, algae, lichens, and plants, and these compounds have attracted significant attention because of their immunomodulatory and antitumor effects. For example, botanical polysaccharides have been shown to increase macrophage cytotoxic activity against tumor cells and microorganisms, activate phagocytosis, increase reactive oxygen species (ROS) and nitric oxide (NO) production, and enhance secretion of a variety of cytokines and chemokines [4]. Moreover, most plant-derived polysaccharides are relatively nontoxic and do not cause severe side effects, which is a major problem associated with immunomodulatory bacterial polysaccharides and other synthetic compounds [5].

A common plant with beneficial medicinal properties is Tanacetum vulgare L. or Tansy, which belongs to the genus Tanacetum and the family Compositae (Asteraceae). Tansy is a perennial native to Europe and Asia; however, it was introduced to the United States for medicinal and horticultural purposes and now grows wild throughout many states. Extracts from this plant have been used extensively in folk medicine for treating rheumatism, ulcers, fever, and digestive disorders, and compounds isolated from this plant have also been reported to exhibit antibacterial and antihelminthic activity [6,7]. Indeed, a number of biologically active low  $M_r$  compounds, such as flavonoids and terpenoids, isolated from this species have been shown to be physiologically active [8]. In addition, polysaccharides isolated from Tansy have been reported to be antiulcerogenic and antiatherogenic [7]. Interestingly, the latter activity has been suggested to be due to the ability of Tansy polysaccharides to bind low-density lipoprotein [7]. Aside from these studies, little else is known regarding the medicinal properties of Tansy polysaccharides, and essentially nothing is known regarding their potential immunomodulatory properties.

In the present studies, we isolated and purified four polysaccharide fractions from aqueous extracts of Tansy florets and investigated their effects on innate immune cell function. We found that Tansy polysaccharides had potent immunomodulatory and anti-inflammatory activities, including modulation of macrophage and neutrophil functions, as well as complement-fixing activity. Thus, the immunomodulatory activities of Tansy polysaccharides likely contribute to the known therapeutic effects of Tansy extracts.

#### 2. Materials and methods

#### 2.1. Reagents

β-glucosyl Yariv reagent [1,3,5-tri-(4-β-D-glucosopyranosyloxyphenyl-azo)-2,4,6-trihydroxybenzene] was purchased

from Biosupplies Australia (Parkville, Australia). Gum arabic was purchased from Fluka BioChemica (Buchs, Switzerland) and 8-amino-5-chloro-7-phenylpyridol[3,4-d]pyridazine-1,4-(2H,3H)dione (L-012) was purchased from Wako Chemicals (Richmond, VA). Carbozole, sulfamic acid, DEAE-cellulose, Sepharose 6B, Sephadex G-50, galacturonic acid, galactose, arabinose, rhamnose, glucose, diphenylamine, aniline, anthrone, thiourea, trifluoroacetic acid (TFA), *N*-(1-naphthyl) ethylenediamine, sulfanilamide, horseradish peroxidase (HRP), Histopaque 1077, lipopolysaccharide (LPS) from *Escherichia coli* K-235, *o*-phenylene diamine, phorbol-12-myristate-13-acetate (PMA), antibody-sensitized sheep erythrocytes, sodium nitrite (NaNO<sub>2</sub>), and gelatin veronal buffer (GVB) were purchased from Sigma Chemical Co. (St. Louis, MO).

#### 2.2. Purification and fractionation of polysaccharides

Florets of *T. vulgare* L. were collected around Bozeman, MT during the period of general flowering, and  $\sim 1.1$  kg of dried and ground material was extracted with 10 L boiling distilled H<sub>2</sub>O for 1 h. The aqueous extract was centrifuged at 2000 ×g for 15 min, and a 4-fold volume of ethanol was added to the supernatant to precipitate polysaccharides overnight at 4 °C. The precipitate was pelleted by centrifugation, redissolved in distilled H<sub>2</sub>O, sonicated for 10 min, and centrifuged at 80,000 ×g for 1 h. The supernatant was then filtered through a 0.22  $\mu$ m filter and concentrated in an Amicon concentrator with a 5 kDa Amicon PM5 membrane (Millipore, Billerica, MA) to obtain a crude extract (yield of 1.8% by weight).

The crude polysaccharide extract was further purified using ion-exchange chromatography on a DEAE-cellulose column equilibrated with 0.05 M Tris—HCl buffer (pH 8.0). The column was washed with equilibration buffer, and bound material was eluted with equilibration buffer containing 2 M NaCl. The eluate was concentrated and then fractionated by size-exclusion chromatography (SEC) on a Sepharose 6B column (2.5×92 cm) equilibrated with 0.01 M sodium citrate buffer (pH 7.0) containing 0.15 M NaCl and eluted with the same buffer at a flow rate of 22 ml/h. The last fraction collected was concentrated and further separated by SEC on a Sephadex G-50 column (2.5×92 cm) equilibrated and eluted with 0.01 M Tris—HCl buffer (pH 7.4) containing 0.15 M NaCl at a flow rate of 22 ml/h.

The carbohydrate elution profile was determined by the phenol  $\rm H_2SO_4$  method [9], modified to a microplate format, and absorbance was measured at 488 nm using a SpectraMax Plus microplate reader (Molecular Devices, Palo Alto, CA). Protein concentration was determined using a bicinchoninic acid (BCA) protein assay kit (Pierce Biotechnology, Inc., Rockford, IL), according to the manufacturer's protocol. The relevant fractions were pooled and concentrated. For analysis of biological activity, the fractions were diluted in Hanks balanced salt solution (HBSS) to a concentration of 5 mg/ml and filtered through sterile 0.22  $\mu$ m filters.

