

Clinical Simulation Center (CSC)

Simulated Patient (SP) Activity Learner Guidelines

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Stony Brook **Medicine**

ATTIRE FOR CSC

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Look professional

- Please dress professionally as if you are in the clinical setting
- Must wear student ID
- White lab coat are recommended
- No jeans, athletic workout clothes, sweat or yoga pants, tee or belly shirts
- Clean, neat non-wrinkled scrubs are acceptable but should wear white coat if wearing scrubs
- Be careful with use of overpowering perfume or cologne
- If you arrive dressed unprofessionally to the CSC, you may not be allowed to complete your activity

Bring your stethoscope if you will be examining the patient



CELL PHONE USE IS NOT PERMITTED ^{TOC}

CSC Student Hallway and Exam Rooms are a NO Cellphone Zone

All cell phones/electronic devices must be turned off and stored away prior to entering student hallway

Pictures, video and/or audio recordings are not permitted

Students are expected to follow the University Honor Code



SIMULATED PATIENTS (SP's)



Simulated Patient:

- Individuals trained to act as real patients to simulate a set of symptoms or problems used for healthcare education, evaluation, and research. This is performed in a standardized, repeatable way
- SPs will not break character.
- Learners should not break character.

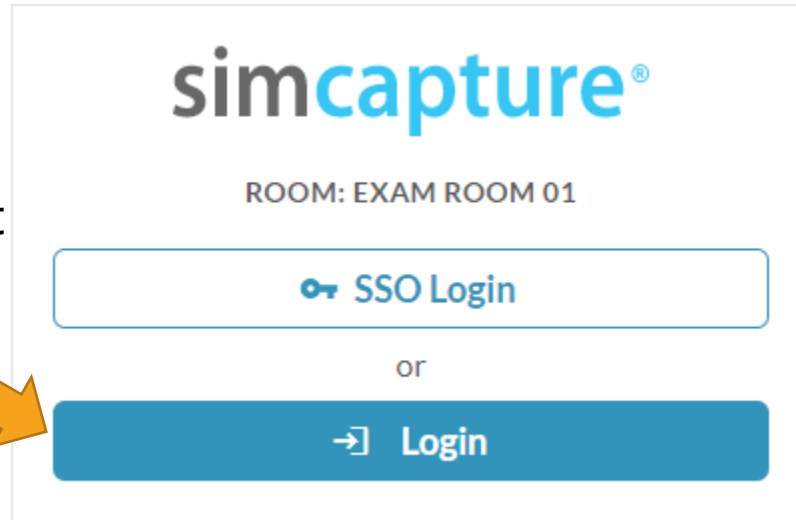
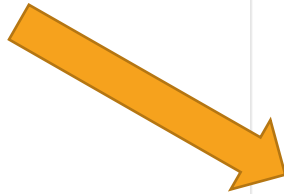


SIMCAPTURE LOG IN

[ToC](#)

*****You must have and know your Net ID username to sign in to the CSC System*****

Log in using your Net ID

The image shows the Simcapture login interface. At the top is the 'simcapture' logo in blue. Below it is the text 'ROOM: EXAM ROOM 01'. There are two login options: 'SSO Login' with a key icon in a light blue box, and 'Login' with a right arrow icon in a solid blue box. The word 'or' is centered between the two boxes. An orange arrow points from the text 'Log in using your Net ID' to the 'Login' button.

simcapture®

ROOM: EXAM ROOM 01

🔑 SSO Login

or

➔ Login

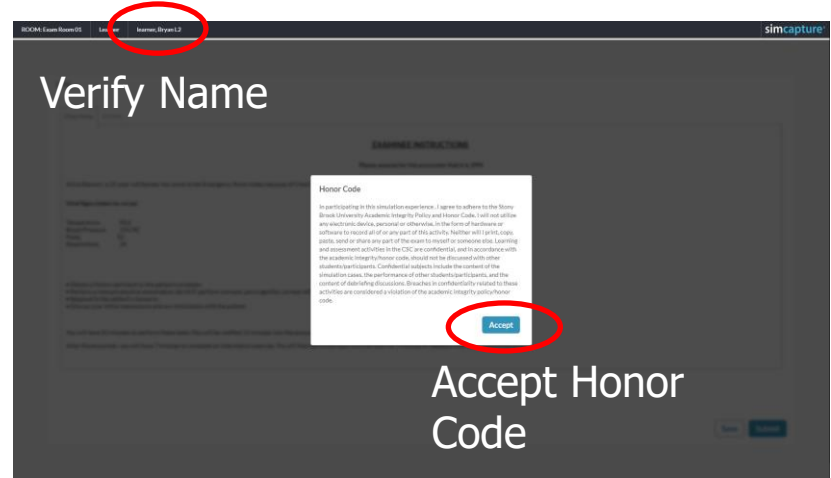


HONOR CODE

After logging in, you will be asked to accept the honor code. In accepting the honor code, you agree to:

- Adhere to the Stony Brook University Academic Integrity Policy and Honor Code.
- You will not utilize any electronic device, personal or otherwise, in the form of hardware or software to record all of or any part of this activity.
- You will not print, copy, paste, send or share any part of the exam to myself or someone else.
- Learning and assessment activities in the CSC are confidential, and will not be discussed with other students/participants.

