

Total Hip Arthroplasty protocol.

Pre-Op	<p>Pre-emptive Analgesia: Celebrex 200 mg PO. Lyrica 75 mg PO. Acetaminophen 1 gm IV.</p> <p>Infection prophylaxis: Cefazolin 30 minutes before incision 1 gm IV for Patients < 80 kg 2gm IV for patients >80 kg. If Penicillin allergy use Vancomycin 1gm IV infusion within an hour.</p>
Intra-op/ Anesthesia	<p>Anesthesia plan Combined Epidural spinal, (preferred choice), follow ASRA guideline for exclusion of CSE Anesthesia. Alternatively, General Anesthesia with no ND paralytic agent.</p> <p>Prevention of blood loss: Tranexamic Acid 10mg/kg IV before incision. (1st Dose) Tranexamic Acid 10mg/kg IV at closure (2nd Dose). (look exclusion group for TXA)</p> <p>Maintain normothermia with forced Air or Fluid warmer. Propofol sedation if Spinal anesthesia planned.</p> <p>Fluid Management: Combination of colloid and crystalloids.</p>
Postop	Post-operative Pain management as per Acute Pain service care plan.