#### 2.3. Characterization of polysaccharide fractions

Pooled fractions were analyzed for protein content using a modified Lowry assay with bovine serum albumin as the standard [10]. Uronic acid content was determined by the sulfamate-carbozole method [11]. Possible LPS contamination in the samples was evaluated using a Limulus Amebocyte Lysate (LAL) assay kit (Cambrex, Walkersville, MD).

For nuclear magnetic resonance (NMR) analysis, samples (5 mg) were dissolved in deuterium oxide (0.5 ml), and <sup>1</sup>H NMR spectra were recorded on a Bruker DRX-600 spectrometer (Bruker BioSpin, Billerica, MA) at 20 °C using 3-(trimethylsilyl)-propionic 2,2,3,3,-d<sub>4</sub> acid sodium salt as an internal reference.

The presence of arabinogalactan in the samples was detected radial gel diffusion in 1% agarose gels containing 100  $\mu$ g/ml  $\beta$ -glucosyl Yariv reagent, which selectively interacts with and precipitates compounds containing type II arabinogalactan structures [12]. Four  $\mu$ l of the polysaccharide samples (10 mg/ml) were loaded into the wells, and the samples were incubated at room temperature for 24 h in a humid atmosphere. A positive reaction was identified by a reddish circle around the well, and arabic gum (4 mg/ml) served as a positive control.

The homogeneity and average  $M_r$  of the polysaccharide fractions were determined by high performance size-exclusion chromatography (HP-SEC) using a Shimadzu Class VP HPLC and Shodex OHpak SB-804 HQ column (8 mm×300 mm) or TSK-GEL G3000WxI column (7.8 mm×300 mm) eluted with 50 mM sodium citrate buffer, pH 7.5, containing 0.15 M NaCl and 0.01% NaN<sub>3</sub> at a flow rate of 0.3 ml/min. Peaks were detected using a refractive index detector (RID-10A; Shimadzu, Torrance, CA). Average  $M_r$  of the polysaccharide fractions was estimated by comparison with the retention times of pullulan standards (P-800, 400, 200, 100, 50, 20, and 10; Phenomenex, Torrance, CA) or polyethylene glycol standards (PEG-11000, 5000, 3600, 1000, 600; Pressure Chemical Co., Pittsburgh, PA).

For monosaccharide composition analysis, samples were hydrolyzed at 100 °C for 6 h with 3 M TFA, and the resulting samples were separated by thin-layer chromatography (TLC) on Whatman silica gel 60 plates with monosaccharide standards for reference [13]. The TLC plates were developed with butanol/acetic acid/water (3:1:1), and bands were visualized by spraying the plates with aniline-diphenylamine reagent (2% aniline, 2% diphenylamine, and 8.5%  $\rm H_3PO_4$  acid in acetone) and heating at 100 °C for 10 min. Individual monosaccharide bands were scraped from the plate, extracted with  $\rm H_2O$ , and quantified using a colorimetric method with monosaccharide standards. Briefly, the extracts were mixed with anthrone reagent (0.2% anthrone and 1% thiourea in  $\rm H_2SO_4$ ). After heating at 100 °C for 10 min, absorbance was measured at 620 nm.

# 2.4. Cell culture

Murine macrophage J774.A1 cells were cultured in Dulbecco's Modified Eagle's Medium (Invitrogen) supple-

mented with 10% (v/v) heat-inactivated fetal bovine serum,  $100 \mu g/ml$  streptomycin, and 100 U/ml penicillin at 37 °C in a humidified atmosphere containing 5% CO<sub>2</sub>. Cells were grown to confluence in sterile tissue culture flasks and gently detached by scraping. Cell number and viability were assessed microscopically using trypan blue exclusion.

Human monocyte THP1-Blue cells obtained from Invivo-Gen (San Diego, CA) were cultured in RPMI 1640 medium supplemented with fetal bovine serum (10% v/v), zeocin (100  $\mu$ g/ml) and blasticidin S (10  $\mu$ g/ml) at 37 °C in a humidified atmosphere containing 5% CO<sub>2</sub>. These cells are stably transfected with a secreted embryonic alkaline phosphatase (SEAP) gene that is under the control of a promoter inducible by nuclear factor  $\kappa$ B (NF- $\kappa$ B).

#### 2.5. Analysis of NF-кВ activation

Activation of NF-κB was measured using an alkaline phosphatase reporter gene assay in THP1-Blue human monocytic cells. One week before an experiment, the cells were preactivated overnight with PMA (50 ng/ml) to induce differentiation and plated in 96-well plates at a cell density of 2×10<sup>5</sup> cells/well. The cells were then incubated for 5 days with daily media changes. On day 7, Tansy polysaccharide fractions or LPS (50 ng/ml) were added, the cells were incubated for 24 h, and alkaline phosphatase activity was measured in cell supernatants using QUANTI-Blue mix (InvivoGen, San Diego, CA). Activation of NF-κB is reported as the absorbance at 655 nm and compared with positive control samples (LPS).

