**PREVENTION PROGRAMS:**

**Goal:** Residents will understand the various types of prevention programs and their differences.

**Objective:** Define what a primary, secondary and tertiary prevention program is and **give one example for each from your RCP** office and or RCP community.

**Primary**: prevent disease/injury before it occurs

Ex. Vaccines, well child exams, scoliosis screening, vision testing

**Secondary**: reduce the morbidity/impact of a disease/injury that has already occurred

Ex. Talking to children about obesity via showing them the growth chart and using 5-3-2-1 sheet. healthy kids program

**Tertiary**: aims to decrease the impact of an ongoing illness or injury that has lasting effects usually seen in chronic disease

Ex. Follow up visit for mental health, obesity,