Confidential subjects include the content of the simulation cases, the performance of other students/participants, and the content of debriefing discussions. Breaches in confidentiality related to these activities are considered a violation of the academic integrity policy/honor code.



DOOR NOTE

[ToC](#)

When you accept your honor code the door note will appear.

Please read the door note prior to entering the room for the following information:

- Patient information and Examinee “tasks”
- Carefully read each door note

Do not enter a room until you hear the overhead announcement to “continue or submit your door note and begin your encounter – Please knock and enter”

- This will begin your encounter timer

ENCOUNTER TIMING

[ToC](#)

Encounter Time:

- The time allotted for interaction in the room with the patient.
- You will receive a warning prior to the end of the encounter and then a final warning when the encounter is complete

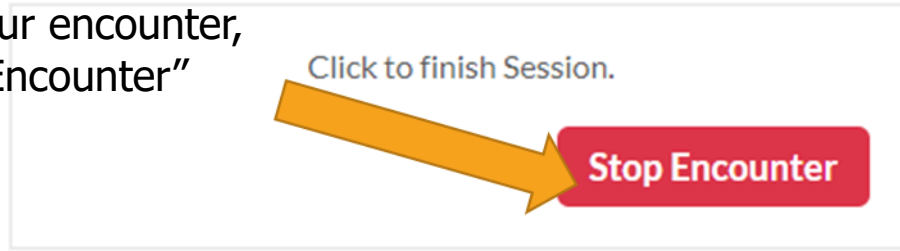
Post Encounter Time:

- The time allotted for a post encounter activity if included (patient note, self evaluation, etc)

STOP ENCOUNTER

[ToC](#)

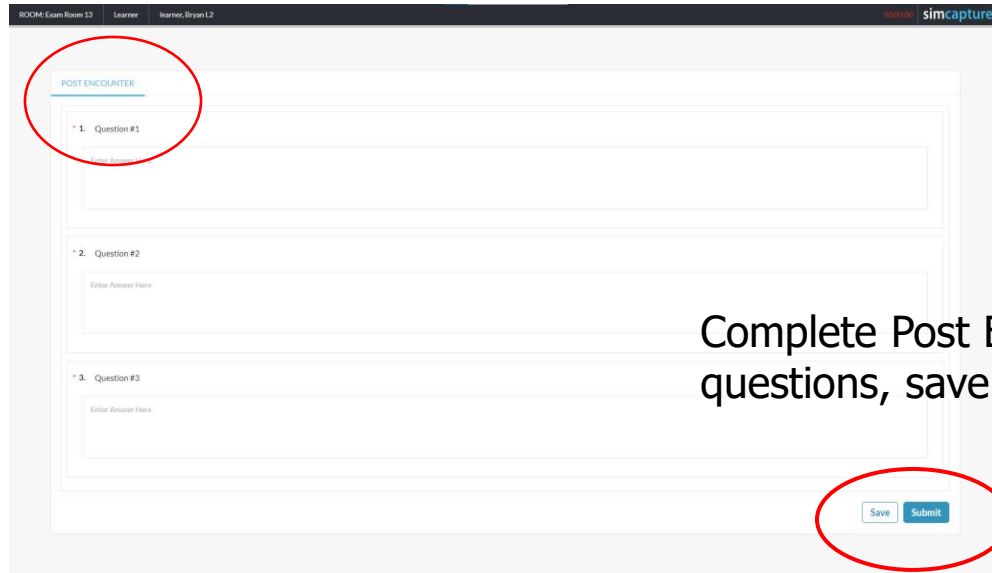
When you exit the room at the end of your encounter, select "Stop Encounter"



POST ENCOUNTER EXERCISE

[ToC](#)

If your activity has a Post Encounter Exercise it will appear on student computer outside of exam room when you click "Stop Encounter"

A screenshot of a web application interface for a 'POST ENCOUNTER' exercise. The interface is titled 'ROOM: Exam Room 13' and 'Learner: learner, Bryan L2' in the top header, with a 'simcapture' logo on the right. The main content area is titled 'POST ENCOUNTER' and contains three numbered questions. Each question has a text input field for the answer. At the bottom right of the form, there are two buttons: 'Save' and 'Submit'. A red circle highlights the 'POST ENCOUNTER' title, and another red circle highlights the 'Save' and 'Submit' buttons. The text 'Complete Post Encounter questions, save and submit' is overlaid on the right side of the form.