### 2.6. Isolation of human neutrophils

Human neutrophils were purified in accordance with a protocol approved by the Institutional Review Board at Montana State University. Briefly, neutrophils were isolated from peripheral blood of healthy donors using dextran sedimentation followed by Histopaque 1077 gradient separation and hypotonic lysis of erythrocytes, as described previously [14]. Isolated neutrophils were washed and resuspended in HBSS without Ca<sup>2+</sup> and Mg<sup>2+</sup>. Cell viability was determined by trypan blue exclusion (>98%), and purity was determined by light microscopy (>95%).

#### 2.7. Analysis of NO production

J774.A1 cells were plated at a density of  $1.5 \times 10^5$  cells/well in a final volume of 200  $\mu$ l in 96-well flat-bottomed tissue culture plates and incubated in medium alone or medium containing various concentrations of polysaccharide fractions or *E. coli* LPS as a positive control. Cells were incubated at 37 °C and 5% CO<sub>2</sub> for 24 h, and 100  $\mu$ l of the cell culture supernatants were removed and analyzed for NO using a colorimetric method with NaNO<sub>2</sub> as the standard [15]. Briefly, supernatants were mixed with an equal volume of Griess reagent, which was prepared by mixing one part of 0.1% (w/v) *N*-(1-naphthyl)ethylenediamine

with one part of 1% (w/v) sulfanilamide in 5% H<sub>3</sub>PO<sub>4</sub> acid. After 20 min, absorbance was measured at 540 nm using a SpectraMax Plus microplate reader.

#### 2.8. Analysis of ROS production

Macrophage ROS production was analyzed using the chemiluminescent probe, L-012, which is highly sensitive for ROS generated in biologically complex systems [16]. Murine J774.A1 macrophages  $(1.5\times10^5~\text{cells/well})$  were incubated with various concentrations of polysaccharide fractions or positive control (LPS) for 24 h. After incubation, 100  $\mu$ l of culture supernatant (removed for NO analysis) was replaced by an equal volume of HBSS supplemented with 25  $\mu$ M L-012 and 5  $\mu$ g/ml HRP, as described previously [17]. The reaction was monitored on a Fluoroskan Ascent FL microtiter plate reader (ThermoElectron, Milford, MA) at 37 °C. Chemiluminescence was measured every 2 min for 2 h and is expressed as the integrated response over this time (arbitrary units).

#### 2.9. Determination of TNF-α

J774.A1 cells were incubated at a density of  $1.5\times10^5$  cells/well in final volume of 200  $\mu$ l for 24 h with or without Tansy polysaccharide fractions or LPS. A mouse TNF- $\alpha$  enzymelinked immunosorbent assay (ELISA) kit (BD Biosciences Pharmigen) was used to detect TNF- $\alpha$  in the cell supernatants. TNF- $\alpha$  concentration was determined by extrapolation from the TNF- $\alpha$  standard curve, according to the manufacturer's protocol.

### 2.10. Cytotoxicity assay

Cytotoxicity was analyzed with a CellTiter-Glo Luminescent Cell Viability Assay Kit (Promega, Inc., Madison, WI), according to the manufacturer's protocol. Briefly, J774.A1 cells were cultured at a density of  $3\times10^4$  cells/well with the polysaccharide fractions for 24 h at 37 °C and 5% CO<sub>2</sub>. After centrifugation of the samples at 80 ×g for 5 min, the media was aspirated, and the cells were washed three times with HBSS. Substrate was added, and the samples were analyzed with a Fluoroskan Ascent FL.

#### 2.11. Complement fixation assay

The complement fixation assay was performed as previously described by Diallo et al. [18]. Antibody-sensitized sheep erythrocytes were washed three times with GVB containing 0.5 mM  ${\rm Mg}^{2^+}$  and 0.15 mM  ${\rm Ca}^{2^+}$  ( ${\rm GVB}^{2^+}$ ) before use. The erythrocytes were resuspended in  ${\rm GVB}^{2^+}$  at a concentration of  $2\times10^8$  cells/ml, and human serum was diluted with  ${\rm GVB}^{2^+}$  to a concentration giving about 50% hemolysis. Triplicate samples containing 50  $\mu$ l of each serially-diluted polysaccharide fraction were mixed with 50  $\mu$ l diluted serum and added to microplate wells and incubated at 37 °C. After 30 min, sensitized sheep erythrocytes (50  $\mu$ l) were added to each well, and the samples were incubated for an additional 30 min at 37 °C. After

centrifugation (900 ×g for 5 min), 50  $\mu$ l of the supernatants were mixed with 200  $\mu$ l distilled H<sub>2</sub>O in flat-bottom microplates, and absorbance was measured at 405 nm. 100% lysis was obtained by adding distilled H<sub>2</sub>O to sensitized sheep erythrocytes. Samples containing GVB<sup>2+</sup>, serum, and sensitized sheep erythrocytes were used as background controls ( $A_{\rm control}$ ), while heparin served as a positive control. Inhibition of hemolysis induced by the test samples was calculated by the formula:  $[(A_{\rm control})^{-}A_{\rm sample})/A_{\rm control}] \times 100\%$ .

