

January 25, 2021

Dear Members of the DoM Community,

Here is a weekly update on the status of COVID-19 as it relates to our community. Much of this information is also available on the SBUH intranet portal, *ThePulse*, periodic email announcements from SBU and SBM leadership, and government websites including Suffolk County and New York State. My goal is to consolidate the information so everyone can stay updated on the current situation.

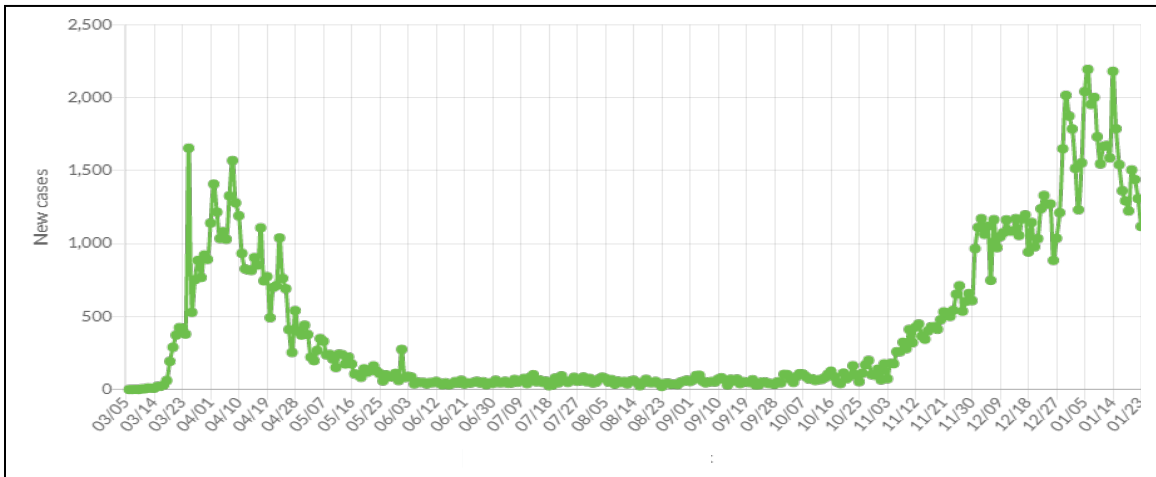
1. Suffolk County Case Data (source = Suffolk County Government website)

As of January 23, the following data are available on COVID-19 infection in Suffolk County.

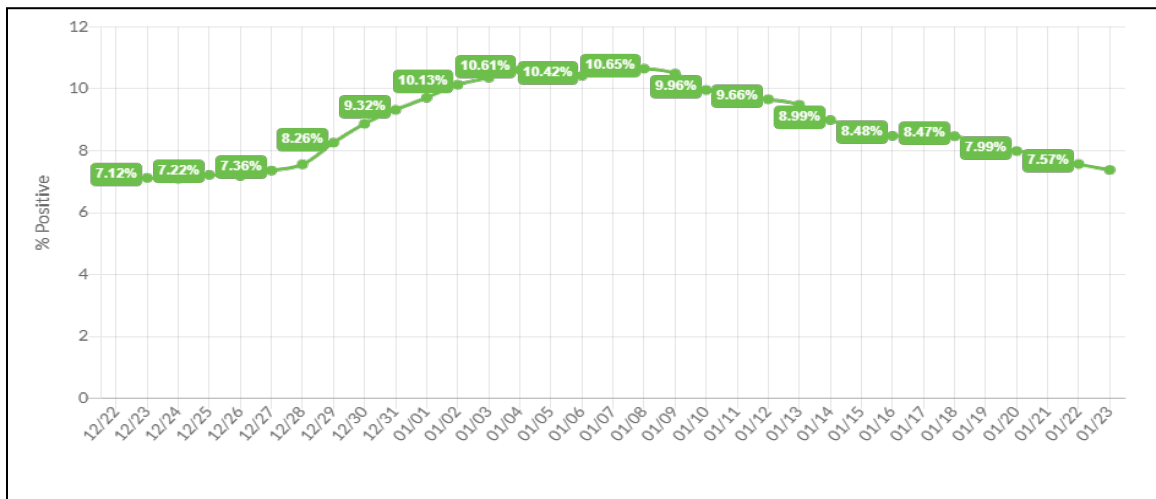
COVID-19 Testing:

On January 23,

- 17,867 COVID-19 tests were administered.
- 2,382,701 total tests have been administered since March.
- 1,117 new cases were reported (see figure below for all-time trend beginning March 1, 2020).



- 135,174 total cases have been reported since March.
- 5.7% of those tested since March have been confirmed positive for COVID-19.
- 6.3% tested positive in Suffolk County yesterday; 7.4% positive on a 7-day average (see figure below for one-month trend).



Antibody Testing:

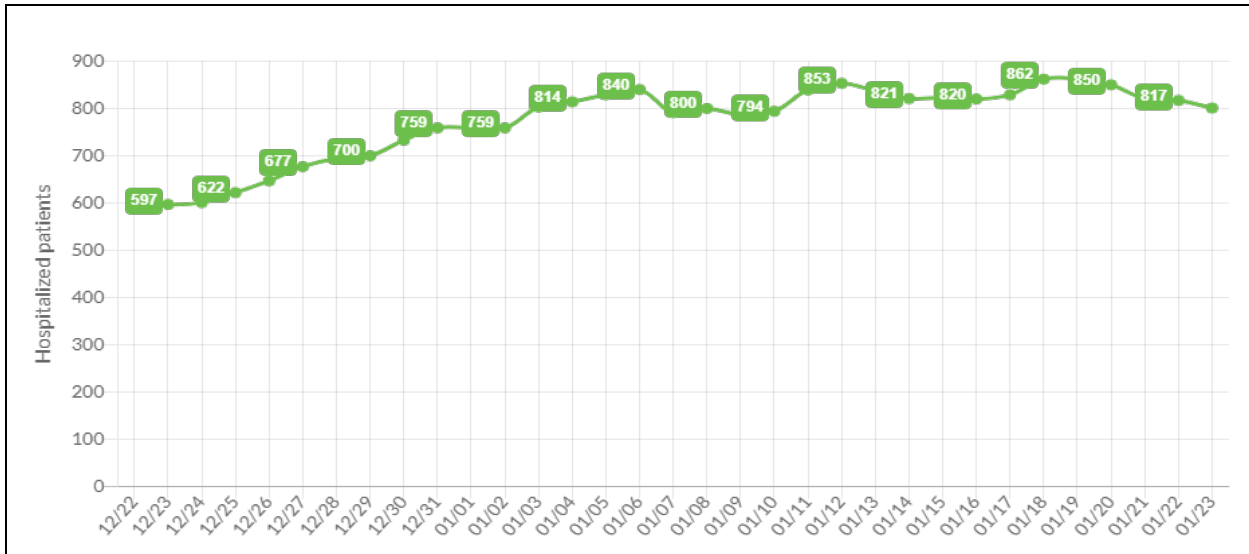
- 34,973 individuals not previously tested for COVID-19 have tested positive for antibodies.
- 322,882 total were tested for antibodies.

Fatalities:

- 13 fatalities.
- 2,690 total fatalities.

COVID-19 Hospitalizations data from January 23, 2021:

- 801 individuals were hospitalized, a decrease of 16 in 24 hours (see figure below for one-month trend).



- 85 were new admissions.
- 136 patients were in the Intensive Care Unit (ICU), an increase of 6 in 24 hours.
- 81 patients were in the ICU and intubated.
- 88 were discharged since the last report.
- 9,806 were discharged since March 22.

