



Keep Them Low, Don't Let Go

Falls are one of the leading causes of injury in infants.

A baby who falls is at risk for a brain injury, broken bones and even death. It can happen in the blink of an eye. Taking a few simple precautions to prevent falls from happening can help keep your baby safe and sound.

Keep Them Low

When your child is in a carrier or baby seat, keep it on the floor.

Never place a baby seat or a baby carrier on any elevated surface (e.g., table, chair or bed) no matter what the age of your baby. Even newborn infants can move, which means they can fall.

Don't Let Go

Keep a hand on your baby whenever he or she is on a changing table or any raised surface.

Hold your baby with a tight grip whenever he or she is in your arms. Be prepared for sudden jerks.

Whenever your baby is in a car seat, a high chair, a supermarket cart, a swing or a carrier, be sure your baby is strapped in securely.

**For additional baby safety tips,
visit stonybrookchildrens.org/babysafety**



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