

Welcome to Stony Brook



Guide To Long Island

The Where and What

It's easy to find Long Island on a map, as all you have to do is look for a stretch of land jutting off New York State in its southeastern region.

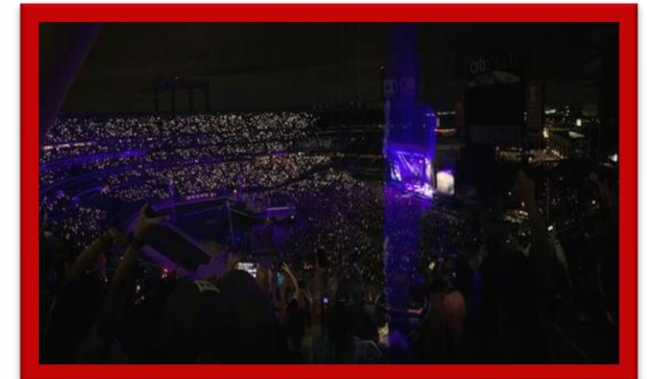
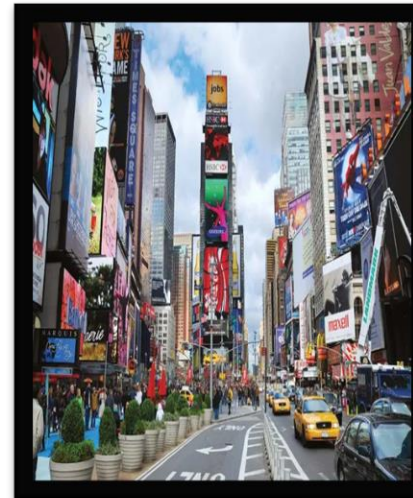
Surrounded by the Long Island Sound and Atlantic Ocean, our coasts are filled with wonderful, natural places, such as Jones Beach State Park, Fire Island, and Montauk Point State Park, (the latter is home to the late-1700s Montauk Lighthouse).

The East End, also known as the North Fork, is home to wineries, farms, and the Hamptons.

Suffolk County, where Stony Brook can be found, is spattered with quaint towns, trendy restaurants, beautiful natural areas, wonderful farms, and a variety of shops.

Also located a quick train ride or drive away is Manhattan. The city is home to great, restaurants, shops, shows, venues and sites such as, MSG (Madison Square Garden), Barclays Center, Time Square, Broadway, and more!

Long Island, especially Stony Brook and its surrounding area, offer the best of both worlds!



**FAR
BEYOND**

 Stony Brook Medicine

 Renaissance School of Medicine
Stony Brook University

Guide to Long Island

Map of LI



LEGEND

-  SBUH
-  Out Patient Clinics
-  Nursing Homes, VAs, Assisted Livings, Hospice facilities
-  Things To Do & See



Stony Brook Medicine

All we do is all for you.



Ambulatory Care Services



Acute Care Services



Long Term Care Services

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Stony Brook Medicine



Renaissance School of Medicine
Stony Brook University

Who are we?

Program Overview & Highlights

The Geriatric Medicine Fellowship prepares internists and family physicians to become highly skilled clinicians and educators in the field of Geriatrics and to acquire the requisite teaching and research skills to pursue a career in academic medicine. Our fellows care for elderly patients with a wide variety of medical problems – from the essentially healthy elder who has limited disease to the frail nursing home resident with multiple comorbidities.

Highlights

- *Upon completion, fellows are eligible to sit for CAQ in Geriatric Medicine*
- *Geriatric board exam preparation*
- *Development of leadership skills*
- *Training in all aspects of Geriatric Medicine*
- *Didactic training in statistical analysis and epidemiology*
- *Excellent continuity of care experience*
- *Many QI/QA project opportunities*
- *Health Literacy training*
- *Access to Clinical Simulation Center*
- *Many teaching opportunities*
- *Affiliation with three teaching nursing homes*
- *End of life palliative medicine training*
- *One-on-one mentoring from experienced faculty*

Who are we?

Program Leadership



Suzanne Fields, MD, FACP
Division Chief, General, Geriatric and
Hospital Medicine



Catherine Nicastri, MD
Program Director



Lindsey Schachter, MD
Associate Program Director



Kat Monno
Program Coordinator

What are our goals?

- To train fellows to become highly skilled clinicians and educators in the field of Geriatrics
- To enable fellows to acquire the requisite teaching and research skills to pursue a career in academic medicine.
- To provide a comprehensive curriculum that covers the full continuum of geriatric care

What do we offer?