#### 2.12. Determination of myeloperoxidase (MPO) activity

Human neutrophils  $(4 \times 10^5 \text{ cells/well})$  were incubated in a final volume of 160  $\mu$ l at 37 °C for 1 h with or without Tansy polysaccharide fractions or PMA. After centrifugation of the samples at 80  $\times$ g for 5 min, 100  $\mu$ l of the cell culture supernatants were removed and analyzed for MPO activity. Briefly, supernatants were mixed with o-phenylene diamine (0.4 mg/ml) and  $1.5 \text{ mM H}_2\text{O}_2$  in phosphate-citrate buffer (pH

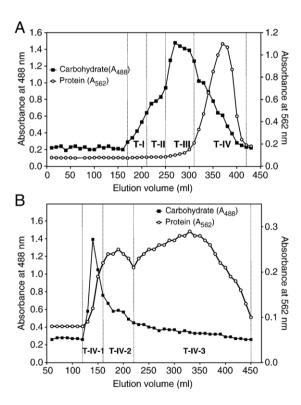


Fig. 1. Fractionation of Tansy polysaccharides by size-exclusion chromatography. Panel A. Crude Tansy polysaccharide extract was isolated by DEAE-cellulose chromatography, and the extract was further fractionated using Sepharose 6B column chromatography. Four fractions (designated T-I through T-IV) were collected. Panel B. Fraction T-IV was further purified using Sephadex G-50, and three fractions (designated T-IV-1 through T-IV-3) were selected for further analysis. Total carbohydrate content of the fractions was determined by a phenol-H<sub>2</sub>SO<sub>4</sub> method (detected at 488 nm), while protein content was analyzed using the BCA protein assay (detected at 562 nm).

5.0). The reaction was stopped after 10 min by addition of 0.1 M  $H_2SO_4$ , and absorbance was measured at 492 nm [19].

#### 3. Results

#### 3.1. Preparation and characterization of Tansy polysaccharides

Acidic polysaccharides obtained from Tansy extracts were fractionated by preparative Sepharose 6B size-exclusion chromatography to obtain four main fractions, which were selected based on total carbohydrate and protein elution profiles (designated as T-I, T-II, T-III, and T-IV) (Fig. 1A). Since fraction T-IV contained >40% protein (Table 1), we further separated this fraction by Sephadex G-50 chromatography into three sub-fractions (designated as T-IV-1, T-IV-2, and T-IV-3) (Fig. 1B). Sub-fraction T-IV-3 was almost all protein and contained very little carbohydrate; whereas, fraction T-IV-1 was high in carbohydrate and contained little protein (Table 1).

Analytical HP-SEC of the individual fractions showed that each fraction was represented by a broad, generally symmetrical peak on the chromatograms, suggesting the polysaccharide fractions were relatively homogeneous (data not shown). Analysis of pullulan standards ( $M_r$  from 5.9 to 788 kDa) and polyethylene glycol standards ( $M_r$  from 0.6 to 11 kDa) resulted in linear calibration curves that allowed us to determine average  $M_r$  of the fractions. As shown on Table 1, average  $M_r$ of polysaccharide fractions T-I through T-IV was 326, 151, 64 and 9 kDa, respectively, and average  $M_r$  of sub-fractions T-IV-1, 2, 3 was 42, 5, 2 kDa, respectively. Note that the average  $M_r$ of fractions T-IV-2 and T-IV-3 was ≤5 kDa, which is the pore size in the membrane used for ultrafiltration of the crude sample. Based on the high protein content of these fractions (see Table 1 and Fig. 1B), it is likely that fraction T-IV consisted of noncovalent protein:polysaccharide complexes that dissociated under the buffer/salt/mechanical conditions of the final Sephadex G-50 chromatography step. Indeed, previous studies have shown that charge effects, solution conditions, and membrane surface characteristics can impact ultrafiltration and SEC fractionation, with various organic components being affected differently [20,21].

Analysis of the main fractions using the Yariv test showed that fractions T-II, T-III, and T-IV contained type II arabinogalactan; whereas, fraction T-I tested negative for the

Table 1 Biochemical properties of polysaccharide fractions isolated from Tansy

Polysaccharide fraction	Average $M_r$ (kDa)	Yariv test	Protein content (%)	LPS content (ng/mg)
T-I	326	Negative	1.2	< 1.0
T-II	151	Positive	3.1	< 2.5
T-III	64	Positive	7.0	< 2.5
T-IV	9	Positive	41.2	< 1.0
T-IV-1	42	Positive	13.2	< 1.0
T-IV-2	5	Negative	39.4	< 1.0
T-IV-3	2	Negative	54.0	< 1.0

Table 2 Sugar composition of polysaccharide fractions isolated from Tansy

Polysaccharide fraction	Galactose (mol%)	Galacturonic acid (mol%)	Arabinose (mol%)	Rhamnose (mol%)
T-I	44.2	39.2	13.1	3.4
T-II	48.9	27.8	19.8	3.5
T-III	38.0	41.9	18.0	2.1
T-IV	35.9	22.8	38.4	2.9

Monosaccharides were identified and quantified based on TLC analysis of known standards.

presence of arabinogalactan (Table 1). Likewise, analysis of T-IV sub-fractions using the Yariv test showed that only the high molecular weight component (sub-fraction T-IV-1) contained arabinogalactan (Table 1).

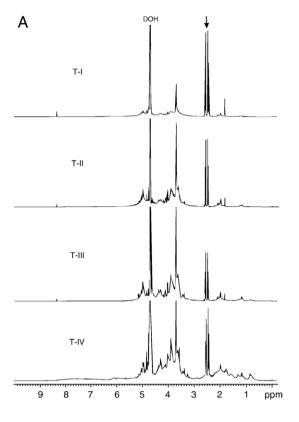
Uronic acid was detected in all four main fractions using a sulfamate-carbazole assay, suggesting galacturonic acid (GalA) residues were present in Tansy polysaccharides. The samples were also tested for possible LPS contamination using the LAL assay. As shown in Table 1, all fractions contained <2.5 ng/mg endotoxin, which is considered to be insignificant for various bioactive products [22,23].