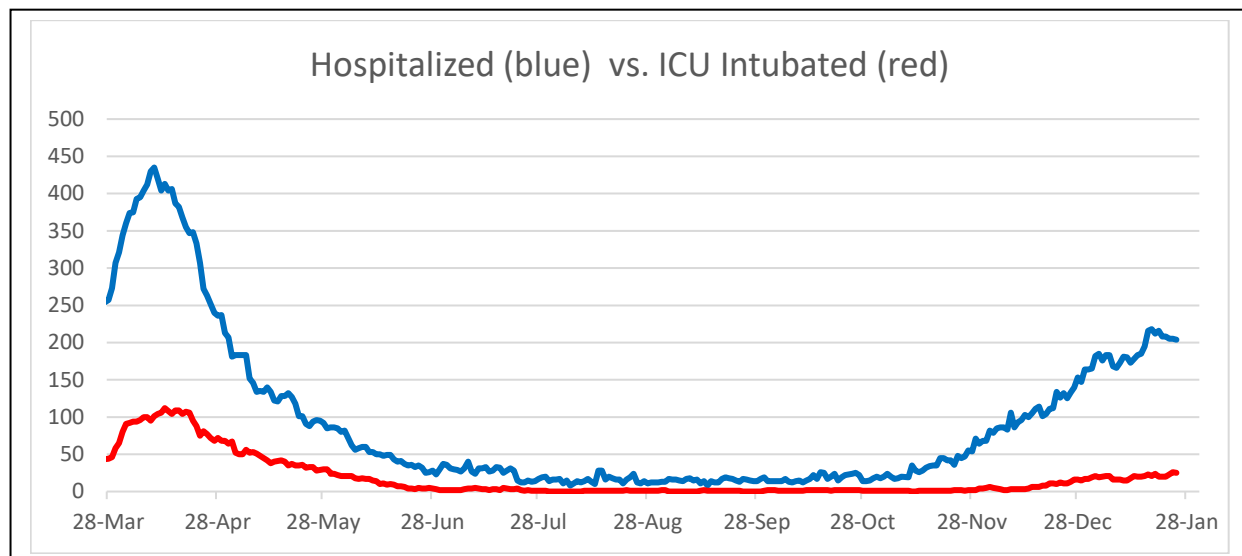
Hospital Capacity:

- 3,209 hospital beds, 752 available, 23%.
- 439 ICU beds, 97 available, 22%.

2. SBUH COVID-19 Hospitalization Data (source = Hospital Incident Command Structure or HICS)

At midnight Sunday, January 24, SBUH census is as follows (see figure below for all-time trend of hospitalization).

- 200 COVID + inpatients, a decrease of 15 from one week before.
 - 33 patients were in ICU level of care; 25 on ventilators.
 - 33 in ICR.
 - PUIs = 4.
 - COVID admissions on Sunday = 12.
 - COVID live discharges = 13.
 - COVID-related deaths = 5.



- Total SBUH census = 638; 517 are Medicine/Surgery (113% capacity).
- Medicine is at the frontline in combating COVID, including Residents, Fellows, Hospitalists, General Medicine, Pulmonary/Critical Care, Infectious Disease, Cardiology, Nephrology, and many others.
- Endoscopy, cardiac cath and electrophysiology reduced to urgent or emergent cases.
- Periodic re-deployment of personnel per hospital HICS leadership.

3. Vaccination Program Update (sources = CDC, NYS DOH, and SBM)

- Per CDC, total doses of vaccine distributed in the U.S. = 41,411,550; total doses administered = 21,848,655 (53%).
- For New York state, total doses distributed = 2,395,950 (includes federally distributed doses to long-term care facilities; administered = 1,365,404 (57%).
- Percentage of New Yorkers vaccinated = 6% at least one shot; 0.9% two shots.
- Number of Long Islanders receiving first dose = 144,508; second dose = 139,929.
- The State of New York has broadened the eligibility of vaccine recipients to include Phase 1b (which includes individuals age 65 and older). For a detailed description of eligibility of Phases 1a and 1b, please go to: <https://covid19vaccine.health.ny.gov/phased-distribution-vaccine>.
- As of now, **the State has the sole authority to allocate vaccines to designated PODs (point of dispenses) and schedule appointment.** Our call center and clinic staff have been instructed to refer all patients to the NYS website for information on eligibility and appointment scheduling (<https://am-i-eligible.covid19vaccine.health.ny.gov/>).
- The following section contains detailed information on the current status of vaccine program (taken from *ThePluse*).