**Two ACGME
Accredited Geriatric
Fellowship Tracks**
ACGME ACCREDITED FOR OVER 30 YEARS!

One-Year Track
Has emphasis on clinical excellence in a variety of settings from the outpatient, inpatient, nursing home, in home, and assisted living settings.
The one-year also allows fellows the build the schedule that best fits their learning goals.

Two-Year Track
Innovative combined Geriatric-Hospitalist medicine track that is six months of work as a geriatric fellow and six months as a hospital attending.
Our program was the 1st in the country and is considered the “Gold Star” program by ACGME.

Rotation Schedules

Rotation	Duration	Site
Acute Inpatient Hospital	4 weeks	SBUH
Acute Inpatient Hospital	2 weeks	VAMC
Medicine / Geriatric Consult Service	4 weeks	SBUH
Neurology	4 weeks	SBUH
Inpatient Psychiatry	4 weeks	SBUH
Outpatient Psychiatry	4 weeks	SBUH
Physical Medicine and Rehabilitation	4 weeks	SBUH / VAMC
Palliative Medicine and SSU	4 weeks	VAMC
HBPC	2 weeks	VAMC
Palliative Medicine	4 weeks	Good Shepherd Hospice
Inpatient Palliative Medicine	4 weeks	SBUH
Gurwin Jewish Nursing Home	4 weeks	Gurwin
* Electives	4 weeks	SBUH / VAMC / Gurwin

** Elective time may be used for clinical or bench research, subspecialty outpatient clinics, or Quality Assurance projects.*

Your schedule is completely customizable as it is based on your learning plan and goals. The schedule can be updated as the year goes on to reflect the changes and achievements in your goals. These changes are generally noted and made after your Semi-Annual Review with our Program Director.

Our Clinical Sites



Stony Brook University Hospital



Stony Brook Primary Care
(East Setauket)



Stony Brook Advanced Specialty Care
(Lake Grove)



Long Island State Veterans Home



Northport VAMC



Good Shepherd Hospice



Gurwin Nursing Home



Jefferson's Ferry



Atria Assisted Living

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Your Educational Experiences

Longitudinal Experiences

Outpatient Continuity Clinic

1 full or 2 half day sessions weekly at the Stony Brook Primary Care Center in Tech Park or Lake Grove Office

Nursing Home

Fellow is the Primary Care Physician for a panel of patients at the LISVH or Northport VAMC ½ day weekly or 1 day biweekly at the assigned institution

Home Care Visits

Home Care visits throughout the year visiting patients in a range of settings that include the individual home, independent living facilities, and assisted living facilities

Your Educational Experiences

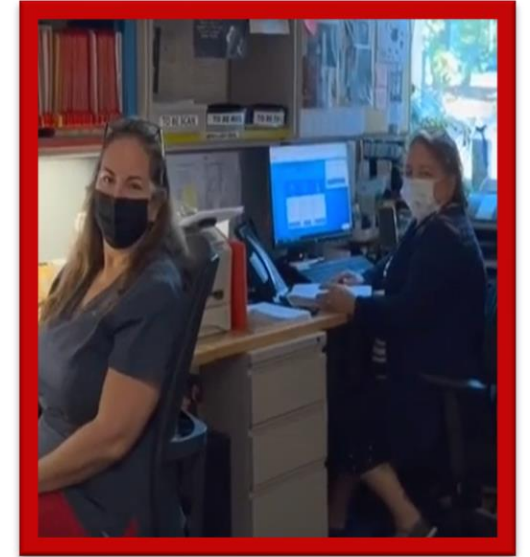
Continuity Clinic

Stony Brook Primary Care is a *certified* **LEVEL 3**
NCQA Patient Centered Medical Home.

All of your continuity clinic sessions will be done here.

While working here the fellows get to have and experience:

- *A dedicated nurse and secretary to assist them*
- *A dedicated Patient Care Coordinator*
- *Psychiatry and Psychologist services through SBM*
- *Geriatric Social Worker on premises*
- *Being precepted by Geriatricians*
- *Enhanced exam rooms for geriatric patients*
- *Enhanced Geriatric Care with Guided Care Nurses*
- *Telehealth visits*
- *Home monitoring through Gurwin Home Care*



Your Educational Experiences

Nursing Home

The LISVH and VAMC have been caring for America's Veterans for over 30 years.

You will see patients at either location either weekly 1/2 day sessions or 1 day biweekly.

Which location you attend is determined on your home location, preference, and scheduling.

There are MANY research and QI/QA opportunities at both the LISVH and the VAMC.

Both locations have opportunities for presentations and lectures for fellows.