Analysis of sugar composition revealed that Tansy polysaccharides consisted primarily of galacturonic acid (GalA), galactose (Gal), arabinose (Ara), and rhamnose (Rha), with GalA and Gal being the dominant monosaccharides (Table 2). These data are in general agreement with the monosaccharide composition of tanacetan, a previously reported polysaccharide from Tansy [24]. Rha and GalA may constitute a rhamnogalacturonan backbone that is either associated with or might be covalently linked to arabinogalactan [25].

Very-high-field (600 MHz) <sup>1</sup>H NMR was used to characterize the structure of the native Tansy polysaccharides (Fig. 2). The spectra of all of the fractions were similar to each other, suggesting a common backbone structure, and resembled the spectra of tanacetan reported previously [24]. The weak signals present at 3.38-3.45 ppm can be assigned to  $\alpha$ rhamnopyranose ( $\alpha$ -Rha p), while the strong signals at 3.68– 3.90 ppm were consistent with the presence of β-galactopyranose ( $\beta$ -Gal p) [24]. The signals at 4.05–5.05 ppm were consistent with the presence of  $\alpha$ -arabinofuranose ( $\alpha$ -Ara f) and  $\alpha$ -galacturonopyranose ( $\alpha$ -GalA p) residues [24,26]. Additionally, the signals at 1.14-1.20 and 1.97-2.08 ppm can be assigned to methyl groups and N/O-acetyl groups, respectively. Signals corresponding aromatic protons (5.48-8.35 ppm) were observed only in fractions T-IV and T-IV-3. The presence of aromatic resonances is consistent with the high protein content of these two fractions (see Table 1). The paired doublet at 2.48-2.55 ppm in the spectra of fractions T-I through T-IV is due to the presence of sodium citrate bound to the polysaccharides (Fig. 2A, arrow).

# 3.2. Effect of Tansy polysaccharides on macrophage NO and ROS production

A minimum amount of NO was produced when murine J774. A1 macrophages were incubated with medium alone; whereas,



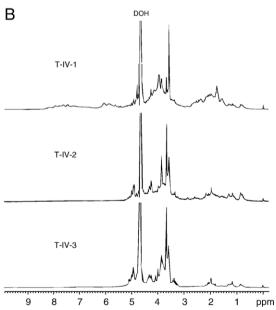


Fig. 2. <sup>1</sup>H NMR spectra of Tansy polysaccharide fractions. Fractions T-I through T-IV (Panel A) and T-IV-1 through T-IV-3 (Panel B) were dissolved in D<sub>2</sub>O, and spectra were recorded at 20 °C.

treatment of these cells with polysaccharide fractions T-I, T-II, and T-III resulted in a dose-dependent increase in NO production, with fraction T-II being the most active (Fig. 3A). Indeed, NO

production induced by fraction T-II was comparable to that induced by 50 ng/ml LPS. In contrast, fraction T-IV polysaccharides failed to induce NO production, even at the maximal dose.

In the absence of any treatment, murine macrophages generated very low levels of ROS (Fig. 4, control); whereas, a dose-dependent enhancement of ROS production was observed in macrophages treated with 200–1600  $\mu g/ml$  of polysaccharide fractions T-I, T-II, and T-III (Figs. 3B and 4), with fraction T-II being the most active fraction. No stimulation of ROS production was observed with fraction T-IV. Thus, the individual polysaccharide fractions showed a similar pattern with respect to their ability to induce NO and ROS production by murine J774.A1 macrophages.

We confirmed that the differential effects of Tansy polysaccharide fractions on macrophage responses were not due to cytotoxic effects on the cells using a cytotoxicity assay. None of the Tansy polysaccharide fractions inhibited proliferation/ viability of J774.A1 cells over the entire concentration range of Tansy polysaccharides tested ( $200-1600 \mu g/ml$ ) (Fig. 5).

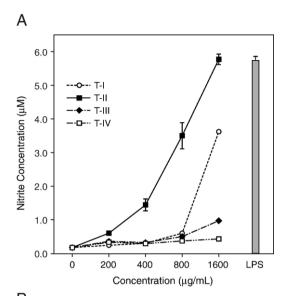
# 3.3. Effect of Tansy polysaccharides on macrophage TNF- $\alpha$ production

A number of immunomodulatory compounds modulate macrophage cytokine and/or chemokine production. Thus, we analyzed the effects of Tansy polysaccharide fractions on murine macrophage TNF- $\alpha$  production. Untreated murine J774.A1 macrophages produced negligible amounts of TNF- $\alpha$ ; whereas, incubation of these cells with polysaccharide fractions T-I and T-II modestly enhanced the TNF- $\alpha$  production (Fig. 6). In contrast, fractions T-III and T-IV failed to stimulate this response. As expected, LPS, a strong cytokine inducer, greatly enhanced TNF- $\alpha$  production by murine macrophages (Fig. 6).