4. Pooled Surveillance Testing (source = SBM Coronavirus Update email)

- All **Stony Brook University Hospital staff, FSA hospital colleagues and School of Medicine clinical faculty** are required to participate in ongoing pooled COVID surveillance testing. Please attend the required Anterior Nasal Swab COVID surveillance testing in the Health Sciences Galleria on Level 3. Testing hours have been expanded and are now offered on **Mondays and Wednesdays, 5:45 am to 3:15 pm, and Tuesdays and Thursdays, 7:45 am to 5 pm.** Currently, employees are required to be tested every other week, but beginning the week of Jan. 25, this screening requirement will change to weekly. This increased frequency is in response

to the rapid community spread of the disease and will help us feel more secure in knowing that we are doing everything possible to stay safe. **No appointment is needed, and no pre-registration is needed.**

- The anterior nasal swab (ANS) is a gentle, noninvasive short swab. It is only 0.75 inches long in comparison to the 6-inch long (nasopharyngeal) swab used in other types of COVID testing. The individual gently rotates the soft polyester tip around the anterior walls of each nostril for approximately 10 seconds.
- If you have previously tested positive for COVID-19, do not report for testing. You will be exempt from the testing requirement.
- If you previously tested positive for COVID-19 and you have NOT previously informed Employee Health & Wellness of your positive test result, please contact Employee Health at (631) 444-7767 right away.
- ***If you have received the COVID vaccine, you are still required to participate in pooled surveillance testing.***
- ***For non-clinical faculty and staff, please follow instructions from the University for pooled testing (<https://www.stonybrook.edu/commcms/comingback/covidtesting.php>).***

5. Symptomatic Employee Testing (source = SBM leadership communication)

- For employees who need to be tested either because they are symptomatic for COVID or have had symptoms after vaccination this is the link for how they can schedule a test.
- This is not for asymptomatic providers or providers who have been had an exposure. Remember anyone with a known exposure as defined by CDC should call employee health and follow NYS DOH guidelines for quarantining.

<https://outlook.office365.com/owa/calendar/EmployeeCOVID19TestingEmergencyDepartment@stonybrookmedicine.edu/bookings/>



6. Faculty and Staff Resilience Wellness Resources

With the pandemic persisting for close to a year, each of us has been affected in different ways. Many are seeking ways to cope and adapt to the challenges posed by the pandemic and to recover from the difficulties in this journey. The following websites may provide some resources and tools that provide tips and insights with which individuals may consider visiting.

COVID-19 Resources and Resiliency Tools from Stony Brook Medicine:
<https://www.stonybrookmedicine.edu/COVID19ResourceResiliencyTools>

Employee Assistance Program of Stony Brook University- Confidential resource to provide support
<https://www.stonybrook.edu/commcms/eap/index.html>

YouTube video for family members of frontline health care professionals and first responders regarding pandemic stress reactions

<https://www.youtube.com/watch?v=iFqZO3c-giU&feature=youtu.be>

Coronavirus Anxiety Workbook – A tool to help you build resilience during difficult time

<https://thewellnesssociety.org/wp-content/uploads/2020/04/Coronavirus-Anxiety-Workbook.pdf>

Clinician Wellbeing – Resources from the ACP

https://assets.acponline.org/coronavirus/scormcontent/?&_ga=2.268220172.383107280.1611515266-1242654504.1611515266#/lessons/5QEJ3kMgBPIJ2y3hDKf0bxD9fCzVfypS

I hope the information provided here is useful to you in keeping track of the progression of the pandemic. Thank you for your attention and please stay safe.

Sincerely,

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