Your Educational Experiences

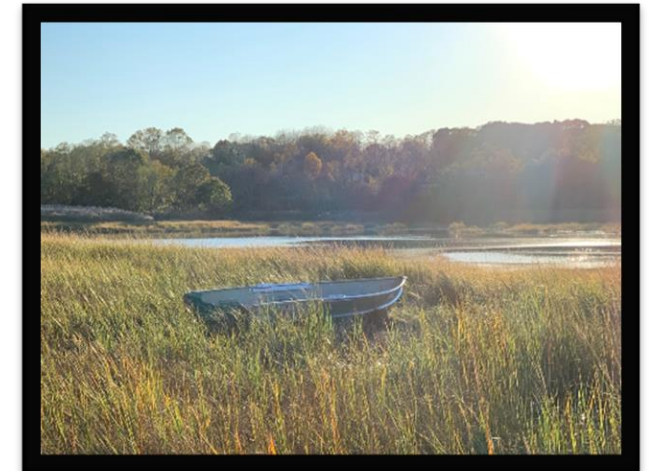
Home Visits

Stony Brook Primary Care offers those frail, seriously ill, home bound, hospice, etc. patients the ability to be seen in their home by their Primary Care Provider.

All home visit sessions are done weekly or biweekly 1/2 day sessions. The frequency is dependent upon the schedule.

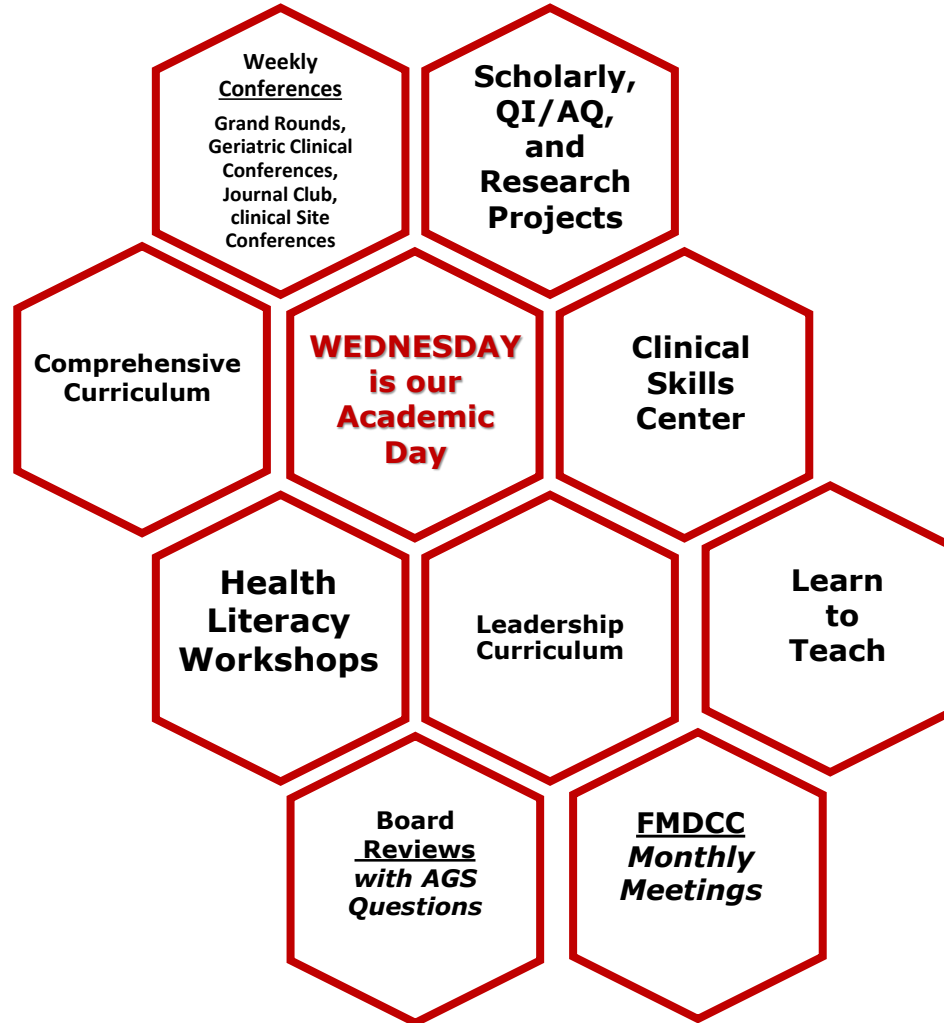
While on home visits fellows get to have and experience:

- *A unique perspective into the patient's life*
- *Complete Home Safety Evaluations*
- *Complete medication reconciliation in person*
- *Complete Falls Prevention Assessments*
- *HBPC through the VAMC*
- *Experience all of beautiful LI from shore to shore*



Your Educational Experiences

Academics



Your Educational Experiences

Academics

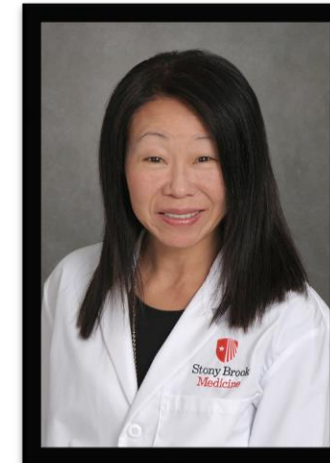
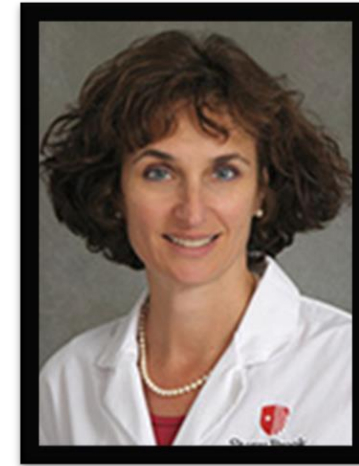
Leadership Curriculum

Our fellows have the option to select the Leadership Curriculum as their elective.

This curriculum allows fellows to get an inside look into the daily work of leaders in Medicine and get one-on-one time with them.

With this elective fellows get to have and experience:

- *Following a leader for a day*
- *One-on-One meetings*
- *Mentoring on goals*
- *CV review*
- *Lectures focusing on QI, interprofessional collaboration, Finance in Medicine, and Health systems*
- *Opportunities to teach and learn first hand*



Your Educational Experiences

Academics

Conferences and Courses

Fellows can and are encouraged to attend any conference that they would like and enroll in any courses so long as the Program Director is informed and has approved the request.

Funding is available to our fellows to attend these events and courses. More funding can be secured if you are presenting at a conference.

These are the most common conferences attended:

American Geriatric Society (AGS)

AMDA - The Society for Post-Acute & Long-Term Care
Medicine Annual Conference

MAGS- Throughout the year in Manhattan



AGS | ADGAP | LEADERSHIP & LIFE SKILLS CURRICULUM



Your Educational Experiences

NEW Additional Opportunities for Our Fellows

Geriatric Education Fund

This GEF provides additional funding for our fellows.

Each fellow will be reimbursed up to **\$5000** worth of education materials, including but not limited to:

- Board Exam costs
- Board review materials
- Society membership fees
- Computers and tablets
- Conference & workshop fees

Center for Healthy Aging

Stony Brook recently received a collective \$23 million in research funding for the area of aging.

Our division chief, who is one of the co-directors spear heading the CHA, is excited to welcome our fellows into the center's work.

The CHA's purpose is to coordinate aging research on campus, promote bidirectional interactions between researchers in aging and geriatricians, and transform the care of the aging population in Suffolk County and beyond.

Social Media

Our fellowship program has developed a social media presence, which we use to promote the work our faculty and fellows.

By allowing us to post about your work here at Stony Brook we are able to give you a platform to reach across the world and make connections that help you on your way to your goals.

Wellness and Support at Stony Brook

We pride ourselves on being able to support and foster the wellness of our fellows. These are just a few of the resources we have available:



- Resident/ Fellow Assistance Programs, such as free mental health assistance and wellness events sponsored by GME
- Assistance programs and resources through SBU's Red Book (NEW)
- 24/7 access to Resilience at The Brook, which is located on Level 5 of SBUH, across from the cafeteria and right off The Brook. This is a safe, quiet environment, where you can rest and recharge, while taking advantage of the new massage chairs and leave a message on the Inspiration Exchange wall!
- Wellness materials that are always available in the GEC conference room on the "Wellness Corner" bulletin board.
- Mid-Week Mindfulness is scheduled on Wednesdays at 4pm where our program takes a few minutes to touch base and participate in activities like deep guided meditation, yoga, crocheting, etc.
- ***Wellness Days: We are open to how you want to spend your wellness time and will accommodate as best we can.***
- The Fellowship Office door is always open and we encourage our fellows to stop by whether it's to say hello and take some chocolate or ask for assistance.

AGS Meetings Through The Years



Graduation Through The Years



Stony Brook Geri Recent Happenings



FAR BEYOND

Questions?