## 3.4. Effect of Tansy polysaccharides on the complement system

Tansy polysaccharide fractions were tested for their ability to fix complement, as compared to heparin, a known complement fixing agent. As shown in Fig. 7A, addition of fraction T-IV and, to a lesser degree, T-III resulted in dose-dependent inhibition of erythrocyte hemolysis, indicating that these fractions exhibited potent complement fixing activity. Indeed, the level of hemolysis inhibition at 1000  $\mu g/ml$  of T-IV was comparable to that induced by the positive control heparin (Fig. 7A). In contrast, fractions T-I and T-II failed to fix complement, even at the maximal concentrations.

To determine whether the carbohydrate or protein component of fraction T-IV contributed to the anticomplement activity, we further evaluated complement fixing activity of the three sub-fractions purified from fraction T-IV. Sub-fraction T-IV-1, which had the least protein, exhibited the highest activity; whereas, sub-fraction T-IV-3, which had the highest protein content, was the least active (Fig. 7B). Thus, these results suggest that the carbohydrate moiety of fraction T-IV was responsible for this biological activity.



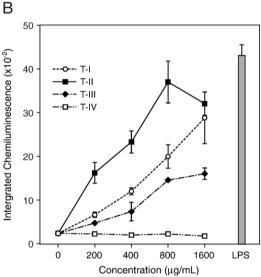


Fig. 3. Modulatory effects of Tansy polysaccharide fractions on murine macrophage ROS and NO production. J774.A1 macrophages were incubated for 24 h with the indicated concentrations of polysaccharide fractions or 50 ng/ml LPS (positive control). NO production was quantified by measuring nitrite in the cell-free supernatants (Panel A), and ROS were monitored using a chemiluminescence detection system, as described (Panel B). Values are the mean±S.D. of three replicates.

#### 3.5. Effect of Tansy polysaccharides on neutrophil MPO release

To determine whether human phagocytes also respond to Tansy polysaccharides, we analyzed polysaccharide effects on MPO release by human neutrophils, which is indicative of granule mobilization. Treatment of neutrophils with all the fractions resulted in a dose-dependent enhancement of MPO release (Fig. 8A). Indeed, the level of MPO release induced by 800 µg/ml of fractions T-I, T-II, and T-IV was comparable to that

induced by 100 nM PMA (Fig. 8A). Thus, these results demonstrate an important role for enhancing neutrophil function in the immunomodulatory properties of Tansy polysaccharides. The three sub-fractions purified from fraction T-IV were also tested for their ability to modulate neutrophil function. Subfractions T-IV-1 and T-IV-2 dose-dependently stimulated MPO release; whereas, fraction T-IV-3 was much less active (Fig. 8B).

# 3.6. Effect of Tansy polysaccharides on activation of NF-кB in THP-1 monocytic cells

To evaluate signaling pathways involved in the immuno-modulatory activity of Tansy polysaccharides, we utilized a transcription factor-based bioassay for NF- $\kappa$ B activation in human THP-1 monocytes. Tansy polysaccharide fractions T-I, T-II, and T-III dose-dependently stimulated NF- $\kappa$ B, as determined by monitoring alkaline phosphatase release (Fig. 9), indicating that these polysaccharides potently stimulated the NF- $\kappa$ B activation pathway. Alkaline phosphatase release induced by fractions T-I and T-II was  $\sim 50\%$  of that induced by 50 ng/ml LPS. In contrast, treatment with fraction T-IV resulted in negligible NF- $\kappa$ B activation, even at high concentrations of this polysaccharide fraction.

#### 4. Discussion

Tansy is a commonly grown domestic remedy that is reported to be useful in treating a variety of medical problems, such as kidney weakness, stomach problems, fever, hysteria [6]. Despite the widespread use of Tansy, little is known regarding the active component(s) responsible for its therapeutic effects. In this study, we demonstrate that acidic polysaccharides extracted from Tansy florets can enhance macrophage and neutrophil function and, for one fraction, fix complement, suggesting these properties may contribute to the therapeutic efficacy of Tansy extracts.

We provide initial structural and pharmacological characterization of polysaccharides purified from Tansy florets. All Tansy polysaccharide fractions, except for the high  $M_r$  fraction A-I, were type II arabino-3,6-galactans. Type II arabinogalactans have a  $\beta$ -(1,3)-linked galactan backbone with side chains containing arabinose and galactose residues and have been reported to possess a variety of biological activities. Indeed, Nergard et al. [27] proposed that the composition of arabinogalactan side chains is related to the biological activity of plant polysaccharides, and we recently found that biologically-active polysaccharides isolated from *Juniperus sco-polorum* contained type II arabinogalactan [28].

Tansy polysaccharide fraction T-IV and its sub-fraction T-IV-3 exhibited potent complement fixing activity, which may also contribute to the therapeutic potential of Tansy

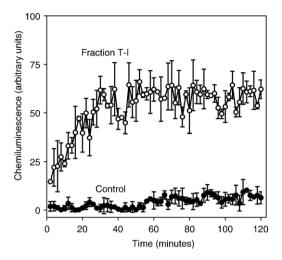


Fig. 4. Kinetics of ROS production in murine macrophages stimulated by Tansy polysaccharides. J774.A1 cells were incubated for 24 h with medium alone (control) or polysaccharide fraction T-I (1600  $\mu$ g/ml), and chemiluminescence was monitored, as described. Values are the mean  $\pm$  S.D. of three replicates.