Complete Post Encounter
questions, save and submit

PPE REQUIREMENTS & HANDWASHING

[ToC](#)



The CSC follows Stony Brook Medicine's mask policy

- Currently it is optional to wear a mask, not required

Must wash/sanitize hands on entry and exit of room



Hands may be washed with soap and water or use the hand sanitizer which is located on the wall immediately inside the exam room

If physical exam is required, hands must be sanitized again prior to start of physical exam

- Can wear gloves during physical exam if desired (not required)
- Gloves are located in all sizes by the sink



COMMUNICATION 1

[ToC](#)

Beginning the Encounter

- Introduce yourself
- Explain your role/title
- Address the patient by name
- Demonstrate a professional demeanor and appear professional
 - Friendly and personable
 - Appropriate for the patient and situation

PLEASE CONTINUE TO COMMUNICATION SLIDE 2 FOR MORE INFORMATION

COMMUNICATION 2

[ToC](#)

During the Encounter

- Show interest in the patient as a person.
 - Non-Verbal: Body language, eye contact, nodding
 - Verbal: Use statement of empathy, understanding, or support of the patient's feelings and perspective.
 - Be genuine, caring, concerned, and respectful
- Collect information in an organized fashion.
 - Start with open-ended questions, clarify with closed-ended questions
 - Clear and articulate

PLEASE CONTINUE TO COMMUNICATION SLIDE 3 FOR MORE INFORMATION



COMMUNICATION 3

[ToC](#)

Ending the Encounter

- Summarize or repeat information to the patient.
- Inform the patient of the DDx in an understandable way.
 - Give more than one Dx – “I suspect it may be.....but I also want to rule out.....”
- Tell the patient your plan and assess their willingness to carry it out.
- Ask the patient if they have questions or concerns.



PHYSICAL EXAM 1

[ToC](#)

If a physical exam is required, the patient will have on a patient gown

- They will have on underwear and females will additionally have a bra on
- Do not ask the patient to remove underwear or bra
- Can ask to remove socks if you need to examine the feet

For full credit, perform all exam maneuvers:

- Completely as you were taught
 - **Example** – auscultating the heart, must listen to all 4 areas or listening to carotids must ask patient to hold their breath
- Perform on skin (not over the gown)

PLEASE CONTINUE TO PHYSICAL EXAM SLIDE 2 FOR MORE INFORMATION

PHYSICAL EXAM 2

[ToC](#)

All needed physical exam equipment is in the room

- We encourage you to bring your stethoscope with you.
- Reflex Hammers, Tuning forks, Blood Pressure Cuff, Cotton balls, etc.
 - Located - in the bins on the wall at the head of the exam table
- A Visual Chart
 - Located – on the back of the exam room door.

Vital signs may be provided on the door note – you can recheck the vital signs if you think it is clinically relevant, however in any discussions with the patient, you need to use the provided vital signs

PLEASE CONTINUE TO PHYSICAL EXAM SLIDE 3 FOR MORE INFORMATION

PHYSICAL EXAM 3

[ToC](#)

Consider the patient comfort and extend leg extension on table if available

Always drape patient appropriately, exposing only the area to be examine.

- A Sheet is available in the exam room
- Located on the chair by the sink

Tell the patient what you are doing (Describe the Physical Exam)

- For example, "I am going to listen to your lungs now, please breathe deeply though your mouth".

Tell the patient what you have found during your exam

- For example, "Your lungs sound normal to me".

PHYSICAL EXAM RESTRICTIONS

[ToC](#)

No corneal reflex, genital, pelvic, breast or rectal exams will be performed.

If you felt any of these are indicated, you would ask for it at the end of your PE and results will be provided if indicated.

If your SP is wearing a mask you can ask them to lower the mask to examine any area under the mask



STOP PHRASE

“Stop Phrase”

- Used to ensure SP safety
- SPs are here to help you learn, but we want to make sure they are not harmed in any way

If needed, the word “Stop” will be used by the SP:

- **“Stop, that hurts”**
- **“Stop, I’m not comfortable with that.”**
 - Used in the rare instance when a learner inadvertently causes true physical pain to the SP or attempts to perform a restricted invasive physical examination
 - Not be confused with the character being portrayed or “case related” statements: “Yes, that’s where the pain is or that’s where it hurts.”

The SP must clearly use the word “Stop”.

Simply stop what you are doing, reassess what you are doing and then continue with your encounter



GENERAL INFORMATION

[ToC](#)

We hope you find this information valuable.

When you arrive at the CSC you will receive an activity specific orientation.

We look forward to seeing you in the CSC.

Questions:

- Please contact the CSC at Clinical Simulation Center
clinicalsimcenter@stonybrookmedicine.edu