extracts. In this assay, interaction of the antibody with complement protein initiates the sequential complement-activation pathway, resulting in the formation of membrane attack complex (MAC) that leads to erythrocyte lysis. Previous studies showed that Tansy polysaccharides have lipoprotein-binding activity, which was proposed to contribute to their antiatherogenic activity [7]. Likewise, a similar protein-binding property could enable Tansy polysaccharides to bind or fix complement protein, thereby preventing formation of MAC and inhibiting hemolysis. Indeed, Xu et al. [29] recently found that interaction of polysaccharide from *Bupleurum smithii* with complement

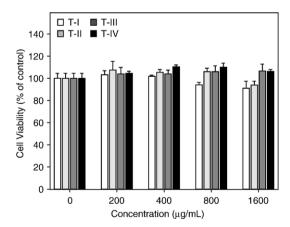


Fig. 5. Effects of Tansy polysaccharide fractions on cell proliferation. J774.A1 cells were cultured for 24 h with the indicated concentrations of polysaccharide fractions, and cell viability was determined using the luminescent cell viability assay kit, as described. Values are the mean±S.D. of three replicates.

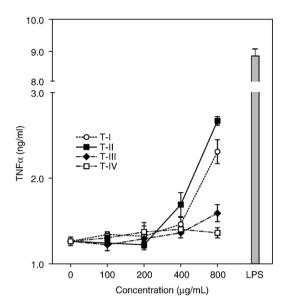


Fig. 6. Modulatory effects of Tansy polysaccharide fractions on murine macrophage TNF- $\alpha$  production. Cultured J774.A1 macrophages were incubated for 24 h with the indicated concentrations of polysaccharide fractions or 50 ng/ml LPS (positive control). Cell-free supernatants were collected, and extracellular TNF- $\alpha$  secretion was quantified by ELISA, as described. Values are the mean±S.D. of three replicates. Effects of Tansy polysaccharide fractions on cell proliferation. J774.A1 cells were cultured for 24 h with the indicated concentrations of polysaccharide fractions, and cell viability was determined using the luminescent cell viability assay kit, as described. Values are the mean±S.D. of three replicates.

proteins resulted in anticomplement activity. The complement system plays an essential role in innate immunity, contributing to inflammatory responses and the destruction and removal of pathogens (reviewed in [30]). However, excessive or uncontrolled complement activation can also contribute to host tissue damage, and therapeutic strategies have been developed to inhibit this process [31]. Likewise, the removal of complement by polysaccharide fixation has also been proposed to be a potential therapeutic strategy for treating inflammatory diseases [27]. A number of reports have shown polysaccharides from different plants can enhance wound healing, and some of these polysaccharides also have anticomplement activity (reviewed in [4]). For example, Samuelsen et al. [32] reported that the wound healing properties of *Plantago major* L. polysaccharides were at least partly due to their ability to fix complement. Similarly, wound healing properties of polysaccharides from Biophytum petersianum Klotzsch were reported to be related to their effects on the complement system [33]. Indeed, Wagner [34] suggested that the anticomplement properties of plant-derived polysaccharides significantly contribute to their anti-inflammatory properties. Thus, the anticomplement activity of Tansy polysaccharides may

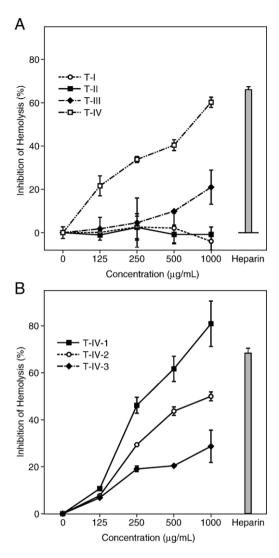


Fig. 7. Complement fixing activity of Tansy polysaccharide fractions. The indicated concentrations of each polysaccharide fraction were analyzed for their ability to fix complement, as described. Heparin (150  $\mu$ g/ml) served as positive control. Values are the mean $\pm$ S.D. of three replicates.

represent an important biological activity that could also be considered for further medicinal applications.

Macrophages play key roles in host defense, including phagocytosis of pathogens and apoptotic cells, production of cytokines, and the proteolytic processing and presentation of foreign antigens (reviewed in [35]). Consequently, the identification of substances that can modulate macrophages is of great interest, and it is well established that a wide range of plant polysaccharides exhibit beneficial pharmacological effects via their ability to modulate macrophage function (reviewed in [4]). Thus, it is not surprising that Tansy polysaccharide fractions exhibited macrophage immunomodulatory properties.

Fraction T-I and T-II exhibited the most potent immunoenhancing activity and stimulated murine J774.A1 macrophages to produce significant levels of NO and ROS. Both NO and ROS play important roles in a variety of physiological processes and are key participants in host defense (reviewed by [36,37]). In addition, these reactive oxidants have also been shown to be involved in the regulation of apoptosis and immune homeostasis [38].

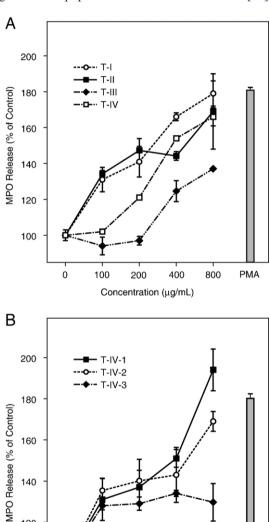


Fig. 8. Effects of Tansy polysaccharide fractions on neutrophil MPO release. The indicated concentrations of each polysaccharide fraction were incubated with human neutrophils ( $4 \times 10^5$  cells/well) for 60 min at 37 °C. MPO activity was analyzed spectrophotometrically in the cell supernatant as described. PMA (100 nM) served as positive control. Values are the mean $\pm$ S.D. of three replicates.

200

Concentration (µg/mL)

400

**PMA** 

800

100

120

100

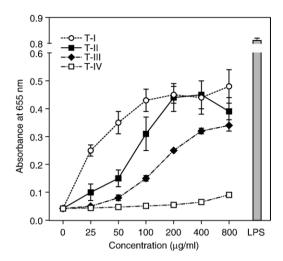


Fig. 9. Effects of Tansy polysaccharide fractions on NF- $\kappa$ B activity. Human THP1-Blue monocytes ( $5 \times 10^5$  cells/well) were incubated for 24 h with the indicated concentrations of each polysaccharide fraction or 50 ng/ml LPS (positive control). Alkaline phosphatase release was analyzed spectrophotometrically in the cell supernatant, as described. Values are the mean $\pm$ S.D. of three replicates.

Tansy polysaccharide fractions T-I and T-II greatly enhanced macrophage production of TNF- $\alpha$ , which is an important cytokine involved in innate immune responses against pathogens [39]. TNF- $\alpha$  plays a key role in inflammation and can act on monocytes and macrophages in an autocrine manner to enhance various functional responses and induce the expression of additional immunoregulatory and inflammatory mediators [40]. Thus, the modulation of macrophage TNF- $\alpha$  production likely contributes to part of the therapeutic effects of Tansy extracts and confirms that Tansy polysaccharides have potent immunomodulatory properties.

Neutrophils are principal effectors of the initial host response to injury or infection and constitute a significant threat to invading bacterial pathogens (reviewed in [41]). Thus, it is significant that Tansy polysaccharides also stimulated neutrophil degranulation and MPO release. Neutrophil granules contain a multitude of antimicrobial and potentially cytotoxic substances that are delivered to the phagosome or to the exterior of the cell following degranulation [42]. MPO is a key enzyme released into the phagosome or the extracellular space upon neutrophil activation and plays an important role in microbicidal activity by catalyzing the formation of various ROS that can attack microorganisms [43]. Thus, the ability to stimulate neutrophil MPO release could represent an important immunomodulatory property of Tansy polysaccharides. Likewise, other botanical polysaccharides have previously been shown to stimulate neutrophil degranulation. For example, Ross et al. [44] showed that β-glucans from yeast bind to iC3b-receptors (CR3, CD11b/CD18) of neutrophils, stimulating degranulation. Similarly, polysaccharides from *Silene vulgaris* were found to increase neutrophil MPO activity [19].

Tansy polysaccharides potently activated transcription factor NF-KB in THP-1 human monocytes. Activation of NF-kB controls multiple genes in phagocytes, and target genes regulated by NF-kB include proinflammatory cytokines, chemokines, inflammatory enzymes, adhesion molecules, receptors, and inhibitors of apoptosis (reviewed in [1,45]). Therefore, the ability to activate phagocyte NF-kB signaling provides further evidence that Tansy polysaccharides possess immunomodulatory properties, and confirmed that human phagocytes respond to these compounds. In support of this finding, a number of polysaccharides have been reported previously to activate NF- $\kappa$ B. For example, high  $M_r$  polysaccharides from Aloe vera increased NF-KB directed luciferase expression in THP-1 cells [46]. Likewise, high  $M_r$ polysaccharides from Spirulina platensis, Aphanizomenon flos-aquae, and Chlorella pyrenoidosa were found to activate NF-kB, leading to increased immune cytokine mRNA levels [47]. It is well known the activation of NFκB plays a critical role in the transcriptional regulation of TNF- $\alpha$  and inducible NO synthase (iNOS) genes [45]. In addition, TNF-α [48] and NO [49] generated upon cell activation can further activate the NF-kB pathway. Thus, it is reasonable that Tansy polysaccharide fractions T-I and T-II dose-dependently stimulated both macrophage TNF-α and NO production and also activated NF-κB in a similar pattern. In future studies, it will be interesting to determine whether these polysaccharides enhanced production of proinflammatory mediators (e.g., TNF-α and NO) through activation of NF-kB and/or vice versa.

In summary, we isolated four polysaccharide fractions from Tansy florets and demonstrated that these polysaccharides exhibited potent macrophage-activating properties, resulting in modulation of NO, ROS, and TNF- $\alpha$  production. Tansy polysaccharides also stimulated neutrophil MPO release and activated NF- $\kappa B$  signaling in monocytic cells. Lastly, some Tansy polysaccharides had potent complement-fixing activity. Taken together, our data provide a molecular basis to explain at least part of the beneficial therapeutic effects reported for Tansy extracts, suggesting that modulation of phagocytes by Tansy polysaccharides could lead to a decreased susceptibility to microbial infection.

# Acknowledgements

We would like to thank Dr. Scott Busse, Montana State University, Bozeman, MT for help in running NMR

samples and Liliya Kirpotina, Laura Nelson-Overton, and Daniel Siemsen for technical support. This work was supported in part by Department of Defense grant W9113M-04-1-0001, National Institutes of Health grant RR020185, an equipment grant from the M.J. Murdock Charitable Trust, and the Montana State University Agricultural Experimental Station. The U.S. Army Space and Missile Defense Command, 64 Thomas Drive, Frederick, MD 21702 is the awarding and administering acquisition office. The content of this report does not necessarily reflect the position or policy of the U.S. Government.

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